

# PROTECT NEW PALTZ FALL 2021

## A PLEDGE TO STOP THE SPREAD OF COVID-19

Being a part of the SUNY New Paltz community means that each of us must take extraordinary steps to stay well and protect each other—on campus and in the community. Accountable together, **I pledge** to take responsibility for my own health and the protection of others, and help keep the New Paltz community safe from the spread of COVID-19 and other infections as identified and instructed by the College.

### PROTECT MYSELF



- Monitor for the symptoms of COVID-19 and report to Student Health Service (students) at x3400 or my medical provider (employees) if I experience fever of 100°F (38°C) or higher, dry cough, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat or loss of taste or smell, congestion and runny nose, nausea or vomiting, diarrhea, or any other symptoms identified by the CDC as associated with COVID-19
- Get vaccinated against COVID-19 to reduce the likelihood of infection, serious illness and hospitalization.
- If I am unvaccinated (for any reason), I will complete the Daily COVID-19 Screening every day I am on campus, and be tested for COVID-19 (on or off campus) every week I am on campus
- Wash my hands often with soap and water, and make frequent use of hand sanitizer
- Get vaccinated against the flu in the fall

### PROTECT OTHERS



- Wear a mask or face covering in all indoor spaces on campus, which may include: restrooms, classrooms, labs, elevators, studios, offices, the Library, the Museum and dining areas. Masks are not required in residence hall personal rooms or suites, but are required in other areas of residence halls
- Get vaccinated against COVID-19 – not only for my own health, but for other people, too, because vaccination helps reduce the spread of the virus
- Stay home if I feel ill and report COVID-19 symptoms to the Student Health Service or my physician as outlined above
- Stay home after exposure to someone who is ill and has tested positive for COVID-19 and report to Student Health Service (students) at x3400 or your medical provider and Human Resources (employees)

### PROTECT OUR NEW PALTZ COMMUNITY



- Ensure that your visitors or guests comply with all campus policies
- Comply with outreach from any Contact Tracers
- Remember that wearing a mask is not only about protecting ourselves – masking is also an important tool for protecting the most vulnerable members of our community
- Stay up-to-date on current campus policies and guidance by monitoring the Daily Digest and other emails sent to your New Paltz email account, and text messages sent through NPForward and NPAlert