



LLI MATTERS

Learning for the Love of It



July, 2023 Summer Issue

Volume 14 Number 1

IN LIEU OF “FROM THE PRESIDENT”

- Marilou Abramshe

VP Search

Due to the unexpected resignation of this year's VP, there is no sitting president of the LLI Council the VP was the head of the search committee for a president for next year, but when he resigned the search was temporarily halted. Letters were sent out to the membership asking for help in searching for a president, but the responses were very sparse and those who were suggested, declined. Faced with the situation, the council has determined a temporary solution. While the search for a current Vice President/President for next year continues, members of the council will rotate the chair of the president. Currently the secretary, Janet Philips will be Council Chair for three months, succeeded by the treasurer, Marilou Abramshe for three months. It is our firm belief that by that time a VP will be found who will take the reins of LLI in the Spring of 2023.

General Meeting

The LLI General Meeting was held on Tuesday, June 13 at Woodland Pond. There were about 28 members present. The minutes of the 2021/22 meeting were approved and a financial report was given detailing the income and expenses of the year (see accompanying article). Amendments to the By-laws were proposed and accepted by the membership. Theo Pappas, the outgoing president gave a report on the activities of the previous year. Janet Philips, the LLI Secretary presented Theo with a certificate and gift in recognition of her leadership for the past year. After thanking Janet and the members, Theo opened the floor to questions. A major concern was the lack of a president for the upcoming year and members of the council assured that the council will run things under a temporary Council Chair until a president is elected. Also discussed was the need to attract younger members over 55 to the organization. Several suggestions were made that will be discussed in council at a later date.



LLI COUNCIL 2022-2023

OFFICERS

President	Vacant
Vice President	Vacant
Treasurer	Marilou Abramshe and Council Chair (Nov., Jan., Feb.)
Secretary	Janet Philips and Council Chair (Aug., Sept., Oct.)
Immediate Past President	Theodora Pappas
Members-at-large	Susan Books, Faith Nichols, Susan Tullin

STANDING COMMITTEE CHAIRS

Curriculum Development	Eli Aizer
Catalog	Carole Heyl
Classroom Manager	Marilou Abramshe
Classroom Assistants/Hosts	Helen Kane
Membership	Marny Janson
Events	Margaret Armento-McDowell
Volunteers	Alma Sloan
Public Relations	Theodora Pappas
Social Media	Phyllis Sturm

OTHERS

Registrar	Jean Poirier
SUNY New Paltz Liaisons	Dr. Shala Mills Asst, VP Graduate and Extended Learning Dylan Hurley
LLI Contact Info	lifetime@hawkmail.newpaltz.edu PO Box 275 New Paltz NY 12561

BUDGET FOR 2022-2023

	Budgeted INCOME 2022/2023 Fiscal Year	Income as of 5/31/2023	June Income	Actual INCOME YEAR TO DATE
<i>Proposed Budget</i>				
<i>Memberships</i>		\$ 17,745.00		\$ 17,745.00
<i>Miscellaneous Revenue</i>		\$ 855.00		\$ 855.00
<i>Donations</i>		\$ -		\$ -
<i>Badge Replacements</i>		\$ -		\$ -
<i>Storage Unit Refund</i>		\$ 165.00		\$ 165.00
<i>Refunds</i>		\$ -		\$ -
<i>Tickets</i>		\$ 110.00		\$ 110.00
Total Income		\$ 18,875.00		\$ 18,875.00
	Budgeted Expenses	Expenditures as of 5/31/2023	June Expenditures	Year to Date Expenditures
Scholarship	\$ 1,000.00	\$ -		\$ -
Classroom Rentals	\$ 1,500.00	\$ 2,300.00		\$ 2,300.00
Insurance	\$ 1,700.00	\$ 1,777.00		\$ 1,777.00
Volunteer Recognition/Discount Card	\$ 1,000.00	\$ 843.75		\$ 843.75
New Badges/Gold Seals	\$ 50.00	\$ 149.00		\$ 149.00
Copying, Printing & Supplies	\$ 300.00	\$ 1,069.85	\$ 28.00	\$ 1,097.85
Postage	\$ 500.00	\$ 232.92	\$ 50.40	\$ 283.32
Post Office Box	\$ 130.00	\$ 248.00		\$ 248.00
Storage Unit	\$ 1,872.00	\$ 450.60		\$ 450.60
Public Relations Advertisement	\$ 400.00	\$ 142.00		\$ 142.00
Annual Meeting	\$ 150.00	\$ -		\$ -
Registrar Salary	\$ 8,500.00	\$ 6,227.38		\$ 6,227.38
Miscellaneous	\$ 300.00	\$ 695.13		\$ 695.13
Printed Catalog	\$ 800.00	\$ 839.00		\$ 839.00
Zoom	\$ 150.00	\$ 181.88		\$ 181.88
Lost Checks		\$ 525.00		\$ 525.00
TOTAL	\$ 17,352.00	\$ 15,681.51	\$ 78.40	\$ 15,759.91
Net Revenue minus Expenses Balance				\$3,115.09
Balance in CAS Account	5/30/2023			\$27,514.70
Balance in Scholarship fund	4/30/2023			\$150.00
Balance in Program fund	4/20/2023			\$8,826.61
Total assets				\$36,491.31

