

Local Resources for Off-Campus Students:
(all area codes are 845 unless otherwise noted)

Disclaimer: These resources have been compiled from on-line search engines for the use of SUNY New Paltz students. The university, however, does not necessarily endorse any of these resources, groups or organizations in any way. Use of these resources is strictly at the discretion of the individual.

PUBLIC SERVICES

- Emergency: 911
- Police (non-emergency): (255-1323) <http://www.newpaltzpolice.org/>
 - Toll free: (877-677-3911)
 - Anonymous tip line: (255-1357)
- State Police: Highland (626-2800)
- Fire (business line): (255-1520) <http://www.newpaltzfire.org/>
- Rescue Squad (EMT): (255-1719) <http://www.newpaltzrescue.org/>
- 211
 - 211 is a national telephone line for free access to health and human services supported by United Way. 211 is available 24/7 and all calls are confidential. 211 offers access to a number of services including: resources for basic human needs, resources for physical and mental health, support for employment, support for the elderly and for people with disabilities, and support for children, youth and families.

APARTMENT LISTINGS

- <http://newpaltz.edu/housingbb>
- <http://hudsonvalley.craigslist.org/apa/>
- <http://ulsterpublishing.com/index.cfm?fuseaction=classifieds>

ROOMMATES

- <http://newpaltz.edu/housingbb>

LEGAL SUPPORT

- Student Association Attorney (255-4655) <http://www.kossoverlaw.com/>

TRANSPORTATION

- Bus Services <http://www.co.ulster.ny.us/ucat>
 - New Paltz Loop <http://www.newpaltz.edu/newpaltzloop>
- Rail Services <http://www.mta.info/mnr>

CITIZENS' SERVICES

- Building Inspector/ Fire Safety (town) (255-0102) sdelarede@townofnewpaltz.org
- Code Enforcement Officer (town) (255-0102) codes@townofnewpaltz.org
- Highway Superintendent (town) (255-5050 or 4051)
- Landfill & Recycling Center (town) (255-8456)
- Sewage Plant (village) (257-5943)
- Traffic Violations (village) (255-1332)
- Water & Sewer (town) (255-0150)
- Water Treatment Plant (village) (255-2637)

UTILITIES

- Cable (331-1711) <http://www.timewarnercable.com>
- Gas and Electric
 - Central Hudson Gas & Electric <http://www.cenhud.com/>
 - NYSEG-New York State Electric & Gas (1-800-572-1111)
- Phone
 - Verizon (890-7100)
 - AT&T (800-222-0300)

ELECTED OFFICIALS

VILLAGE OF NEW PALTZ: <http://villageofnewpaltz.org>
Mayor Terry Dungan (255-1413) mayor@villageofnewpaltz.org

TOWN OF NEW PALTZ: <http://www.townofnewpaltz.org>
Town Supervisor Toni Hokanson (255-0604 x1) supervisor@townofnewpaltz.org

ULSTER COUNTY LEGISLATURE: www.ulstercountyny.gov
Ulster County Legislature Chairman, David B. Donaldson (340-3900)

NEW YORK STATE ASSEMBLY: www.assembly.state.ny.us
NYS Assemblyman Kevin Cahill, Dist. 101 cahillk@assembly.state.ny.us
Kingston Office (338-9610); Albany Office (518-455-4436)

U.S. HOUSE OF REPRESENTATIVES: www.house.gov
NY Congressional Representative, Maurice Hinchey, 22nd Dist. www.house.gov/hinchey
Kingston Office (331-4466); Middletown Office (344-2211)

NEW YORK STATE SENATE: www.senate.state.ny.us
NYS Senator John Bonacic, 42nd Dist. <http://senatorbonacic.com/>
Albany Office (518-455-3181); Middletown Office (344-3311); Delhi Office (607-746-6675)

NYS Senator William Larkin, Jr., 39th Dist. <http://senatorbilllarkin.com/>
Albany Office (518-455-2770); New Windsor Office (567-1270)

