Emerging Leaders must attend at least 5 workshops and cover the 4 Dimensions of Leadership:

- **IS** = Interpersonal Skills
- **EV** = Ethics & Values
- **PE** = Personal Empowerment
- **GCP** = Global and Community Perspectives

Workshops with the title in BLACK TEXT indicates it’s only a workshop for Emerging Leaders.

Workshops with the title in BLUE TEXT indicates it’s a program/speaker open to more than just ELs.

**Tuesday, February 9 @ 3:30pm in SU407**

“Interview Skills to Get You the Job!” (IS & PE)

**Presented by Emily Zurner, Senior Career Specialist, Career Resource Center**

Learn interview strategies to help you succeed on any interview! The key is in the prep – learn how to best utilize your prep time! What do I need to work on? What do I need to do to prepare? What’s important? What is the hiring manager looking for?

**Wednesday, February 10 @ 2:00pm in SU407**

“Survival” (GCP, IS, & PE)

**Presented by Matt Giufre, Head Women’s Volleyball Coach**

This workshop will involve an activity that will be done individually, in small groups, and within the large group. The focus of the workshop is on communication skills and using one’s voice.

**Thursday, February 11 @ 3:30pm, SU407**

“Me’s vs. We’s” (EV, IS, & PE)

**Presented by Tara Sestanovich, Coordinator of First Year Programs**

Do you work more effectively on your own or with others? Find out if you’re a “we” or a “me” when brain teasers get put to the test!

**Sunday, February 14 @ 3:00pm, LC 100**

“When Intent Doesn’t Equal Impact: Healing Relationships in the Wake of Offense” (EV, IS, PE, GCP)

**Presented by Dr. Stacey Pearson-Wharton, Special Guest Speaker**

Watch the news and it seems like there’s always a hate bias incident happening on a college campus. These racist, sexist, or homophobic acts need to be addressed, but are we tiptoeing around difficult conversations, too afraid that we might do something wrong or make things worse? This program helps campus and individuals deal with everything from minor weeds like macroaggressions, to hate bias incidents by teaching tools to heal ruptures, listen without being defensive, apologize unconditionally, and manage fears of saying or doing the wrong thing. Students will gain the skills they need help cultivate a more inclusive and socially just campus community.

**Wednesday, February 24 @ 2pm in SU407**

“Improv!” (IS & PE)

**Presented by Brendan O’Brien, Events Coordinator, Student Activities & Union Services**

As a leader, it’s important to learn how to think on your feet when the pressure is on! We’ll do some improvisational comedy activities to get you comfortable in tricky situations.
Thursday, February 25 @ 3:30pm in SU407
“Putting the Pieces Together” (GCP & IS)
Co-Presented by Sarah Melvin, RD of Scudder Hall, and Catherine Callan, Emerging Leaders Mentor
When working with a team, sometimes we each do our own piece of the project and come together at the end for the final result. How can we make sure that we complete our piece to the best of our ability, while also making sure our piece benefits the group as a whole? This workshop will demonstrate how contributing our piece of the project contributes to the overall group result.

Friday, February 26 @ 1pm in SU 407
“Remember Your Roots” (IS, EV)
Co-Presented by Jessica Purcell, EOP Advisor, and Fannely Valerio, Emerging Leaders Mentor
Plants have many different root systems to be able to support the plant. Come learn about YOUR roots and how they affect the relationships in your life with Jessica Purcell and ELM Fannely!

Tuesday, March 8 @ 3:30pm, SU407
“Agree to Disagree: Conflict Resolution and Mediation for Student Leaders” (IS, PE, GCP)
Presented by Shannon Calderon, RD of Esopus Hall
This program will provide student leaders with an opportunity to discuss causes of stress and conflict, as well as methods and approaches for mediation. Participants will review different types of conflict management styles, and as a group will brainstorm ways to best approach and work with people who exhibit these styles.