COURSES FOR FALL 2023

Presenter	Course Subject
Fred Mayo	Four Rs in Relationships – Rupture, Repair, Renew and Respect
Eric Chambers	Around the World in 8 Languages!
Kris McDaniel-Miccio	4, 5, 6 Three Amendments Between Individual Freedom & a Police State
Frank Almquist	Building of the Ashokan Reservoir
Jessica Rothman	Not Just “Fiddler” - Jewish Contributions to Broadway
Laura Conner	Naturalist Guided Walks at Minnewaska State Park Preserve
Marilou Abramshe	New Paltz and the Growth of Townships in Ulster County
Alan Rothman	Found Tribes of Israel
Alan Rothman	Using iPhone/iPad to Edit and Manage photos & videos
Barbara Jimerson	Reflective Journaling for Self-Acceptance and Self Understanding
Don Grice	Creative AI tools and techniques
Puja A. J. Thomson	DECISIONS, DECISIONS, DECISIONS - Past, Present, Future
Robert Arthurs	Current Events
Carole Heyl	The Wonderful World of Mah-Jongg
Carole Heyl	Science Potpourri 5
Caroline Hopenwasser	Introduction to Tai Chi Easy 1
Caroline Hopenwasser	Introduction to Tai Chi Easy 2
Meta Plotnik	American Women Writers
Judy Reichler	Book Discussion: Special Interest
Bill Tuel	Keeping It Secret — Cryptography Then and Now
Lyla Yastion	Sustainable Living as Spiritual Practice
Ron Fields & Susan Simon	Introduction to Swing Dancing
Kathryn Paulsen	FOLD EVERYTHING!
Marilyn Reitman	Be a Healthier You!
Irwin Sperber	Land Development and Lyme Disease: A Sociological Perspective
Chuck Mishaan	Redo Opera as Politics with some changes
Judy Swallow	Life Stories in Action
Anita-Jean McMonigle	Introduction to Tap Dance
Lewis Brownstein	Rise of Rightwing Terrorist Militias
Chris Bernabo	Guide to Planet Earth
Robert Ulrich	The Revolutionary War - by Battles (Part I)
Richard Sullivan	The Blues
Gillian Murphy	Navigating the Internet and Exploring Social Media
Rochelle Gordon	Meditation for Stress Relief and Health

Mark Your Calendars!

Fall 2023 classes will start on

Monday, September 18, 2023 to

Friday, November 10, 2023

We have classes on every weekday with Zoom classes on Thursdays.

MEET A PRESENTER

ANITA-JEAN McMONIGLE



Anita-Jean McMonigle has owned and operated her dance studio in the Hudson Valley since 1966.

She has taught dance in Newburgh, Coldenham, New Windsor, Marlboro and Fort Montgomery. She has done pre-school dance programs for several area nursery schools, gymnastic programs for Marlboro Recreation, dance groups for Nora Cronin Presentation Academy and South Junior High School in Newburgh.