U.S. SENATE: www.senate.gov
US Senator Charles Schumer www.schumer.senate.gov
NYC Office (212-486-4430); Albany Office (518-431-4070); Washington Office (202-224-6542)

US Senator Kristen Gillibrand www.gillibrand.senate.gov
NYC Office (212-688-6262); Albany Office (518-431-0120); Washington Office (202-224-4451)

GOVERNOR: www.ny.gov/governor
David A. Paterson (518-474-8390)

STATE ATTORNEY GENERAL'S OFFICE: www.oag.state.ny.us
Andrew Cuomo Albany Office (518-474-7330); NYC Office (212-416-8000)

ULSTER COUNTY DISTRICT ATTORNEY <http://www.co.ulster.ny.us/resources/da.html>
Holly Carnright (340-3280)

OTHER GOVERNMENTAL AGENCIES:

- Building & Grounds, Ulster County (340-3300) <http://www.co.ulster.ny.us/resources/buildings.html>
- Consumer Fraud (340-3260) <http://www.co.ulster.ny.us/consumerfraud/>
- Environmental Conservation, Dept. of (256-3000)
- Federal Tax Assistance (800-829-1040) www.irs.gov
- Health Department, Ulster County Main Office (340-3150) www.co.ulster.ny.us/health
- Human Rights, NYS Division of (718-741-8400) <http://www.dhr.state.ny.us/>
- Insurance Complaints, NYS (800-342-3736) www.ins.state.ny.us
- Motor Vehicles, NYS, Info Hotline & Complaints (800-342-5368) www.nysdmv.com
- Passports, Ulster County Clerk (340-3288) www.co.ulster.ny.us/countyclerk
- Public Service Commissions Help Line (800-342-3377), (518-474-7080) www.dps.state.ny.us
- State Tax Assistance (800-225-5829) www.tax.state.ny.us
- Street Maintenance, Ulster County (340-3100)
- Tourism & Public Info, Ulster County (800-DIALUCO), (340-3566) www.ulstertourism.info
- Voter Registration, Board of Elections NYS (800-367-8683) Ulster County (334-5470)

<http://www.co.ulster.ny.us/elections/index.html>

BUSINESS RESOURCES

- Better Business Bureau (212-533-6200) www.newyork.bbb.org
- Chamber of Commerce of Ulster County, Inc. (338-5100) www.ulsterchamber.org
- New Paltz Regional Chamber of Commerce (255-0243) www.newpaltzchamber.org

COMMUNITIES, CLUBS, SERVICES

- Family of New Paltz (255-8801) www.familyofwoodstockinc.org
 - 24-hour anonymous, confidential hotlines. Any problem under the sun.
 - Suicide & Crisis Hotline (338-2370)
- Alcohol & Substance Abuse Services/Ulster County Mental Health Dept. (340-4000)
- Alcoholics Anonymous (331-6360) www.ny-aa.org
- American Red Cross, Ulster County (338-7020) www.ulsterredcross.org
- Americorps (800-942-2677) www.americorps.org
- Child Care (256-0445) <http://www.newpaltzchildcarecenter.com>
- Cocaine Anonymous Helpline (800-347-8998) www.ca.org
- Domestic Violence
 - Rape/Domestic Violence (340-3443)
 - Crime Victim's Assistance, Weekends (340-3442)
 - Domestic Violence Hotline, NYS English (1-800-942-6906)/ Spanish (1-800-942-6908)
 - Family of New Paltz 24-Hour Hotlines (255-8801)
- Drug Abuse Hotline (800-522-5353)
- Gamblers Anonymous (221-0830)
- Italian Center (454-1492)
- Jewish Family Services of Ulster County (338-2980)
- The Jewish Federation of Ulster County (338-8131)
- Living Well Tobacco Free/ American Cancer Society (800-227-2345) www.cancer.org
- Mid-Hudson Vegetarian Society (876-2626) www.MHVS.org
- Mid-Hudson Women's Network (236-2557) www.midhudsonwomensnetwork.com
- National Center for Victims of Crime (1-800-FYI-CALL) <http://www.ncvc.org>
- National Organization for Women, Ulster County Chapter (688-2169) www.NOWNYS.com
- Nicotine Anonymous (687-7892) www.nicotine-anonymous.org
- NYS United Teachers (339-4450)
- NYS Victims Assistance (847-7992) or (1-800-247-8035)
- Over Eaters Anonymous, Ulster County Hotline (657-6603) <https://www.oa.org>
- Sustainable Hudson Valley (331-2670) www.sustainhv.org
- Tobacco Free Action Coalition of Ulster County (943-6070) www.tobaccofreeactioncoalition.org
- United Way of Ulster County (331-4199) www.uwuc.org
- YMCA of Ulster County (338-3810) www.ymcaulster.org
- YWCA (338-6844) www.ywcaulstercounty.org
 - Advocacy, support, and education for women, children, and families.

