



LLI MATTERS

Learning for the Love of It

July 2018

Volume 10 / Issue 1

FROM THE PRESIDENT

Our organization strives to engage people who enjoy continuing to learn. I have good reason to believe that we have been quite successful in this mission. The following is a sample of some of the intellectual tidbits I've learned in six years of teaching and attending LLI classes:



I learned that in the spectrum of Howard Gardener's seven multiple intelligences, my weak spot is the spatial realm. I always wondered why I got lost so easily. (Multiple Intelligences)

In "Shakespeare," I acquired some pretty useful insults, such as: "I dote upon his very absence." "Not Hercules could have knocked his brains out, for he had none!" "Would thou wert clean enough to spit upon!"

Did you know that you will most likely see no more than five personal record snowfalls in your lifetime – and with all the global warming that's trending, it could very well be fewer! (Don't even think of mentioning this past winter!)

That, given the way the Electoral College is constituted, the president of our United States could be elected with no more than 18% of the popular vote! (Paradoxes and Elections)

That both Bach and Shostakovich hid their names as musical signatures in some of their greatest works. (Superb Symphonies)

Why do some people seem to be happier? For the first time, scientists have demonstrated that a genetic variation in the brain makes some people inherently less anxious, and more able to forget fearful and unpleasant experiences. This lucky genetic mutation produces higher levels of the so-called bliss molecule and our own natural marijuana in our brains. Music producers now can reliably predict which songs will sell just by looking at the pleasure centers in the brain scans of first time listeners. (Science Events Discussion)

Until about the age of, and I'm guessing here, thirty, we busy ourselves learning all about the world. After that, we get on to the more important business of questioning all that we have assimilated, and resigning much of it to our mental trash file. Now I have to get on with the important job of unlearning much of what was so enjoyable to be made aware of, courtesy of LLI.

May your learning be exhilarating, and your questioning profound!

My best,
Boyd Herforth
President of LLI SUNY New Paltz 2018 - 2019

Students Helping Students: Strategic Planning and LLI

This past winter, Peter Fairweather, a professor in the SUNY New Paltz School of Business, extended an invitation to LLI to participate in his Spring Strategic Planning class.

The students in this class were introduced to four local arts and education institutions, including LLI. A representative of each organization (in our case our then-President, Jessica Rothman) gave the students an overview of what their institutions' goals and challenges were. Students then selected which organization they wished to work with. Six students: Jonathan Dunn, Kyle Dragunat, Matt Carr, Matt Leifer, Michael Black, and Irem Isik chose to work with LLI.

After several meetings with Jessica, and using information about LLI provided to them by the Council, the students created and presented a strategic plan, complete with seven separate recommendations and a proposed schedule for implementation of those recommendations, should LLI choose to accept them.

The SUNY students' ideas are far-reaching and interesting. The Council will be discussing and analyzing those which seem most relevant to us, before deciding whether to take any of the recommendations under advisement. For example, be warned, you may be harassed by Council members about joining LLI, sitting at a table, outside your local supermarket.

This ambitious project was a wonderful way to connect with the undergrads who are otherwise unaware of LLI, as well as introducing LLI to new ideas. It has proven to be a successful attempt to strengthen the ties between the University and LLI.



“The only source of Knowledge is Experience”