Anita also has worked as a choreographer for many local theater groups including Newburgh Civic Theater, Temple Hill Players, Amodeo Players Productions, South Junior High School, Newburgh Free Academy and Wallkill Senior High School. She currently coordinates and teaches the TNT TAPPERS, a senior citizen tap group.



Anita is past President of the Manhattan Chapter of the National Association of Dance and Affiliated Arts, Inc., and a past East Coast Coordinator for this organization. She is past National President and Chair of the Board, and is currently First National Vice-President of this dance organization. She has appeared on the faculty of many dance organizations across the USA, where she is recognized as a leader in the field of children's dance programs. She is also a member of Dance Educators of America.

Anita-Jean started dancing at the age of 6. She is a native of Newburgh and currently teaches, lives and teaches Senior Citizen Tap at her home studio in Marlboro. She greatly enjoys teaching tap at LLI and the Town of Newburgh Recreation Center.

UPDATE ON WINTER SEMESTER

We are working on finding interesting classes for our third Winter Session and if you would like to present a Zoom class or have topics to suggest, please let us know by email at lifetime@hawkmail.newpaltz.edu or leave a phone message at 845-257-2892

Winter Session is scheduled to begin in early January.



FREE FUN & EDUCATIONAL SEMINARS

Dear Fellow LLI members,

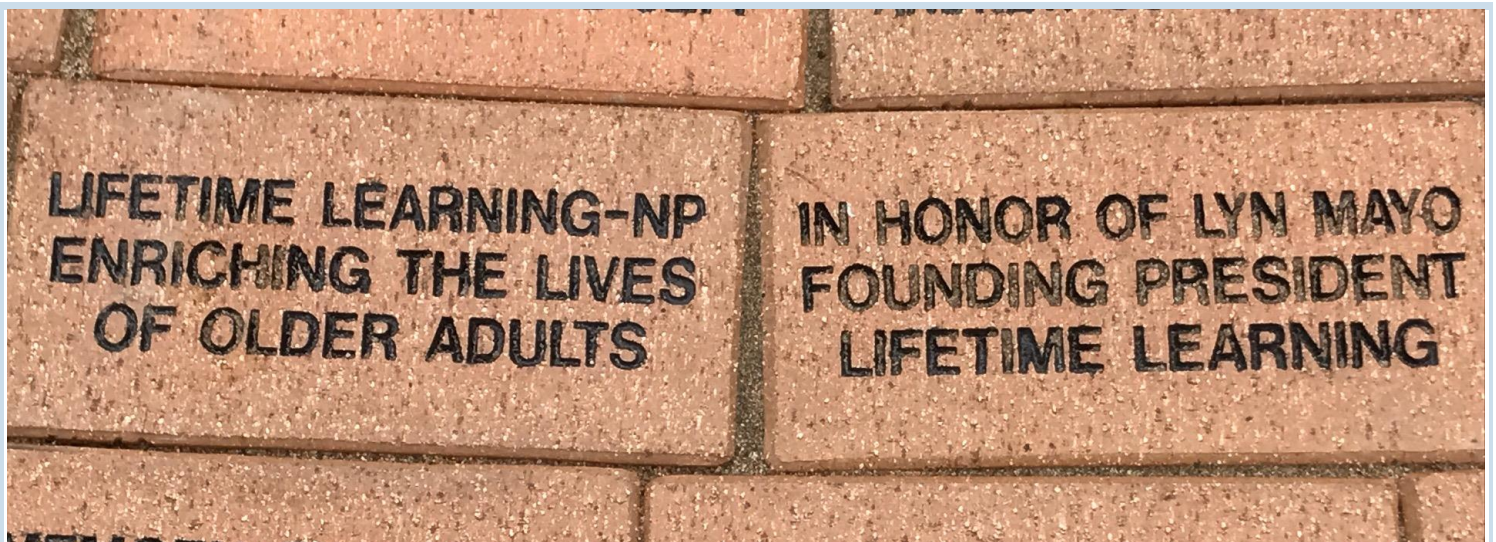
Thank you so much for joining us for our Event Brunches this Spring held at Woodland Pond. We had two successful brunches and hope to repeat these types of events in the Fall. Our first brunch featured Jessica Rothman, who regaled us with her adventures with "Uncle Will" Shakespeare and her journey becoming a Shakespeare lover, including all his literary works. Additionally, she shared how she passed that passion on to all her NYC public school students and now our own LLI members.