DISABILITIES

- Association For The Help of Retarded Citizens (ARC) (561-0670) www.orangeahrc.org
- National Association for the Dually Diagnosed (NADD) (331-4336) www.thenadd.org
- Resource Center for Accessible Living (331-0541) www.rcal.org
- Ulster County Area Transit (340-3333), (888-827-UCAT) www.co.ulster.ny.us/ucat
 - ADA Transportation available with at least 24-hour notice, under most circumstances.
- Ulster-Greene ARC (331-4300) www.ulster-greenearc.org
 - Support for people with developmental disabilities
- United Cerebral Palsy of Ulster County (336-7235) www.cpulster.org

FOOD RESOURCES, THRIFT

- Angel Food East (331-6538)
 - Hot-meal program for people with HIV & AIDS

- Family of New Paltz Walk-In Centers (255-7957) www.familyofwoodstockinc.org
 - Food pantries, free clothing exchange, emergency shelter, 24-hour hotline
- Food Pantry, New Paltz - St. Joseph's Catholic Church (255-5635) www.stjosephnewpaltz.org
- Salvation Army, New Paltz (255-9852)

MEDICAL HEALTH, MENTAL HEALTH AND WELLNESS

- Cancer- Ulster County Healthy Living Partnership (339-7896 x5)
 - Free Breast, Cervical and Colon Cancer screening for uninsured and under-insured.
- Complementary Therapy - Women's View A Vision of Health/ Montgomery Street Health Annex at NDH (871-4380)
 - Encompasses a full range of diagnostic, medical and wellness services for women and brings together a highly specialized team of physicians, therapists and clinicians who are dedicated to providing the highest quality of care in a convenient setting. Services are designed to address the complex physical and emotional needs specific to women and are offered in private and state-of-the-art treatment areas at the Hospital and Women's View Montgomery Street Health Annex.
- Depression & Bipolar Support Alliance (800-826-3632), (473-2500 x316) www.dbsalliance.org
- Depression Support Group- People, Inc. (331-4965)
- Diabetes Classes- Kingston Hospital/ HealthAlliance (334-4249) www.hahv.org
- Diabetes Monthly Support Group (255-5094)
- Diabetes, Preventing- The Rose Women's Care Service: Community Resource Center (691-7984)
- Dually Diagnosed, National Association For the (NADD) (331-4336) www.thenadd.org
 - Support for those with mental retardation and mental illness.
- Dying/End of Life Decisions & Demystifying- The Rose Women's Care Service: CRC (691-7984)
- Eating Habits: Food Portions 101- The Rose Women's Care Service: CRC (691-7984)
- Emergency One Urgent Care & Diagnostic Center (338-5600) www.eonekingston.com
- Glucose Screening, Free- Ellenville Regional Hospital (647-6400)
- Health Dept., Ulster County Division of Environmental Sanitation Main (340-3010)
 - After Hours Emergency (334-2145)
- HIV/AIDS - Mid-Hudson Care Center (339-6755)
 - <http://www.amc.edu/Patient/services/HIV/primary.html>
 - HIV counseling and testing, primary medical care, dental care, gynecological services, case management, mental health services, peer support groups, nutritional counseling, limited transportation service for medical appointments.
- HIV/AIDS Support Groups/AIDS Related Community Services (ARCS) (339-3281)
- Hospital, Benedictine/ HealthAlliance (338-2500) www.hahv.org
- Hospital, Saint Francis (471-5000) www.sfhhc.org
- Hospital, Vassar Brothers (454-8500) www.vassarbrothers.org
- Independent Living Skills Group- Resource Center for Accessible Living (331-0541) www.rcal.org
- Lyme Disease Information (914-493-TICK) (914-277-6970) www.ALDF.com
- Lyme Disease Support Group (229-0684)
- Medical Assistance Program- Ulster County Department of Social Services (Formerly NYS Medicaid programs) (334-4000) <http://www.co.ulster.ny.us/resources/mentalhealth.html>
- Mental Health Association in Ulster County www.mhainulster.com
 - C.A.R.E. (Coping, Awareness, and Regulating our Emotions) (336-4747 x132)
 - Connections- Support group for children or siblings of person with mental health, alcohol, or substance abuse issues. (336-4747 x143)
 - Cross Roads/ Psycho-educational Anger Management group (339-9090 x109)
 - Family Support Training- Support for family and friends of people with anxiety disorders, schizophrenia. (339-9090)
 - New Beginnings- DBT skill building group for friends and family of individuals with personality disorders - Linehan model. (339-9090 x115)
 - Put Yourself in Control- For people with a personality disorder diagnosis. (339-9090 x109, x115)
- Mood Disorder Support Group- RCAL (331-0541) www.rcal.org
- Multi-County Community Development Corp. (247-9110)
 - Serving people with HIV & AIDS, developmental disabilities, mental illness, and alcohol and substance abuse.

