FALL 2018 WORKSHOP SCHEDULE

Emerging Leaders must attend at least 5 workshops and cover the 4 Dimensions of Leadership:

IS = Interpersonal Skills; EV = Ethics & Values; PE = Personal Empowerment;
GCP = Global and Community Perspectives

Workshops in **BLUE** are not restricted to Emerging Leaders; they are programs open to the campus.

**Tuesday, September 25 @ 3:30pm in SU 401**
“An Intro to Volunteering” (PE & GCP)
*Presented by Erica Wagner, Service Learning Coordinator, Career Resource Center*
Learn about your options for local, national and international volunteering – where to find opportunities, why you should volunteer, and how to find a match for YOU!  (Capacity: 30 ELs)

**Wednesday, September 26 @ 2pm in SU 401**
“Maintaining High Standards AND Showing People You Care” (IS & PE)
*Presented by James Seward, Head Women’s Basketball Coach, Department of Athletics*
This workshop will focus on one of the greatest challenges of leadership: how to have high standards and not allow anything less than those standards to be met while still developing strong relationships and showing that you truly care about the people you are working with. Those in a position of leadership often have one or the other, but the true challenge is being able to balance and maintain both. It is easy to be a dictator type of leader who is perceived as only caring about the “bottom line” while unconcerned with the people. Similarly, it is easy to be a leader who everyone likes but no one respects because they do not hold people accountable. Both are recipes for disaster. However, while extremely difficult, maintaining both high standards AND having strong interpersonal relationships creates an environment where the highest level of success is possible.  (Capacity: 30 ELs)

**Thursday, September 27 @ 5:30pm in LC 100**
“Panel on Food Insecurity” (GCP)
*Presented by the Faculty Development Center*
In connection with the Lunafest women’s film festival fundraiser, Professor Brian Obach, author of Organic Struggle, Dr. David Levinson (SUNY NP ’75), President of Norwalk Community College, Regina Calcaterra (SUNY NP ’88), author of Etched in Sand, about homelessness, foster care, and food insecurity on Long Island, Isabelle Hayes (Students for Sustainable Agriculture), and Dr. Shala Mills will speak on the topic of food insecurity on U.S. college campuses and in the Hudson Valley region.

**Tuesday, October 2 between 11:30am-1:30pm in SU 100N**
“The Game of Life” (PE, EV, GCP)
*Presented by the Student Affairs Adulting 101 Committee*
The Game of Life is an interactive game that will provide participants with a snapshot of life 10-years post-graduation. The program will raise awareness about career decisions, financial resources, and personal choices. Participants will also learn about future "Adulting" programs taking place on campus this semester. The program is a drop-in program offered for 2 hours, please arrive no later than 12:45 to ensure adequate time to complete the program.

Updated 9.27.18
**Wednesday, October 3 @ 3:30pm-5pm in SU MPR**

"One Vote" Documentary Screening and Discussion (PE & GCP)

*Presented by the Office of Student Activities and Union Services*

“One Vote” bears hopeful witness to the humanity and rich diversity of American voters, and to the unsung stories that comprise our exercise of democracy. It is an inspiring film that follows five diverse Americans on Election Day 2016. At times funny, surprising and heart-wrenching, the film eschews partisan politics in favor of an honest portrayal of voters’ Election Day experiences. Join the film’s production team in a Q&A following the film.

**Thursday, October 11 @ 7:30pm in LC 100**

"Wading into the Waters of Language, Culture, and Reality" (GCP)

*Presented by Distinguished Speaker, Dr. Neyooxet Greymorning ’73*

Do dolphins have the capacity to understand our language? In this compelling talk, Dr. Greymorning will highlight the factors that brought him to conduct this unique research, an interest that grew out of his work to rejuvenate and stabilize Indigenous languages against an ever increasing rate of language loss among Native People in North America and globally. Book signing and dessert reception follow event.

This is a ticketed event sponsored by the SUNY New Paltz Foundation. A limited number of tickets are FREE for students at the Parker Theatre Box Office. [https://www.newpaltz.edu/speakerseries/](https://www.newpaltz.edu/speakerseries/)

**Monday, October 15 @ 2pm in SU 401**

"Agree to Disagree: Conflict Resolution and Mediation for Student Leaders" (IS, PE, GCP)

*Presented by Shannon Moysey, Coordinator of Living/Learning Communities, Residence Life*

This program will provide student leaders with an opportunity to discuss causes of stress and conflict, as well as methods and approaches for mediation. Participants will review different types of conflict management styles, and as a group will brainstorm ways to best approach and work with people who exhibit these styles. (Capacity: 30 ELs)

**Tuesday, October 16 @ 7pm in the SU MPR**

"Shifting the Tide: A Journey through Empowerment and Balance in College" (PE)

*Presented by Guest Leadership Speaker, Tish Norman*

Tish will cover strategies that will help further students’ development professionally, academically, and personally in college. The lens will focus on areas of self-care, time management, becoming a leader in college, and how to manage stress in college.

Tish Norman has been captivating and motivating audiences for over 15 years and is among the nation’s premier classroom, campus, and corporate™ keynote speakers. A former school teacher, Tish found her passion in life—educating and empowering others through her stirring keynote presentations. Known for her wit and style, it is here that Tish delivers powerful messages in an approachable and practical fashion. She relates to and appeals to her audiences’ basic desire and common goal, to make the most of every leadership experience.

