

Suggested Path for Pre-Health. Work with your assigned advisor and this is a general idea list only.

Year One Semester I:

Enroll in: General Biology I + Lab

Chemistry I + Lab

Math

Research different programs in Pre-Health and others outside medicine

Year One Semester II:

Enroll in: General Biology II + Lab

Chemistry II + Lab

Math

Make an appointment with Pre-Health Advisors: Pre-Optometry, Pre-Physical Therapy and all other Allied Health areas: [Thomas Nolen, Ph.D.](#) or

Pre-Med, Pre-Physician Assistant and Pre-Dental: [Debra Adair, Ph.D.](#)

Continue research of programs.

Non-Academic things to add to your success and resume. The sooner the better:

1. Identify a professional in the field to shadow
2. Part-time Scribe
3. Volunteer or work as an EMT
4. Community service
5. Join a club or other organization

Year Two Semester I:

Enroll in: Organic Chemistry I + Lab

Biological Inq. (Genetics) + Lab

Work with advisor for remaining requirements

Begin to narrow a field of interest and reach out to professors for letters of recommendation

Year Two Semester II:

Enroll in: Organic Chemistry II + Lab

Work with advisor for remaining requirements

Begin studying for entry exams. MCAT, CASPA or test to take to gain entry into school of interest. Study now. If you have questions make an appointment to speak with Pre-Health advisor.

Year Three Semester I:

Enroll in: Requirements as assigned advisor should know your Pre-Health track.

Continue studying for entry exams and schedule a time to take exam.

Year Three Semester II:

Enroll in: Requirements as assigned advisor should know your Pre-Health track.

Schedule entry exams. Identify several schools and see their requirements as some schools can differ even in academic requirements. Draft a personal statement and complete school of interest application. School applications vary and you must know what each is asking for and deadlines.

Year Four Semester I:

Enroll in: Remaining requirements as assigned advisor suggests.

Submit applications to schools and wait for contact by email. See Pre-Health advisors for mock-interview assistance and if returning from an interview be certain to send a thank you note.

Year Four Semester II:

Enroll in: Finish major requirements. At this time schools of interest may be contacting for interviews. Continue to interview, study MCAT, CASPA or other exams needed in your selected Pre-Health journey.