Our latest brunch highlighted Suzanne Holt, a local resident and traveler. She delivered a fun filled and informative event about her adventures on the Camino de Santiago pilgrimage. She clearly inspired us all to learn more and even consider the pilgrimage for our bucket list.

We are planning more brunches in the Fall and hope to reinstate Game Day at the Gardiner Library during this academic year. Please send along ideas for future event suggestions to Margaret McDowell at Bbermac@aol.com.

Enjoy your summer and see you soon at our events.

Margaret McDowell, Events Coordinator



LLI THANKS THEIR INDISPENSIBLE 2022-2023 VOLUNTEERS

Abramshe, Marilou
Aizer, Eli
Alvarez, Maria
Ambrosini, Kathy
Anderson, Ellie
Arthurs, Robert
Bajardi, Andrew
Bakaitis, Bill
Barami, Bahar
Battaglia, Claudia
Bermanzohn, Sally
Berna, Francesco
Bernabo, Chris
Bishow-Semevolos, Jane
Blumenthal, Rena
Bogges, Judith A
Bonne', Rena
Bowman, Zachary
Brownstein, Lewis
Brunet, Robert
Caicedo, Maria
Case, Kevin
Chambers, Eric
Coyle Bergstein, Helen
Dikowitz, Joan
Dooley, Jackie
Egger-Sider, Francine
Esposito, Bob
Forest, Roberta
Gangemi, Jo
Haas, Addie

Hanover, Ann
Haven, Kendra
Heyl, Carole
Heyl, Jeremy
Higgins, Susan R
Hilley, Mary
Hopenwasser, Caroline
Howitt, James
Janson, Marny
Kane, Helen
Koppenhaver, Susan
Lane, Linda Lee
Major III, Reverend
Howard B
Mardiney, Annie
Marquez, Walter
Mayo, Fred
McDaniel-Miccio, Kris
McDowell, Margaret
McMonigle, Anita-Jean
Miles, Nick
Minsky, Eleanor
Mishaan, Chuck
Monder, Harvey
Monder, Joan
Moreno-Lacalle, Jose'
Murphy, Gillian
Myers, Gail
Nichols, Faith
O'Brien, Barbara
O'Shea, Jerry

Pappas, Theo
Paquin, Linda Lee
Parisio, Richard
Peotter, Janelle
Philips, Janet
Plotnik, Meta
Poirier, Jean
Pomeroy, Lois
Quiocho, Josephine
Reichler, Judy
Reid, Chuck
Reitman, Marilyn
Rothblatt, Fonda
Rothman, Jessica
Sanders, Jo
Shewang
Silver, Sherrill
Sloan, Alma
Slotnick, Susan
Solomon, Julia
Sturm, Phyllis
Tennenbaum, Helen
Tuel, William
Tullin, Susan
Ulrich, Robert
Warren, Shirley
Wilhelm, Arlene R
Williams, Ester
Worden, Linda
Wyman, Barbara

CLASS PHOTOS

BIRD WATCHING



TAP DANCE



SE ASIAN COOKING



AWAKEN THE HEALER WITHIN-HAPPY JOINTS, HAPPY LIFE

Students practicing simple Qigong moves in the class Awaken the Healer Within. Presenter Helen Coyle Bergstein, a Qigong teacher, demonstrates flowing movements that help improve joint function.



WOODLAND POND HEALTH AND WELLNESS FAIR

LLI was given the opportunity to participate in Woodland Pond's Spring Health and Wellness Fair.

Marilou Abramshe and Alma Sloan explained LLI to people from Woodland Pond, answered questions and helped them to sign up for the LLI Mailing List. It was a successful endeavor.



