



# LLI MATTERS

Learning for the Love of It



January, 2022

Volume 12 Number 2

## FROM THE PRESIDENT

This has been, to say the least, a challenging time for us all. I want to thank all of the wonderful people, members, Council members, and presenters, who have kept LLI alive and well in spite of everything that could have worked against us. I am looking forward to a brighter Spring.

What follows is a tribute to LLI, offered with apologies and affectionate thanks to the late maestro Stephen Sondheim, whose song "I'm Still Here" from FOLLIES I have parodied.

"We're Still Here"

Good times and bum times, we've seen them all  
And, my dear, we're still here  
Hand washing, face masks  
Six feet of distance is clear, but we're here  
We've sprayed the Lysol on our shoes  
Stocked up on TP, sung the blues  
Seen the Purell disappear but we're here



We've gotten through Delta and Omicron flareups  
Gee, that was fun and a half  
When you've been through Delta and Omicron flareups  
Anything else is a laugh

We've gotten through, "Hey, how do we hold classes?  
Wow, what a challenge to meet"  
Or better yet, "Sure, we can hold many classes!  
ZOOMing them will be a treat!"

Good times, bum times, we've seen 'em all  
And, my dear, we're still here  
Peapod and Doordash,  
Letting our hair go all grey, but we're here  
We've run the gamut, A to Z  
Three cheers and dammit, c'est la vie  
We got our COVID boosters, and we're here  
Lord knows, at least we were there, and we're here  
Look who's here, we're still here,

My best,  
Jessica Rothman  
President

# LLI COUNCIL 2021-2022

## **OFFICERS**

|                          |                 |
|--------------------------|-----------------|
| President                | Jessica Rothman |
| Vice President           | Theodora Pappas |
| Treasurer                | Faith Nichols   |
| Secretary                | Janet Philips   |
| Immediate Past President | Mary Hilley     |
| Members-at-large         | on-hold         |

## **STANDING COMMITTEE CHAIRS**

|                            |   |
|----------------------------|---|
| Curriculum Development     | Marilou Abramshe                              |
| Catalog                    | Carole Heyl                                   |
| Classroom Assistants/Hosts | Helen Kane                                    |
| Membership                 | Marny Janson                                  |
| Events                     | Margaret Armento-McDowell                     |
| Volunteers                 | Alma Sloan                                    |
| Public Relations           | Linda Lane, Chair<br>Carole Heyl, Council Rep |
| Social Media               | Phyllis Sturm                                 |

## **OTHERS**

|                         |   |
|-------------------------|---|
| Registrar & Admin Asst. | Jean Poirier <a href="mailto:lifetime@hawkmil.newpaltz.edu">lifetime@hawkmil.newpaltz.edu</a>                     |
| SUNY New Paltz Liaisons | Dr. Shala Mills Asst, VP Graduate and Extended Learning<br>Dylan Hurley   |
| LLI Contact Info        | <a href="mailto:lifetime@hawkmil.newpaltz.edu">lifetime@hawkmil.newpaltz.edu</a><br>PO Box 275 New Paltz NY 12561 |

# GENERAL LEDGER FOR 2021/2022

## As of November, 2021

| <u>Date</u> | <u>Item</u>                             | <u>Expenses</u>   | <u>Revenue</u>     |
|-------------|---|-------------------|--------------------|
| 14-Jul      | Zoom                                    | \$30.00           |                    |
| 19-Jul      | Registrar & A.A.                        | \$267.00          |                    |
| 30-Jul      | Storage unit                            | \$156.00          |                    |
| 6-Aug       | Registrar & A.A.                        | \$471.00          |                    |
| 6-Aug       | Postage                                 | \$145.00          |                    |
| 24-Aug      | Registrar for August                    | \$574.00          |                    |
| 24-Aug      | Revenue                                 |                   | \$9,960.00         |
| 26-Aug      | Storage unit                            | \$156.00          |                    |
| 27-Sep      | Storage unit                            | \$156.00          |                    |
| 28-Sep      | Postage                                 | \$42.00           |                    |
| 29-Sep      | Revenue                                 |                   | \$1,420.00         |
| 7-Oct       | Revenue                                 |                   | \$240.00           |
| 11-Oct      | Registrar & A.A.                        | \$974.00          |                    |
| 11-Oct      | Computer Security program               | \$65.00           |                    |
| 31-Oct      | Zoom                                    | \$30.00           |                    |
| 31-Oct      | Zoom                                    | \$30.00           |                    |
| 31-Oct      | Storage unit                            | \$156.00          |                    |
| 9-Nov       | Insurance                               | \$752.00          |                    |
| 16-Nov      | Registrar & A.A.                        | \$369.00          |                    |
| 16-Nov      | Zoom                                    | \$30.00           |                    |
| 16-Nov      | Zoom                                    | \$45.00           |                    |
| 16-Nov      | Zoom                                    | \$30.00           |                    |
| 16-Nov      | Zoom                                    | \$30.00           |                    |
| 16-Nov      | Zoom                                    | \$60.00           |                    |
| 30-Nov      | Ad at Rosendale Theatre                 | \$126.00          |                    |
| 30-Nov      | Storage unit                            | \$156.00          |                    |
|             | <b>TOTAL Expenses &amp; Revenue</b>     | <b>\$4,850.00</b> | <b>\$11,620.00</b> |
|             | <b>BALANCE (Revenue minus Expenses)</b> |                   | <b>\$7,518.00</b>  |