- Albert Einstein

LLI Membership/Benefits from SUNY-New Paltz



- ◆ Membership fee of \$120 entitles you to enroll in 6 classes out of a selection of over 33 courses in both the Fall and Spring semesters. You are also invited to many other LLI events, including trips and informative brunches. Please note: The membership dues were increased by \$5 which is earmarked for the LLI scholarship awarded to a non-traditional undergraduate.
- ◆ The classrooms we use on Wednesdays and the technical support the presenters receive during classes are all provided free from SUNY. The SUNY administration is happy to have LLI on campus and offers the following discounts and opportunities to our students beyond our reduced price parking tags:
 - ⇒ Members are allowed to join the new Wellness Center on campus for a reduced fee for one semester or for the year. This gives one access to the circuit, the weight room and the dance classes. The old Elting Gym also has a swimming pool, racquetball courts and ping pong tables available.
 - ⇒ The Department of Fine and Performing Arts gladly accepts the LLI membership card as a form of student identification. The card allows one to pay the reduced student rate for art (Dorsky Museum), theater (McKenna and Parker) and special events (Lecture Center). You can use the library but by becoming a Friend of the Library for a minimum donation of \$30, you are able to take books out of the library as well.
 - ⇒ The various campus dining options are always available to everyone. The remodeled Wooster Hall (which is just across the concourse from Humanities and Lecture Center classes) now hosts a lovely restaurant.
 - ⇒ You can sign up for email from the college to receive announcements of the events on campus or check out www.newpaltz.edu.

Auditing Classes



Persons over 60 years of age, who would like to audit a course must obtain an audit form from the Office of Records and Registration. The completed form must have the approval and signatures of the chair of the department offering the course and the course instructor. The audit form must be returned to the department offering the course by the end of the "course add period."

The audit privilege permits the auditor to attend a course, providing there is room in the course and the necessary approvals have been granted, and to do assignments, but it does not permit the auditor to take examinations in the course or to have his/her work evaluated in any other way. The auditor receives no grade for the course, nor is any record of course attendance kept in the Office of Records and Registration.

Audit privileges are not ordinarily available in studio, online, laboratory or performance courses, or courses where class participation of students is of major importance, nor are they available in credit-free courses offered by the institution or in any foreign study program or course.

Introducing Presenter, Richard Sullivan



I love Rock-n-Roll!! Well, that says it all.

I grew up on Long Island during the 1950's, and of course that was the time frame during which Rock n Roll came into its own (to discover if that's when it began, you'll have to take my classes).

By age 12, I was an avid listener to Rock-n-Roll.

In my later teens, I was a member of an acappella group formed by friends in high school. Later I fell in love with SOUL music, and by the 1970's became an avid fan of what we now call Classic Rock.

15 years ago I discovered the DooWop Cafe on the Internet. It is a doo wop internet radio station and club. It has opened up a whole new world for me. I am a DJ. Through the club, I've met many of the

stars of the 50's and early 60's.

A highlight of being a member was at one of the luncheons in NYC: It was two weeks prior to Anne and I marrying. Melvin Love, lead singer of The Solitaires (who still has a velvety voice), sang "Wisdom of A Fool" (originally made famous by Rudy West and the Five Keys), to Anne and I, while standing in front of our table. All I can say is "WOW!!".

Six years ago, a friend told me about Lifelong Learning, after he and I were discussing oldies, and suggested I teach here. At first I was extremely nervous, not feeling confident. Anne convinced me I could. Well, here I am 6 years later and still Rocking!!

Professionally, I am a Licensed Certified Social Worker (with a specialty in Alcohol and Drugs), and have worked as a counselor for 40 years. I am in private practice in Newburgh.

My internet show is located on www.dooopcafe.org. I'm on the air Monday-Thursday 7-9AM, and Fridays 7 – 8AM.



Introducing Presenter, Bill Goldman



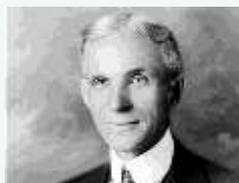
I graduated with a degree in mathematics from Case Western Reserve in 1967. My wife and I were Peace Corps volunteers in Tonga in 1970-71. I completed an MSc in Demography at the London School of Economics in 1975. I then joined the US Agency for International Development (USAID) as a foreign service officer where I worked for 25 years. During this time I worked and lived in the Philippines, Ecuador, Bangladesh, India and Jordan managing international assistance for reproductive health, population, child survival, HIV/AIDS, infectious diseases and related public health programs. After retiring from the government, I worked in international public health for private companies in the Philippines and Moldova. Overall I lived and worked overseas for 30 years.