Wednesday, March 9 @ 2pm, SU407
“The Next Rung on the Leadership Ladder” (PE)
Presented by Mike Patterson, Director, Student Activities & Union Services
So you are nearing the end of the EL experience. It’s time to start thinking about translating the skills you’ve learned into talking points and into practice. Come learn how to start describing and implementing your EL experiences. You will also learn about the Co-Curricular Transcript program and how this document can serve as a tool and resource for future campus involvement and leadership growth.

Thursday, March 10 @ 3:30pm, SU407
“Leadership Compass: Appreciating Diverse Work Styles” (PE, GCP, IS)
Presented by Shannon Nelligan, RD of Bliss Hall
The purpose of this workshop is to enable participants to articulate at a higher level why they work the way they do, as well as identify skills and strengths they would like to enhance. This workshop also is a tool to bolster team accountability by pushing people to consider the way in which their styles plays out in a team, and how each person might become better at adjusting their own work styles to balance a team or fit a given work situation.

Tuesday, March 29 @ 7pm in SU 62/63
“The Leadership Style of Malcolm X”
Co-Presented by Kaba Kamene, Black Studies Department Adjunct Faculty, and Diana Suarez, Emerging Leaders Mentor
Who was Malcolm X? What can we learn from his leadership styles? Join us for this discussion-based workshop and learn about an important figure in our nation’s history and how his leadership still has an impact on us today.
Wednesday, March 30 @ 7pm in SU MPR
“How the Media Can Sway Votes and Win Elections” (EV, GCP)
Debate-style Program, hosted by Student Activities & Union Services

Months before voters go to the polls, powerful media outlets have shaped our opinions of the candidates – their haircuts and attire, their religious views and marital troubles. Are media now obstacles to serious discussion of the issues? Can Democrats get a fair shake at the hands of conservative media conglomerates? Are Republicans undermined by liberal reporters and public broadcasting? How is campaign coverage being changed by the Internet? By YouTube? By Comedy Central? Join Special Guest Speakers Cliff Kincaid and Jeff Cohen in a lively debate on the role of media in politics and elections.

Tuesday, April 5 @ 3:30pm in SU407
“How to Make Your Point”
Co-Presented by Heather Bennett, Political Science Department Adjunct Faculty, and Geraldine Humbert, Emerging Leaders Mentor

Leaders who can verbally communicate effectively can be passionate advocates for themselves and their teams and really influence change! Students will learn how to conduct meetings with elected officials such as legislators by learning the “Dos and Don’ts” of persuasive communication. Be part of a mock meeting and learn how to make your point!

Wednesday, April 6 @ 12:30pm in HUM 116
“Co-Curricular Transcript Workshop” (PE)
Presented by Mike Patterson, Director, Student Activities & Union Services

Get a head start on upcoming leadership opportunities with a step-by-step workshop giving you the inside scoop on how to best create a Co-Curricular Transcript. At this session, you will learn the ins and outs of updating your CCT throughout your New Paltz career.

Wednesday, April 6 @ 1:30pm in Student Union 2nd Floor
“2nd Annual Women’s Leadership Summit”

Hear from 31 New Paltz alumnae and thought-leaders, returning to campus to share their advice and perspectives on a variety of leadership topics. As they share their individual career paths, you can consider how to make a successful transition from college to career, how to stand out among competitive job candidates, learn about career opportunities, and balance work and life demands. This Summit is a REGISTRATION REQUIRED event (web registration posted soon), and is open to all students.

Thursday, April 7 @ 3:30pm in SU 100N
“Networking with Emerging Leaders Graduates”
Presented by Dawn McCaw, Assistant Director of the Career Resource Center, and Emerging Leaders Program Graduates

In this workshop, you will learn the basic skills of networking effectively. Networking is the key to finding opportunities for your future -- it takes practice! Start now by testing out your networking skills by meeting and interacting with past Emerging Leaders Graduates. This program is also a great chance to meet other student leaders, and hear about their leadership experience at New Paltz.

Mandatory Reflection Workshops
Every Emerging Leader must attend 1 of the 3 workshops:
- Tuesday, April 19 @ 3:30pm in SU 407
- Wednesday, April 20 @ 2pm in SU 407
- Thursday, April 21 @ 3:30pm in SU 407