# COURSES FOR SPRING 2022

With thanks to all the presenters



## **Course Title**

Decisions, Decisions  
Magical Marvelous Memoir  
The Book of Job  
Feminism of Virginia Woolf  
Healer Within  
Bible  
World Art  
Opera as Politics- Diversity  
The History & Styles of Jazz  
History of English Language  
Friendship  
Dialogues with Art  
Birding  
Mah Jongg  
Thursday Book discussion  
Science Potpourri 2  
Wine  
Zentangle  
Tai Chi Easy  
Living Sustainably-Nature's Way

## **Presenter**

Puja Thomson  
Susan Slotnick  
Rena Blumenthal  
Rena Bonne  
Helen Coyle Bergstein  
Deborah Moore  
Jose Moreno-Localle  
Chuck Mishaan  
Robert Mishaan  
Eric Chambers  
Fred Mayo  
Zachary Bowman  
Paul Osgood  
Barbara Wyman  
Judy Reichler  
Bill Tuel, Stefi Morrison, Francesco Berna, Marny Janson  
Manny Sloan  
Priscilla DeConti  
Caroline Hopenwasser  
Lyla Yastion

## **Mark Your Calendars!**

**Spring 2022 classes will start on**

**Wednesday, March 16, 2022 to**

**Friday, May 13, 2022**

**(No Classes Week of April 11th)**



## MEET A PRESENTER

### PRISCILLA DECONTI

Priscilla De Conti is one of LLI's new presenters. In the fall, she taught an introductory Zentangle class which will be offered again in Spring 2022. We asked Priscilla some questions about Zentangle.

**LLI: *What is Zentangle?***

**PD:** Zentangle is a method of drawing that focuses on lines, shapes and repetitive patterns. It is a way that a person can create art where no previous art experience is necessary or needed.

**LLI: *When and how did Zentangle originate?***

**PD:** Maria Thomas and Rick Roberts developed Zentangle in 2003. Maria created botanical prints and with her calligraphy expertise sold her work at art fairs. One day while creating these drawings she started drawing background patterns and found the experience quite unique. Thus, Zentangle was created.

**LLI: *How did you learn about Zentangle and what training did you need to teach it?***

**PD:** I learned about Zentangle while participating in Artist's Way. I am a doodler at heart and took beginner classes in Albany and Cairo. Afterwards, I decided to train as a teacher and took classes in Rhode Island and became certified in 2017.

**LLI: *Are there any benefits from practicing Zentangle?***

**PD:** Yes. Some of the benefits are Mindfulness, Focus, Relaxation, Confidence, Improved Self Esteem and A Feeling of Well Being.

**LLI: *Where do you teach Zentangle?***

**PD:** In addition to LLI at SUNY New Paltz, I have taught classes in Dutchess County to a Breast Cancer Survivor group and at Women's Wellness Retreats in Claryville.

**LLI: *Is there a Zentangle community?***

**PD:** Definitely Yes! There is a diverse group of men and women all over the world practicing this art form. They are open, supportive and share ideas. It is also a great art form for children.