We moved to the New Paltz area four years ago to be near and help with our granddaughter. I had previously participated as a student in several LLI programs including at Case Western Reserve, Duke, and Vanderbilt. A large majority of the LLI courses were lectures with limited room for discussion. When the Duke LLI program initiated a current events discussion course, they had to quickly establish a second group given its popularity, so when I enrolled in the SUNY LLI program and noticed there was no current events discussion class, I proposed one to the curriculum committee. They took a gamble and initiated the course two years ago. I have been teaching one every semester since. It provides a great opportunity for LLI members to express themselves and to hear what others think about current events in a structured group fashion. Come join us.

“Anyone who stops learning is old, whether at twenty or eighty.
Anyone who keeps learning stays young.

The greatest thing in life is to keep your mind young”.

— *Henry Ford*



LLI Council 2018-2019

Officers

| | |
|----------------------|--|
| President | Boyd Herforth: hbherforth@gmail.com |
| Vice President | Diane Fiscina: dfiscina3@hotmail.com |
| Treasurer | Faith Nichols: faitnichols@msn.com |
| Secretary | Linda Lee Paquin: linda.paquin@me.com |
| Immed Past President | Jessica Rothman: shearoth75@gmail.com |
| Members at Large | Alma Sloan: roundheels4@gmail.com |
| | Stefi Morrison: smorrison2@hvc.rr.com |
| | Ellen Berlin: zeeventure.woman@gmail.com |

STANDING COMMITTEE CHAIRS

| | |
|------------------------|--|
| Curriculum Development | VACANT: Can you help? |
| Catalog | Marilou Abramshe: maeducator@hvc.rr.com |
| Classroom Management | Marilou Abramshe: maeducator@hvc.rr.com |
| Classroom Assistants | Jessica Rothman: shearoth75@gmail.com |
| Membership | Marny Janson: mljanson1@gmail.com |
| Events | Alma Sloan: roundheels4@gmail.com |
| | Dorothy Tyno: dottyno@earthlink.net |
| | Margaret McDowell: bbermac@aol.com |
| Volunteers | Alice Barner: alice.barner@gmail.com |
| Public Relations | Carole Heyl: cehey@cs.com |
| Social Media | Phyllis Sturm: sturmpny@gmail.com |

OTHERS

| | |
|-------------------------|---|
| Registrar & Admin Asst. | Jean Poirier: lifetime@newpaltz.edu |
| SUNY New Paltz Liaison | Dr. Shala Mills, Assistant VP graduate and Extended Learning: millss@newpaltz.edu |

IN MEMORIAM



Barbara "Bonnie" Hyde (1943-2018)
Chair- Classroom Assistants
Member-Curriculum and Events Committees

Jay Bishop (1933-2018) Treasurer

Lillian Byrd (1926-2018) Presenter

Lisa Resnick (1960-2018) LLI member





Recent private performance by the Hudson Valley Folk Guild



Upcoming Brunch

September 6th—Nancy Van Laan presents the participants in her LLI Theater workshop course. They formed an acting ensemble and are going to present a production called “Bits ‘n Pieces”. This will center on various aspects of the aging process with monologues, songs, poems and short vignettes.

The Council wishes Jane Winters all the best in her retirement as it welcomes back our original Registrar, Jean Poirier.



Volunteers

If you would like to help the organization function optimally, consider volunteering. Some things we need help with are classroom assistants, mailings, phone-a-thons or perhaps you recognize something else which needs your help improving.

Email Alice.Barner@gmail.com to find out about other volunteer opportunities.

Curriculum Committee Members

This dynamic and exciting committee finds and finalizes the courses we offer during future semesters.

Social Media-Technical help

Knowledge of Facebook administration, Word or Publisher helpful.

PLEASE SPREAD THE WORD

We trust you enjoy your classes and extracurricular activities. LLI wants your friends and family as members, therefore let them know about LLI. Please print copies of the next page and post it where people congregate to increase our visibility, as well.



