SPRING 2019 WORKSHOP SCHEDULE

Emerging Leaders must attend at least 5 workshops and cover the 4 Dimensions of Leadership:

**IS** = Interpersonal Skills; **EV** = Ethics & Values; **PE** = Personal Empowerment;

**GCP** = Global and Community Perspectives

Workshops in **BLUE** are not restricted to Emerging Leaders; they are programs open to the campus.

**Monday, February 11 @ 2pm in SU 62/63**

“Making the Most of Your Co-Curricular Transcript” *(PE)*

*Presented by Mike Patterson, Director, Student Activities & Union Services*

Get a head start on upcoming leadership opportunities with a step-by-step workshop giving you the inside scoop on how to best create and maintain your Co-Curricular Transcript. At this session, you will learn the ins and outs of updating your CCT throughout your New Paltz career. *(Capacity: 40 ELs)*

**Wednesday, February 13 @ 4pm-8pm at Vassar College**

“Inclusion in Our Communities: A Conversation at Vassar College” *(IS, GCP)*

*Presented by the Stepping into Diversity Program*

Stepping into Diversity is hosting an event with Vassar College to discuss inclusion in their communities. Students will participate in group discussions where they can share about their experiences with diversity and inclusion. **Registration for this event is now closed!**

**Friday, February 22 @ 2pm in SU 409**

“Pay it Forward” *(IS, PE)*

*Co-presented by Sarah Ziolkowski, Activities & Operations Coordinator, and Sabikun Khan, Graduate Assistant, Office of Student Activities & Union Services*

Learn more about how you can contribute in the leadership cycle. Sometimes we’re leaders, sometimes we’re followers, but we can always have an influence on those around us. *(Capacity: 30 ELs)*

**Wednesday, February 27 @ 2pm in SU 401**

“Survival” *(IS, PE, EV)*

*Presented by Matt Giufre, Head Women’s Volleyball Coach, Department of Athletics*

How do you contribute your perspective and thoughts when in a group? This workshop will involve an activity that will be done individually, in small groups, and within the large group. The focus of the workshop is on communication skills and using one’s voice. *(Capacity: 30 ELs)*

**Thursday, February 28 @ 5pm in SU 418**

“Managing Professional Relationships” *(IS)*

*Co-presented by Matt Kreuz, Emerging Leaders Mentor, and Ronnie Genee, Resident Director of Esopus Hall*

Come to this workshop to learn ways to develop a good relationships with co-workers as well as other professional relationships. Explore how to manage to have fun while also remaining professional with fellow staff or other workers. This can be helpful both for those applying for student leadership positions or even after college. *(Capacity: 30 ELs)*

**Friday, March 1 @ 7pm in SU 409**

“Don’t Stress! Finesse at Interviews!” *(IS, PE)*

*Co-Presented by Arya Martinez, Emerging Leaders Mentor, and Professor Mercedes Rooney, Lecturer in the Department of Languages, Literatures, and Cultures*

Come boost your confidence and learn more about how to be successful at Interviews! Find out what questions may be asked at an interview and practice your skills at this interactive workshop. We’ll also be reviewing tricks and tips to use in order to prepare. This workshop will be especially helpful for anyone applying for student leadership positions, internships and/or jobs. *(Capacity: 30 ELs)*

Updated 3.22.19
Monday, March 4 @ 3:30pm in SU 401
“What’s Your Filter?”  (GCP, IS)
Co-Presented by Mimi Aktar, Emerging Leaders Mentor, and Professor Sarah Winden, Adjunct Faculty in the Department of Mathematics
Not everyone shares the same perspective, because we all have different filters through which we view life. How can we relate and understand someone with a different perspective? How do we begin that conversation? (Capacity: 30 ELs)

Wednesday, March 6 @ 12:30pm at the Samuel Dorsky Museum
“Everyone’s a Critic” (GCP, IS, PE, EV)
Presented by Zachary Bowman, Manager of Education and Visitor Experience at the Dorsky Museum
The game “Everyone’s a Critic” developed from a partnership between MoMA and The Institute for Play. In the game, a designated critic (member of the group) selects a theme and participants locate a work in the museum which they feel best exemplifies the theme and advocates for the work being the best expression of the theme as if they were the artist who created it. The game provides a simple jumping off point to approach works of art, an opportunity to empathize with the creator and also a chance to discuss issues raised by the artwork about the world around us. (Capacity: 30 ELs)