- Obsessive-Compulsive Disorder (OCD) Support Group- Mental Health Association, Dutchess County(473-2500 x342)
- Panic Anxiety Attack Support Group- People, Inc. (331-4965)
- Planned Parenthood (255-6450), (800-230-PLAN) www.ppmhv.org
 - Low-cost reproductive health services.
- Poison Control Center (1-800-222-1222)
- Scleroderma and Lupus Support Group- Laura Purdy Foundation (247-0605) www.scleroderma.org/chapter/tristate
- Scoliosis Association (800-800-0669) www.scoliosis-assoc.org
- Sleep Apnea Support Group, A.W.A.K.E.- Benedictine Hospital (334-3126) www.hahv.org

HOUSING SERVICES

- Fair Housing (800-669-9777) <http://www.hud.gov/offices/fheo>
- Family of New Paltz
 - Family Domestic Violence Shelter/ For women and children. (255-8801)
- Multi-County Community Development Corp.
 - Abel House- Chemical dependence community residence. (246-2645)
 - HOPWA Program- For people with HIV or AIDS. (247-9110 x226)
 - OASAS Shelter + Care Program- Support services to clients with substance addictions. (247-9110 x226)
 - OMH/OMRDD Supportive Apartment Programs- For people with mental illness, or developmental disabilities. (247-9110 x226)
 - Paras House/ For Persons with HIV or AIDS. (247-9110 x226)
- Rural Ulster Preservation Company (RUPCO) (331-2140) www.rupco.org
 - Home Buyer Program provides assistance for moderate-to-low-income, first-time, home buyers in Ulster County.
 - Housing Choice Voucher Rental Assistance Program assists low-income households in the private market.
 - Section 8 Rental Assistance.
- Ulster County Community Action Committee, Inc. (U.C.C.A.C.) (338-8750)

MEDIATION SERVICES

- The Dispute Resolution Center (331-6136) www.drcservices.org

RELATIONSHIPS & SEXUALITY

- Lesbian, Gay, Bisexual, Trans-gender & Friends Group- Planned Parenthood (838-1200) www.ppmhv.org
 - Support groups for young people.
- Relationship Support Group- People, Inc. (331-4965)