Watch for our Fall catalog at the end of July 2018 both Online and in stores

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- ◆ *Courses and activities designed for those 55 and older*
 - *Fall and Spring classes on a wide variety of topics*
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e.g. An antidote to tired museum feet: was

LLI's "Virtual Tour of Great Museums" with comfy chairs, expert guide and closer than Paris.

Online at: www.newpaltz.edu/lifetime
www.newpaltz.edu/lifetime/catalog.html



lifetime learning institute - new paltz



Contact us: lifetime@newpaltz.edu or (845) 257-2892

LLI Fall 2018 Course Offerings THANK YOU PRESENTERS

| | |
|---|--|
| Beginners Mah Jongg | Linda Pachter |
| Current Events | Bill Goldman |
| Getting the Most from your DNA Test Results | Marny Janson |
| Heavenly Sacred Music | Boyd Herforth |
| Shocking Events - A history of Electricity and Magnetism | Bill Tuel |
| The Hebrew Prophets | Rena Blumenthal |
| Voices of Protest in Poetry and song | Rene Bonne |
| William's Women | Lou Trapani |
| A Better Origin Story | Shawn Johnston |
| Find your voice in Poetry | Rich Parisio |
| Four Legends of Soul Part 1 | Richard Sullivan |
| Native American History - An Introduction | Sally Bermanzohn, Dr. Airy Dixon, Evan Pritchard, Nick Miles |
| Who are these Guys - The Justices of the Supreme Court | Don Roper |
| A Beginner's Guide to Jewish Customs and Practices Part 1 | Alan Rothman |
| Beyond Riding- the Horse/Human Connection | Cori Nichols |
| Experiencing Art: Seeing, Learning, Discussing and Responding | Zachary Bowman |
| Understand and Maintain your home systems and save money | Alan Rothman |
| Weapons of Mass Destruction | Lewis Brownstein |
| World History through Clothing | Joe Britto and Tom Mounkhal |
| Book Repair - | Eric Chambers |
| Introduction to Tap Dance | Anita-Jean McMonigle |
| The Photo Series- Reframing your Neighborhood | Sasha Louis Bush |
| Type of Tourism | Fred Mayo |
| Writing the Ten Minute Play | Nancy Van Laan |
| Dry Pastels | Andrea McFarland |
| Exploring Better Communication | Kathy Mazzetti |
| Lore and Technique of East Asian Writing | Aaron Cohen |
| This is Your Life | Joyce Schiff |
| Fold Everything all about Origami | Kathryn Paulson |
| How to stay Healthy in an Unhealthy World - Part 2 | Eliot S Hudes |
| More Lost Industries of Ulster County | Marilou Abramshe |
| Psychoanalytic Theory: From Shadow to Id | Linda Mockler |
| Book Discussion | Judy Reichler |
| Different is Good | Elizabeth Anne DiPippo |
| Season Ticket Part 1 - Into the Woods | Jessica Rothman |

Class Photos



Class Photos



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OF
SUNY NEW PALTZ**

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2017 – 2018
May 23, 2018**



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www.NewPaltz.edu/lifetime



**LEARNING
FOR THE FUN OF IT!**

LLI MISSION STATEMENT

The Lifetime Learning Institute of New Paltz promotes diverse and enriching learning experiences for older adults, provides opportunities for social interaction, and encourages individuals to use their knowledge and skills in creative ways.

**Fall 2018 classes will run
Wednesday, Sept 12th through
Friday, Nov 9th**

**Watch your mail for the catalog
in late-July or check website:**

www.newpaltz.edu/lifetime/catalog.html



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Email: lifetime@newpaltz.edu



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HERE

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Mailing Address Line 4
Mailing Address Line 5

Checkout our website: [newpaltz.edu/lifetime\(/catalog.html\)](http://newpaltz.edu/lifetime(/catalog.html))

PLEASE Like  our Facebook page:

[Lifetime Learning Institute—New Paltz](#)