**LLI: *What other art mediums do you enjoy?***

**PD:** I enjoy watercolor, colored pencils, and collage and recently had my work displayed at the Art Society Kingston Gallery. I also create and sell greeting cards, art work, jewelry, and tee shirts at craft fairs and vendor events.

*Student artwork courtesy of Fall 2021 LLI Zentangle class*



## UPDATE ON FUTURE SEMESTERS

A lot has happened since the onset of the COVID pandemic in March of 2020. We are reaching out to all members of LLI, current and recent, to provide an update of the happenings at LLI and to invite you and your friends and/or family to consider rejoining LLI in case you have not done so already.

Due to COVID, we had to cancel our Spring 2020 semester. We quickly moved to providing classes for Fall 2020 in an online format, choosing Zoom as our platform. We all learned together what it would take to continue in this new way, and we continue to learn today. After all, that is what LLI is all about – continued learning!

We have surveyed our members, former and current, and we have listened.

We are excited to be offering a [Winter Session for 2022](#) (all online), and are working hard to offer a variety of classes in the Spring that are online, or in-person. The options of course delivery within careful safety measures continue to be fluid and ever-changing, and we continue to adapt.

At the time of this writing, SUNY New Paltz requires all visitors on campus and all students to be vaccinated. SUNY students and staff must prove vaccination status by providing appropriate documentation. If we offer LLI classes on-campus, we must also collect the same documentation from members taking in-person classes and provide it to the college in advance of classes. This latter requirement is not something that LLI is equipped technologically to handle in an efficient and simple manner at this time, although we are exploring methods to make this happen in the future.

Therefore, for the Spring, we will continue to offer online classes, as well as some in-person classes in other New Paltz locations. We will require all those who take in-person classes **to be fully vaccinated and to wear a mask while indoors.**

Additionally, we plan to offer a new option for those of you interested in learning more about Zoom, called Zoom School. More information is available on the last page.

The Spring 2022 LLI Course Catalog will become available in late January. Make sure you add [lifetime@hawkmail.newpaltz.edu](mailto:lifetime@hawkmail.newpaltz.edu) to your contact list, so that you will be sure to receive our announcements.

You can stay apprised of our happenings by visiting our website, Facebook page, and maintain email contact. You may also call us at 845-257-2892 and leave a message for a return call, or email us anytime at [lifetime@hawkmail.newpaltz.edu](mailto:lifetime@hawkmail.newpaltz.edu).

To view our current [Winter Session 2022 Catalog](#) (registration deadline Jan. 3, 2022), click on this link.

To register and join for the Spring, which includes Winter Session AND Spring Session (Jan. 1 – June 30, 2022): click here: [HOW TO JOIN](#)

## WINTER SESSION 2022

We are pleased to announce that we have added an extra session to our LLI membership year in the form of a Winter Session. As our LLI President says, “we have listened to your suggestions and will be offering four diverse courses via Zoom to keep your body and mind active.” The courses are offered during January through March, and each has its own schedule of dates.

Registration is open now and we suggest you register quickly. Please read through the Winter Session Catalog and the HOW TO JOIN link by visiting our web site at [www.newpaltz.edu/lifetime](http://www.newpaltz.edu/lifetime).



**Like the Marines, LLI is looking for a few good VOLUNTEERS**

**The Classroom Management Committee** needs at least two volunteers to work together to procure space, assign classrooms and provide needed equipment for onsite classes.

Committee responsibilities include:

- Working cooperatively with the Curriculum Development Chair and Catalog Chair to set dates for classes
- Advising SUNY Registrar of classes and times of fall/spring classes
- Arranging locations for classes held off campus
- Notifying SUNY IT Dept of dates needed for internet access for presenters (and students if required)
- Overseeing LLI equipment/supplies

For further information contact:

Marilou Abramshe at 914-582-2864

### **CLASSROOM HOSTS**

Every semester, every class LLI provides our presenters with an assistant to handle the administrative tasks. Don't think you are ready to be a classroom assistant (whether as a Zoom host or an in-person helper)? No worries, we offer comprehensive training and even review classes covering every situation.

### **PLEASE SPREAD THE WORD**

We trust you enjoy your classes and extracurricular activities. LLI would love your friends and family as members, therefore let them know about LLI.

## LLI AT SUNY NP MEMBERSHIP/BENEFITS

Membership fee of \$120 entitles you to enroll in 6 classes out of a diverse selection of courses in both the Fall and Spring semesters. You are also invited to many other LLI events, including trips and informative seminars.