**Monday, October 22 @ 7:30pm in SU 407**

"Using Social Media to Your Advantage" (PE)

*Presented by Emily Holub, RD of Capen Hall*

Growing up in an age of social media has many positives but one negative is that all of your information has been floating around the internet for years! Come learn how to sweep the digital dirt under the rug and put your best foot (and face!) forward. (Capacity: 30 ELs)

**Tuesday, October 23 @ 3:30pm in SU 401**

"Music and Leadership" (PE)

*Presented by Valerie Tremblay, Director, Center for Student Media*

They say that music is the universal language. That it is the window to your soul. That it’s how you can get to know a person. But what does music say about your leadership style? Come to this workshop to reconsider what your favorite tune says about you as a leader! (Capacity: 30 ELs)
Monday, October 29 @ 6:30pm in SU 100N
"Raise Your Hand If..." (EV, PE, GCP)
Co-Presented by Sarah Melvin, RD of Scudder Hall, and Jessica Delaney, Coord. Academic Support Programs
What are the cultural and societal differences and similarities that make us who we are? In this safe space workshop, participants will consider a series of questions that will raise awareness about their own identities as well as their peers. (Capacity: 40 ELs)

Thursday, November 1 @ 3:30pm in SU 100N
"Walk the Walk, Talk the Talk" (GCP, IS)
Presented by Robert Moysey, Coordinator of Transfer Student Engagement
Perspective is the key word in this workshop. ELs will participate in activities that will help to develop problem-solving skills, and enrich their understanding of the people around them. (Capacity: 30 ELs)

Tuesday, November 6 @ 5pm-6:30pm in CSB Auditorium
"Step Up New Paltz" (IS, EV, GCP, PE)
Presented by Shannon Moysey, Coordinator of Living/Learning Communities
Have you ever been concerned about a situation and wanted to help... but didn’t? You’re not alone! This situation is more common than you might think, and is known as the bystander effect. Step UP! is a comprehensive bystander intervention training program that will give you the confidence to take action!

Wednesday, November 7 at 3:30pm in SU 100N
"BARNGA" (GCP, EV, IS)
Presented by Mike Patterson, Director, Student Activities and Union Services
Do you like to play cards? Come learn a new card game in a very fun and creative environment with a little twist of learning. Expert and knowledgeable card players are not required! You will leave the workshops with new skills on how to communicate and better understand your own communication styles. (Capacity: 35 ELs)

Tuesday, November 13 @ 7pm in SU 100N
"Living with HIV/AIDS" (PE, GCP, EV)
Presented by Gary Levinson, New Paltz Alumnus, and Michelle Combs, Director of Student Development
This workshop will present educational information on HIV/AIDS and give you the opportunity to hear from a former New Paltz student about his experience living with the disease. Bring your questions!

Wednesday, November 14 @ 12:30pm in the Samuel Dorsky Museum of Art (SDMA)
"Everyone’s a Critic" (IS, EV, GCP, PE)
Presented by Zachary Bowman, Manager of Education and Visitor Experience
The game “Everyone’s a Critic” was developed from a partnership between MoMA and The Institute for Play. In the game, a designated critic selects a theme and participants locate a work within the museum they feel best exemplifies that theme. The game provides a jumping off point to approach works of art and an opportunity to discuss issues raised by the artwork about the world around us. (Capacity: 35 ELs)

Wednesday, November 14 @ 5pm in SU 100N
"Walk of Privilege" (IS, EV, GCP, PE)
Presented by Diana Suarez, Leadership Development Grant Coordinator
This activity forces participants to confront the ways in which society privileges some individuals over others. It is designed to get participants to reflect on the different areas in their lives where they have privilege as well as the areas where they do not. In this workshop we will conduct a privilege walk activity and discuss what privilege is and how you can use your understanding of your privileges to become a better leader. (Capacity: 35 ELs)
Thursday, November 15 @ 3:30pm in SU 401
“Yes, No, Maybe” (EV)
Presented by Linda Eaton, Associate Vice President for Student Affairs
On a daily basis, we find ourselves in situations that cause us to question our beliefs and the beliefs of those around us. This interactive workshop will present you with scenarios that will force you to take a stand. (Capacity: 30 ELs)

Tuesday, November 27 @ 5:30pm in SU 407
“The Leadership Compass” (IS & PE)
Presented by Christine Stuart, RD of LeFevre Hall
Do you love learning more about yourself? Want to tap into your leadership skills and see how you work with others? Have you ever spent all night doing Buzzfeed quizzes? If you answered, “YES!” to any of those questions, The Leadership Compass is for you. The Leadership Compass is a self-assessment that helps you figure out your own strengths when it comes to your style of leadership and what you can do to work effectively with people in different areas. (Capacity: 30 ELs)

Wednesday, November 28 @ 12:30pm in LC 112
“Get Linked on LinkedIn!” (PE)
Presented by Samantha Lopes, Senior Career Specialist, Career Resource Center
Join us to learn how to leverage your LinkedIn profile to showcase your expertise, build your network and connect with employers. In this workshop you will learn the ten steps to jump start your student LinkedIn profile and set your privacy setting for maximum viability. Before attending make sure you have created an account with LinkedIn so that you can make edits and updates to your profile throughout the workshop. (Capacity: 26 ELs)