Monday, March 11 @ 6:30pm in LC 100  (RESCHEDULED FROM TUESDAY 2/12)
Presented by Dr. Jelani Cobb, 2019 James H. Ottaway Sr. Visiting Professor of Journalism
As a staff writer at the New Yorker, Cobb writes about race, politics, history, and culture. His books include The Substance of Hope: Barack Obama and the Paradox of Progress, To the Break of Dawn: A Freestyle on the Hip Hop Aesthetic, and The Devil and Dave Chappelle and Other Essays. He was a finalist for the Pulitzer in commentary in 2017 and is the Ira A. Lipman Professor of journalism at Columbia University. Sign in with ELMs in the back of LC 100 between 6pm-6:30pm

Wednesday, March 13 @ 3:30pm in Ridgeview Hall
“Gender and Me” (GCP, PE)
Presented by Amanda Norton, Resident Director of Ridgeview Hall
This workshop focuses on gender identity and how we all see the world differently based on lenses society provides us with. This workshop is for all individuals who are looking to learn more or discuss experiences with gender identity and are open to seeing what life may be like through a different perspective. All genders are welcome! (Capacity: 30 ELs)

Wednesday, March 27 @ 2:00pm in SU 62/63  (NOTE THE TIME CHANGE! WAS ORIGINALLY 3PM)
“Jeopardy with the Prevention Coordinator” (EV)
Presented by Jaclyn Cirello, College Prevention Coordinator
This exciting game of Jeopardy will cover topics including alcohol/ substance use, mental health and myth busters. Students will divide into groups to compete. The winning team will win a prize! (Capacity: 30 ELs)

Friday, March 29 @ 3:30pm in SU 62/63
“Navigating Difficult Conversations with a Multiple Perspective Approach” (GCP, EV, IS)
Co-Presented by Haley Hershenson, Emerging Leaders Mentor, and Professor Robyn Stout Sheridan, Adjunct Professor of Educational Studies and Women, Gender, Sexuality Studies
Have you ever been confronted with the need to have a difficult conversation--but not known how to go about it? Having meaningful conversations even when they are uncomfortable is important in leadership, college and life in general. The ability to consider and understand different perspectives can be helpful when navigating difficult conversations. It starts with acknowledging how different facets of our identities (gender, race, sexuality, ethnicity, etc.) and personal experiences can frame our perspectives, and influence our ability to communicate across differences. Come to this workshop to learn about effective ways we can acknowledge and work through some of the roadblocks to managing difficult conversations. (Capacity: 30 ELs)
Monday, April 1 @ 7:30pm in LC 100
“Deep Poverty: More Hope, Less Blame” (GCP, PE, EV)
Presented by New Paltz Distinguished Speaker Dr. Rosie Phillips Davis
Poverty is a persistent problem in the United States. Dr. Rosie Phillips Davis, president of the American Psychological Association, has chosen to utilize the influence of psychology to join the fight against this societal problem. Davis’ compelling talk will discuss the issues of deep poverty (including hardship among college students), and the initiative that is designed to explore what psychology might have to offer.
This is a TICKETED EVENT. One free ticket available to each NP student at the Parker Box Office or at the door. Visit https://www.newpaltz.edu/speakerseries/ for more info.
Sign in with the ELMs a table in the Lobby between 7pm-7:30pm.

Wednesday, April 3 @ 3:30pm in SU 401
“Becoming Career Ready” (PE)
Co-Presented by Stephanie Molina, Emerging Leaders Mentor, and Dawn McCaw, Assistant Director of the Career Resource Center
In this workshop students will learn about necessary/transferable skills employers are seeking in recent graduates and how to build them throughout their years in college, as well as assessing future goals and how to obtain them.

Tuesday, April 9 @ 3:30pm in SU 401
“Finding your path to leadership: Improvise. Adapt. Overcome.” (PE, EV)
Co-Presented by Sneha Varghese, Emerging Leaders Mentor, and Diana Suarez, Coordinator of the Stepping into Diversity Program
In our workshop, we will go over how the students have grown during their first year at SUNY New Paltz. Students will engage in an activity where they will be asked a series of question and have to decide which answer best applies to them. They will then need to identify how they would improvise, adapt, and overcome the challenges of their decision. Students will leave the workshop having reflected on how far they have come and on how they can use the tools they have developed their first years to keep improving and becoming stronger leaders.

Wednesday, April 10 – Time TBA in Student Union Building
Women’s Leadership Summit
Sponsored by the Departments of Development and Alumni Relations
Registration info and Details to be announced soon!