LLI AT SUNY NP MEMBERSHIP/BENEFITS

Full year membership fee of \$120 entitles you to enroll in classes out of a diverse selection of courses in both the Fall and Spring semesters. A single semester fee is \$75. Both fees entitle you to register for Zoom classes in the winter session when held. You are also invited to many other LLI events, including trips and informative seminars.

The classrooms we use on Wednesdays and the technical support the presenters receive during classes are all provided free from SUNY. The SUNY administration is happy to have LLI on campus and offers the following discounts and opportunities to our students beyond our reduced-price parking tags:

Members are allowed to join the new Wellness Center on campus for a reduced fee for one semester or for the year. This gives one access to the circuit, the weight room and the dance classes. The old Elting Gym also has a swimming pool, racquetball courts and ping pong tables available.

The Department of Fine and Performing Arts gladly accepts the LLI membership card as a form of student identification. The card allows one to pay the reduced student rate for art (Dorsky Museum), theater (McKenna and Parker) and special events (Lecture Center). You can use the library but by becoming a Friend of the Library for a minimum donation of \$30, you are able to take books out of the library as well.

The various campus dining options are always available to everyone. The remodeled Wooster Hall (which is just across the concourse from Humanities and Lecture Center classes) now hosts a lovely restaurant.

You can sign up for email from the college to receive announcements of the events on campus or check out www.newpaltz.edu.

AUDITING SUNY-NEW PALTZ CLASSES

Persons over 60 years of age, who would like to audit a course must obtain an audit form from the Office of Records and Registration. The completed form must have the approval and signatures of the chair of the department offering the course and the course instructor. The audit form must be returned to the department offering the course by the end of the "course add period."

The audit privilege permits the auditor to attend a course, providing there is room in the course and the necessary approvals have been granted, and to do assignments, but it does not permit the auditor to take examinations in the course or to have his/her work evaluated in any other way. The auditor receives no grade for the course, nor is any record of course attendance kept in the Office of Records and Registration.

Audit privileges are not ordinarily available in studio, online, laboratory or performance courses, or courses where class participation of students is of major importance, nor are they available in credit-free courses offered by the institution or in any foreign study program or course.

OFF-CAMPUS DISCOUNTS AVAILABLE

- 20% off art supplies at Manny's and Rhinebeck Artist Shop.
- \$5 student admission to Denizen Theater.
- Student priced entry at DIA Beacon, MASSMoCA
- Discounts at widespread theaters and museums when showing your student ID.



VICE PRESIDENT

We continue to search for the right person to step up and take the position of Vice President for the remainder of the academic year. During this period the Council will be more than happy to assist and train this special person in whatever ways are necessary. Joining the Council is an exciting and rewarding way for you to give back to LLI and the senior community.

The listed responsibilities of the Vice President include:

In the absence of the President, the Vice President carries out duties as requested by the President, performs President's duties such as presiding at Council meetings, and assists in the administration of LLI. The Vice President will automatically become President for the following year.

Questions will be addressed by Janet Philips at lawgal110@gmail.com

Classroom Management Committee needs at least two volunteers to work together to procure space, assign classrooms and provide needed equipment for onsite classes. One of whom will be chair and attend council meetings.

Committee responsibilities include:

- Working cooperatively with the Curriculum Development Chair and Catalog Chair to set dates for classes
- Advising SUNY Registrar of classes and times of fall/spring classes
- Arranging locations for classes held off campus
- Notifying SUNY IT Dept of dates needed for internet access for presenters (and students if required)
- Overseeing LLI equipment/supplies

For further information contact: Marilou Abramshe at 914-582-2864

**Fall classes will run September 18, 2023
through November 10, 2023**

LLI MISSION STATEMENT

The Lifetime Learning Institute of New Paltz promotes diverse and enriching learning experiences for older adults, provides opportunities for social interaction, and encourages individuals to use their knowledge and skills in creative ways.

**Watch your email for the catalog
in August or check our website**



Lifetime Learning Institute
PO Box 275
New Paltz, New York 12561

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PLACE
STAMP
HERE



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