

State University of New York at New Paltz

This **eight-semester plan** (see [important details](#)) is intended to guide a first-year student through a four-year undergraduate career, with completion of an academic major and all college-wide degree requirements. The plan is designed as an **advising tool** – a starting point for careful discussions between a student and his/her academic adviser. In consultation, the student and adviser will adjust the plan to accommodate the student's prerequisite needs, transferred credits, and other such variables.

Students are responsible for reviewing their [Progress Reports](#) each semester to track their own progress toward degree requirements.

Psychology

Year 1

Fall Semester		Spring Semester	
Course	Credits	Course	Credits
PSY272 Introductory Psy (SSCI)*	3	Elective	3
Gen Ed: The Arts (ART)	3	PSY275 Psychological Statistics (MATH)	4
Gen Ed: Composition (COMP)	3	Gen Ed: Composition (COMP)	3
Gen Ed: Foreign Languages (FLNG)	3	Gen Ed: Foreign Languages (FLNG)	3
Gen Ed: Humanities (HUM)	3	Gen Ed: Diversity (DIVR)	3
Total	15	Total	16

Year 2

Fall Semester		Spring Semester	
Course	Credits	Course	Credits
PSY311 Research Methods in Psychology	4	Content Area Studies (LIST 1-4)	3
Content Area Studies (LIST 1-4)	3	Content Area Studies (LIST 1-4)	3
Gen Ed: United States Studies (USST)	3	Gen Ed: Western Civilization (WEST)	3
Elective	3	Gen Ed: Natural Sciences (NSCI)	3
Psychology Elective - LIST A	3	Psychology Elective - LIST A	3
Total	16	Total	15

Year 3

Fall Semester		Spring Semester	
Course	Credits	Course	Credits
Content Area Studies (LIST 1-4)	3	Content Area Studies (LIST 1-4)	3
Content Area Studies (LIST 1-4)	3	Content Area Studies (LIST 1-4)	3
Gen Ed: World Civilizations and Cultures (WRLD)	3	Upper-Division Electives	9
Psychology Elective - LIST A	3		
Gen Ed: Natural Sciences (NSCI)	3		
Total	15	Total	15

Year 4

Fall Semester		Spring Semester	
Course	Credits	Course	Credits
PSY498 Seminar In Psychology (WI)	3	Electives	10
Upper-Division Major Elective	3	Upper-division Elective	3
Upper-Division Electives	9		
Total	15	Total	13

Notes

*Must be completed before major is declared.

LIST A: Choose three courses. Each of the three may come from either this list OR may be an additional course coming from ANY of the content area categories. [PSY273 Psychology of Adjustment](#), [PSY293 Psychology Select Topic](#), [PSY295 Indep Study Psychology](#), [PSY307 Evolutionary Psychology](#), [PSY309 Constructivism](#), [PSY318 Group Behavior](#), [PSY320 Behavior Modification: Principles and Procedures](#), [PSY330 Crisis Intervention](#), [PSY442 Psychological Study of Social Problems](#), [PSY493 Selected Topic](#), [PSY494 Fieldwork In Psychology](#), [PSY495 Independent Study Psychology](#), [PSY497 Internship in Psychology](#)

CONTENT AREA STUDIES LIST 1 Physiology, Learning & Cognition (Choose 2): [PSY303 Introduction to the Psychology of Learning](#), [PSY305 Psychology of Perception](#), [PSY310 Psychology of Memory and Thinking](#), [PSY402 Psychology of Language](#), [PSY403 Health Psychology](#), [PSY436 Physiological Psychology](#)

CONTENT AREA STUDIES LIST 2 Social, Developmental & History (Choose 2): [PSY302 History and Systems in Psychology](#), [PSY306 Social Psychology](#), [PSY308 Psychology of Motivation](#), [PSY343 Psychology of Infancy and Childhood](#), [PSY344 Psychology of Adolescence and Adulthood](#), [PSY350 Psychology of Women](#)

CONTENT AREA STUDIES LIST 3 Personality & Abnormal (Choose 1): [PSY313 Psychology of Personality](#), [PSY412 Abnormal Psychology](#), [PSY440 Clinical and](#)

Counseling Psy

CONTENT AREA STUDIES LIST 4 Applied (Choose 1):[PSY304 Industrial Psychology](#), [PSY315 Basics of Organizational Psychology](#), [PSY456 Disaster Psychology](#), [PSY458 Introduction to Psychological Testing](#)

Total Credits: 120