Thursday, April 11@ 2pm in SU 62/63
“Emerging Leaders Graduates Panel” (PE)
Presented by current New Paltz Student Graduates of the Emerging Leaders Program
Hear from a variety of student leaders about how they got involved at New Paltz after their Emerging Leaders experience. Bring your questions! (Capacity: 30 ELS)
*NOTE this workshop is offered twice (also on 4/23) – an EL may only attend one session for workshop credit.

Tuesday, April 16 @ 2pm in SU 62/63
“What Makes a Leader?” (PE, EV, GCP, IS)
Presented by Beverly Gooden, Victim’s Rights Advocate & Creator of the Viral Hashtag, #WhyIStayed
Boldness. Vulnerability. Caution. Individuality. What makes a leader? How can just one person change the world for the better? Beverly Gooden, creator of the viral social media movement #WhyIStayed, takes you through her own journey of self-discovery, describing how she was catapulted to the forefront of a field in which she had little experience, and explains how the creative power each of us have inside can positively impact society. Beverly outlines four specific keys to leadership and influence, and encourages us to use those keys to unlock good in the world. (Capacity: 50 ELs)
Tuesday, April 16 @ 4pm in LC 100
“Why I Stayed: The Complexity of Domestic Violence” (PE, EV, GCP, IS)
Presented by Beverly Gooden, Victim's Rights Advocate & Creator of the Viral Hashtag, #WhyIStayed

“Why I Stayed” is a revolutionary speech by Beverly Gooden, renown social activist and creator of the #WhyIStayed hashtag and global movement. In this radical talk, Gooden challenges the question “Why did he/she stay?” and reveals how the current way we interact with survivors is a house of cards. From faulty blame attribution, to designating only men as abusers, it's easy to overlook the sheer volume of domestic violence when the issue has historically been framed as “them” and not “us”. That’s why, as Beverly argues, domestic violence is a community issue. Victims of violence can be women and men, LGBTQ and heterosexual, or even children. Victims of violence may have fought back, or remained silent. There is no perfect victim and no specific type of abuser. Beverly discusses her personal domestic violence story, reveals the most important questions to ask victims, and outlines how we all can help.

Sign in with the ELMs in the back of LC100 between 3:30pm-4pm.

Monday, April 22 @ 5pm in SU 401
“Resiliency & Adaptability” (PE)
Presented by Caitlin Reardon, Graduate Assistant, Student Activities & Union Services

What does it mean to be resilient? What does it mean to be adaptable? Everyone has different levels of resiliency and adaptability. These skills can be incredibly important for students as they go through the college experience, leadership and job opportunities, and in their social life as well. We will do some short activities and discussion surrounding these skills and our understanding of what these words mean in our lives.

Tuesday, April 23 @ 2pm in SU 62/63
“Emerging Leaders Graduates Panel” (PE)
Presented by current New Paltz Student Graduates of the Emerging Leaders Program

Hear from a variety of student leaders about how they got involved at New Paltz after their Emerging Leaders experience. Bring your questions! (Capacity: 30 ELs)

*NOTE this workshop is offered twice (also on 4/11) – an EL may only attend one session for workshop credit.

Wednesday, April 24 @ 6:30pm-9:30pm in SU MPR
“World Climate Simulation: A climate negotiations game” (GCP, IS, EV)
Presented by the Office of Campus Sustainability

World Climate is a simplified United Nations climate change negotiations meeting for large groups. A facilitator acting as a UN leader leads the group, while participants play the roles of delegates representing a specific nation or negotiating bloc. Some SUNY New Paltz faculty will act as advising experts. Everyone works together in their respective roles to reach a global agreement that successfully keeps climate change well below 2°C over preindustrial levels globally, a challenging task for all.

Sign in with the ELMs in the MPR Lobby between 6pm-6:30pm.

Tuesday, April 30 @ 12:30pm in SU 62/63
“Going Up! Elevator Speech 101” (IS, PE)
Presented by Mike Patterson, Director, Student Activities & Union Services

The first step to networking is having an "elevator speech". Can you communicate to a stranger in the time of an elevator ride (30 seconds) the most important details of who, what, how, when and where. Come learn and practice the basics of developing your very own elevator speech. (Capacity: 30 ELs)

Wednesday, May 1 @ 3:30pm in SU 401
“How to Stay Involved after Graduating Emerging Leaders” (IS, PE, EV, GCP)
Presented by Jackie Rankel and Juliana Sebben, Interns for the Career Resource Center

Emerging Leaders will be presented with a variety of opportunities and experiences that they can engage in after they graduate the Emerging Leaders Program. We will share a variety of options that range from on-campus, off-campus, service based, leadership based, within the United States and Internationally. Can also be applied after graduating SUNY New Paltz! (Capacity: 30 ELs)