



# Counselor Education Program Advanced Certificate Prerequisite Form

Advanced Certificate in Clinical Mental Health Counseling

Your Name: \_\_\_\_\_ Date: \_\_\_\_\_

Thank you for applying to our program.

**INSTRUCTIONS:** Thank you for applying to our program. 1) Download and save this form. 2) Open the saved form in Adobe Acrobat Reader\* and fill in the requested information. 3) Save the completed form as "PrereqForm\_YourLastName\_2021.pdf". 4) Please Email the completed form along with any syllabi and/or course descriptions, to Dr. Melanie Hill: [hillm@newpaltz.edu](mailto:hillm@newpaltz.edu)

\*Adobe Acrobat Reader is available as a free download. However, if you do not have access to Adobe, you may print the form, write in the information, then scan the completed form or take a picture of it and upload that to your application checklist

Prerequisite course subject	Course number and title Of Equivalent course: you must provide the syllabus or course description with this form.	Year taken	Semester taken	Grade
<i>EXAMPLE ROW: Couples Therapy</i>	<i>COU550 Couple and Family Counseling</i>	<i>2021</i>	<i>Fall</i>	<i>B+/3.67</i>
Social and Cultural Foundations of Counseling-Multicultural Counseling				
Human Growth and Development				
Counseling Theory				
Lifestyle and Career Development-Career Counseling				
Counseling Skills				
Psychopathology				
Group Dynamics/Counseling				
Assessment				
Couple and Family Counseling				
Research and Program Evaluation				
Professional Orientation and Ethics				
Foundations of Mental Health Counseling and Consultation				

## Course Descriptions:

**Multicultural Counseling:** Reviews knowledge and research in multicultural counseling. Teaches skills useful in counseling individuals from diverse populations; focus on personal awareness about stereotypes and how they may impact counseling diverse clients.

**Human Growth and Development:** This course examines theory and research related to the social, emotional, cognitive, and physical development of individuals. Consideration is given to diverse pathways to and through adulthood, normative transitions, and ecological and contextual models of development.

**Counseling Theories:** Contemporary theories of counseling and psychotherapy.

**Career Development, Counseling, and Assessment:** Career counseling theory and practice. Models of career development and implications of these models for career counseling and assessment across diverse populations.

**Counseling Skills:** Contemporary counseling skills. Techniques from approaches such as analytic, person-centered, cognitive-behavioral, and family systems.

**Psychopathology:** Reviews approaches to psychopathology, particularly as they pertain to counseling. Examines systems for conceptualizing, comprehending, and understanding those diagnosed with psychopathology. Covers theoretical approaches and the Diagnostic and Statistical Manual of Mental Disorders.

**Group Dynamics and Counseling:** Theory and practice of group counseling. Examines group dynamics and theories of group development in counseling contexts. Techniques and principles of group counseling, with special emphasis on implications for school and mental health counseling settings.

**Assessment:** Theoretical and applied examination of issues pertinent to personality and intellectual assessment. Introduces practical applications (administration, scoring, interpretation, and report-writing), as well as theoretical issues (ethics, utility, reliability, and validity).

**Couple and Family Counseling:** A variety of approaches to family and couples therapy including psychoanalytic, behavioral, transgenerational, structural, strategic and systems will be examined. The theory and technique of Bowen, Minuchin, Haley, and the Milan associates will be emphasized.

**Research Methods and Program Evaluation:** The primary objective of this course is to enable you to develop the necessary knowledge and skills that are essential for becoming a critical producer of empirical research.

**Ethics and Professional Identity in Mental Health Counseling:** Overview of ethics and professional identity in mental health counseling.

**Professional Roles in Mental Health Counseling:** Overview of the professional roles that mental health counselors engage in, including - but not limited to - supervision, consultation, leadership and social advocacy.