



Continuing Education at SUNY New Paltz and the Music Therapy Program Presents:

*Bonny Method of Guided Imagery and Music Level I Training
JUNE 20-23, 2024*

SUNY NEW PALTZ ~JFT 1010

Presenters

Jim Borling, MM, MT-BC, FAMI, is a Board-Certified Music Therapist and Fellow of the Association for Music and Imagery. Jim has over 30 years' experience in the music psychotherapy practice of the Bonny Method of Guided Imagery and Music (GIM). After retiring from his position as Director of Music Therapy at Radford University, Jim has maintained a private practice, focusing on addictions, trauma recovery, and men's issues.

Nannette Borling, MM, FAMI, MSN, RN is a Fellow of the Association for Music and Imagery, a registered nurse, and a Reiki Master. She has recently retired her position as Assistant Professor of Nursing at Radford University Carilion. She now maintains a private practice offering personal GIM and Reiki healing sessions.

Kathleen M. Murphy, PhD, LCAT, MT-BC, FAMI Associate Professor, SUNY-New Paltz. She is an active educator, clinician, supervisor, and researcher. She has authored book chapters and journal articles and presents internationally on topics related to music therapy practice, education, and supervision. Her research interests focus on music therapy in substance dependence. She is a Fellow for the Association for Music and Imagery has an interest in group Guided Imagery and Music

Course Description

Presents essential foundational material of the Bonny Method of Guided imagery and Music. Includes didactic lectures, interactive discussion, experiential group and dyad sessions.

Course Objectives

1. Participants will identify indications and contraindications for the use of BMGIM in clinical practice (CBMT Board Certification Domain I.2)
2. Participants will describe the importance of being present and authentic when facilitating BMGIM sessions (CBMT Board Certification Domain III. A. 1. a)
3. Participants will describe the role and boundaries of the client and the therapist within a BMGIM session or series of sessions (CBMT Board Certification Domain III. A. 1.c)

4. Participants will describe ethical considerations for incorporating BMGIM into a client's treatment (CBMT Board Certification Domain V. B. 2)

Schedule

Thursday, June 20:

- 8:30 AM Introduction, Course Description, Educational Objectives
Introduction to the Bonny Method of GIM
Historical Overview and Philosophy of GIM
Demonstration and Discussion
Guides and Travelers-Part I
Post Session Worksheets
Dyad #1
Post-Session Integration
- 12 NOON LUNCH
- 1:30 PM Guides and Travelers-Part II
Music as Co-therapist
Dyad #2
Post-Session Integration
- 6:00 PM DINNER
(Post Dinner-some time may be needed to finalize daily material)

Friday, June 21:

- 8:30 AM Inductions
Level 1 Music Programs (1)
Maps of Consciousness
The Power of the Image and Non-Ordinary States of Consciousness
- 12 NOON LUNCH
- 1:30 PM Introducing Somatic Interventions
Level 1 Music Programs (2)
Dyad #3
Post-Session Integration
- 6:00 PM DINNER
(Post Dinner-some time may be needed to finalize daily material)

Saturday, June 22:

- 8:30 AM Level 1 Music Programs (3)
Mandalas and GIM
Dyad #4
Post-Session Integration

12 NOON LUNCH
1:30 PM GIM and Groups: Group Applications
 Applications and Contraindications
6:00 PM DINNER

(Post Dinner-some time may be needed to finalize daily material)

Sunday, June 23:

8:30 AM Code of Ethics Conduct
 Level II Requirements
 Questions and Answers and Shopping List for Music

12 NOON Closure

(Post Lunch-some time may be needed to finalize daily material)

Please note: Due to the nature of this work we may flex the schedule a bit to reflect the climate of the group. However, we will make every effort to begin and end on time each day.

Continuing Education Credit

Bonny Method of Guided Imagery and Music Level I is approved for 33 NYSED-Contact hours for Licensed Creative Arts Therapists. Attendees from other professions will receive a certificate of attendance

Registration

Registration Fees:

SUNY NP Alumni	\$675.00
Professionals	\$750.00

The link to register may be found

Refund Policy

- Full refund if requested in writing by June 1, 2024
- 50% refund if requested in writing between June 2, 2024 & June 10, 2024
- No refunds will be given after June 10, 2024

Parking & Directions

Directions & parking will be sent to participants with registration confirmation

Grievance Policy

The Grievance Policy will be sent to participants with registration confirmation