**Once the campus reopens for visitors:** The classrooms we use on Wednesdays and the technical support the presenters receive during classes are all provided free from SUNY. The SUNY administration is happy to have LLI on campus and offers the following discounts and opportunities to our students beyond our reduced-price parking tags:

Members are allowed to join the new Wellness Center on campus for a reduced fee for one semester or for the year. This gives one access to the circuit, the weight room and the dance classes. The old Elting Gym also has a swimming pool, racquetball courts and ping pong tables available.

The Department of Fine and Performing Arts gladly accepts the LLI membership card as a form of student identification. The card allows one to pay the reduced student rate for art (Dorsky Museum), theater (McKenna and Parker) and special events (Lecture Center). You can use the library but by becoming a Friend of the Library for a minimum donation of \$30, you are able to take books out of the library as well.

The various campus dining options are always available to everyone. The remodeled Wooster Hall (which is just across the concourse from Humanities and Lecture Center classes) now hosts a lovely restaurant.

You can sign up for email from the college to receive announcements of the events on campus or check out [www.newpaltz.edu](http://www.newpaltz.edu).

## AUDITING SUNY-NEW PALTZ CLASSES

**Once the campus reopens for visitors:** Persons over 60 years of age, who would like to audit a course must obtain an audit form from the Office of Records and Registration. The completed form must have the approval and signatures of the chair of the department offering the course and the course instructor. The audit form must be returned to the department offering the course by the end of the "course add period."

The audit privilege permits the auditor to attend a course, providing there is room in the course and the necessary approvals have been granted, and to do assignments, but it does not permit the auditor to take examinations in the course or to have his/her work evaluated in any other way. The auditor receives no grade for the course, nor is any record of course attendance kept in the Office of Records and Registration.

Audit privileges are not ordinarily available in studio, online, laboratory or performance courses, or courses where class participation of students is of major importance, nor are they available in credit-free courses offered by the institution or in any foreign study program or course.



## OFF-CAMPUS DISCOUNTS AVAILABLE

- 20% off art supplies at Manny's and Rhinebeck Artist Shop.
- \$5 student admission to Denizen Theater.
- Student priced entry at DIA Beacon, MASSMoCA
- Discounts at widespread theaters and museums when showing your student ID.



## FREE FUN & EDUCATIONAL SEMINARS

Greetings,

We wish you all a very happy and healthy 2022. We have quite a few possibilities for events for the upcoming Spring and Fall 2022 semesters.

Some of the possible offerings (either by Zoom or in person) will be programs discussing the Mohonk Preserve, D&H Canal Museum or the Rosendale Theater. We are also pursuing lecture style events covering the plight of elephants, the life of Arturo Toscanini and walking the Camino de Santiago in Spain and Portugal.

We look forward to seeing many of you at our events in April and May and again in the Fall.

*Margaret McDowell*, Events Coordinator

## ANNOUNCING ZOOM SCHOOL

To those of you who would like to become more familiar with Zoom, we are offering a Zoom School program. We believe one or two sessions will address any difficulties you may be having using Zoom. These sessions will be held on a one-on-one basis, beginning with a telephone call to understand your concerns which will be followed by a Zoom session to familiarize you with its features. The goal of our Zoom School program is to help you become more comfortable and confident attending online Zoom events.

We are fortunate that a number of LLI members who are familiar with using Zoom have graciously volunteered to help others become skilled users.

We will be offering this program in the months of January and February to current and recent LLI members at **NO CHARGE**

**To register for Zoom School, please use this link:** <https://forms.gle/PGjWubQta3x8NoVF9>

It is important for you to answer all the questions on the Registration Form so we can most effectively match you with one of our volunteers.

**Spring classes will run March 16, 2022  
through May 13, 2022  
(No classes the week of April 11<sup>th</sup>)**

**Watch your email for the catalog  
in LATE JANUARY or check our website**

**LLI MISSION STATEMENT**

The Lifetime Learning Institute of New Paltz promotes diverse and enriching learning experiences for older adults, provides opportunities for social interaction, and encourages individuals to use their knowledge and skills in creative ways.



Lifetime Learning Institute  
PO Box 275  
New Paltz, New York 12561

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**Lifetime Learning Institute—New Paltz**