PARENTING

- Big Brothers/Big Sisters of Ulster County (338-0431)
 - Mentoring program for children from single parent homes, or grandparents raising children.
- Breast Feeding, Positive- The Rose Women's Care Service: Community Resource Center (691-7984)
- Child Care Council of Ulster County- Family of Woodstock 331-7080 cccouncil@familyofwoodstockinc.org
 - Referrals for legal child care providers in Ulster County. Recruits & Trains registered day care providers in Ulster County. www.familyofwoodstockinc.org
- Growing Up Healthy Hotline (800-522-5006)
 - Health Dept. Referral Line (to state programs) for prenatal and child care issues.
- Mental Health Association in Ulster County (336-4747) www.mhainulster.com
 - Cooperative Parenting and Divorce: Shielding Children from Conflict
 - F.O.C.U.S. (Families Organizing to Cope, Understand, & Succeed)- Support group for parents with psychiatric challenges.
 - H.O.P.E. (Helping Others through Personal Experience)- Educational workshops.
 - Kidology- Parenting skills, education and support.

- Parent Assistance: Managing Defiant Behavior- Parenting skills course.
- Positive Discipline, Common Sense Parenting- Parenting classes & skill building.
- Resource Library
- Mom & Dad's Support Group- Benedictine Hospital (334-4811) www.hahv.org
- Mom's Mentoring Program- Pregnancy Support Centers (255-8242), (246-5445) www.NPPSC.org
 - Support for new mothers pairing experienced with new.
- New Parent Helpline/ Kingston Hospital/ HealthAlliance (331-4357)
- Parenting Center- YWCA (338-6844) www.ywcaulstercounty.org
 - Advocacy, support and education for women, children and families.
- Planned Parenthood (255-6450), (800-230-PLAN) www.ppmhv.org
 - Parenting workshops, education and resources.
- Pregnant Teen Education- B.I.R.T.H.E. (Bridge to Increase Responsibility Through Health Education)- The Rose Women's Care Service: Community Resource Center (691-7984)
- Single Parent Support Group (255-7332)
- Teen Parent Services- YWCA (338-6844) www.ywcaulstercounty.org
- Ulster County Healthy Start Program/Institute for Family Health (800-811-3914) www.myspace.com/ulstercohealthystart
 - Prenatal and parenting home-based education & support program.

WOMEN'S ISSUES

- Battered Women's Support Group/ Family of New Paltz (225-8801)
- Female Survivors of Sexual Violence Support Group/Crime Victims Assistance
 - Days (340-3443)
 - Weekends and Evenings (340-3442)
- Mental Health Association in Ulster County (339-9090 x115) www.mhainulster.com
- National Organization for Women, Ulster County Chapter of (688-2169) www.NOWNYS.com
- People Inc. Woman's Group 331-4965
- Planned Parenthood (255-6450), (800-230-PLAN) www.ppmhv.org
 - Low-cost reproductive health services for women and men.
- Pregnancy Support Center (255-8242), (246-5445) www.NPPSC.org
 - Support for unplanned pregnancies; free pregnancy tests; information and resources. Free and confidential.
 - PACES (Post Abortion Counseling and Education Support Group)- Helps women heal and provides support for post-abortive women.
- Empowerment for Young Women, Resource Center For Accessible Living (331-0541) www.rcal.org
- The Rose Women's Care Service: Community Resource Center (691-7984)
 - Manage Stress; Increase Your Joy of Living
- Women and Anger/ Mental Health Association in Ulster County (339-9090 x115)

MEN'S ISSUES

- Evolve/ Family of Woodstock (331-7080)
 - Teaches non-violent ways to deal with anger.
- Mental Health Association in Ulster County (339-9090 x115) www.mhainulster.com
 - Men's Anger Management.
- Planned Parenthood (255-6450), (800-230-PLAN) www.ppmhv.org
 - Low cost reproductive health services for men and women.

VETERANS' SERVICES

- Ulster County Veterans Service Agency (340-3190)
- Veterans Affairs Assistance (800-827-1000), (800-829-4833) (TDD) www.va.gov
- Veterans Affairs Medical Center, Castle Pt. (831-2000)
- Veterans Of Foreign Wars (338-2676)

Note: To submit any other resources to this list please email the Office of Student Activities and Union Services at sub@newpaltz.edu.