

State University of New York at New Paltz

This **eight-semester plan** (see [important details](#)) is intended to guide a first-year student through a four-year undergraduate career, with completion of an academic major and all college-wide degree requirements. The plan is designed as an **advising tool** – a starting point for careful discussions between a student and his/her academic adviser. In consultation, the student and adviser will adjust the plan to accommodate the student's prerequisite needs, transferred credits, and other such variables.

Students are responsible for reviewing their [Progress Reports](#) each semester to track their own progress toward degree requirements.

Sociology

Year 1

Fall Semester		Spring Semester	
Course	Credits	Course	Credits
Gen Ed: Composition (COMP)	3	Gen Ed: Composition (COMP)	3
Gen Ed: World Civilizations and Cultures (WRLD)	3	Gen Ed: Humanities (HUM)	3
Gen Ed: The Arts (ART)	3	SOC100 Intro To Sociology (SSCI)	3
Elective	3	Gen Ed: Western Civilization (WEST)	3
Elective	3	Elective	3
Total	15	Total	15

Year 2

Fall Semester		Spring Semester	
Course	Credits	Course	Credits
Gen Ed: Foreign Languages (FLNG)	3	Gen Ed: Foreign Languages (FLNG)	3
Major Elective	3	Major Elective	3
SOC220 Social Inequality in the United States (USST)	3	Elective	3
Gen Ed: Natural Sciences (NSCI)	3	Gen Ed: Natural Sciences (NSCI)	3
Elective	3	Gen Ed: Diversity (DIVR)	3
Total	15	Total	15

Year 3

Fall Semester		Spring Semester	
Course	Credits	Course	Credits
SOC306 Research Methods	4	SOC307 Social Statistics (MATH)	4
SOC303 Sociological Theory	3	Upper-Division Major Elective	3
Upper-Division Elective	3	Upper-Division Elective	3
Upper-Division Elective	3	Upper-Division Elective	3
Major Elective	3	Elective	3
Total	16	Total	16

Year 4

Fall Semester		Spring Semester	
Course	Credits	Course	Credits
Upper-Division Major Elective	3	Upper-Division Major Elective	3
Gen Ed: Writing Intensive (WI) - Note 1	3	SOC490 Senior Seminar in Sociology	3
Upper-Division Major Elective	3	Upper-Division Elective	3
Elective	3	Upper-Division Elective	3
Elective	3	Elective	3
Total	15	Total	15

Notes

Students may take a Writing Intensive course in Sociology and apply those three credits toward the 18 required elective credits.

Total Credits: 122