



LLI MATTERS

Lifetime Learning Institute at SUNY New Paltz

Volume 5, Number 1 January 2013

President's Letter

Dear LLI members,

A warm greeting comes with this our winter newsletter and a sincere hope that you all enjoyed a Happy and Healthy Holiday.

We have had a successful but challenging Fall semester and hope you enjoyed the diverse course offerings. We are looking forward to our Spring semester, which will begin in March. We plan to offer 27 classes. We are excited to

have designed a new and different catalog more in keeping with other adult-learning catalogs in our area. One purpose of the new design has been to make it more user friendly.

Please also check on the following pages our intersession events, which include a lecture by Jim Ottaway on a timely and highly interesting topic and a film series featuring the work of Cole Porter.

We'll now be able to get the student discounted rate at SUNY New Paltz Fine and



Margaret Armento-McDowell

Performing Arts events when we show our LLI membership card.

Finally on a personal note I can't believe my tenure as president is coming to an end and I have been blessed to have had such a wonderful Council for assistance and guidance. So great was their support that it's hard to imagine managing without them. I would also like to thank the Classroom Assistants and the many others who make LLI a

reality.

I hope you had a Happy and Wondrous New Year and I look forward to seeing you at the March 8th Annual Meeting.

Please feel free to call me at the LLI phone number (845-257-2892) for any suggestions or concerns.

Sincerely,
Margaret Armento-McDowell

LLI President

Jim Ottaway to Deliver a Lecture in January

“With so many different sources of news today, what can you believe?” This lecture will discuss the shrinking number of original news reporters, and the economic decline of newspapers. The lecture will refer to the explosion of new forms of news and opinion on the Internet that are difficult for unbiased readers to judge.

Jim Ottaway is the retired chairman of Ottaway Newspapers, Inc., former publisher of 20 daily newspapers across the United States, including the Times-Herald Record in Middletown.

He is also retired director and senior vice-president of the Dow Jones and Company, publisher of Wall Street Journal.

The lecture will be given at Woodland Pond on January 22nd from 2:00 to 4:00 p.m. If the weather is bad, it will be postponed until January 29th. Please park between the green lines that are reserved for drivers visiting Woodland Pond.



LLI Annual Meeting on March 8th at 9:30 a.m. at Woodland Pond, N. Putt Corners Rd., 1.3 miles north of Main Street, New Paltz. Please park between the green lines reserved for visitors.

Intercession Films: The Films of Cole Porter

Dr. Carole Ford will again present films from the golden age of musical theater. All of the films will be



Cole Porter at the piano

shown at Woodland Pond on Wednesdays at 12:30 p.m.

Dr. Ford attended the Juilliard School of Music's pre-college division and majored in music before she earned her degrees in American

and Education History. She has always had a special interest in and love for American musical theater.

In this Cole-Porter series, she will introduce five of his films, placing them in their historical context and offer some behind-the-

scenes information about the creators, actors, and production process. The films to be shown have been selected because they represent the range of Porter's enormous talent in writing both music and lyrics.

The film titles and dates are:

Jan. 30 Anything Goes

Feb. 6 Kiss Me Kate

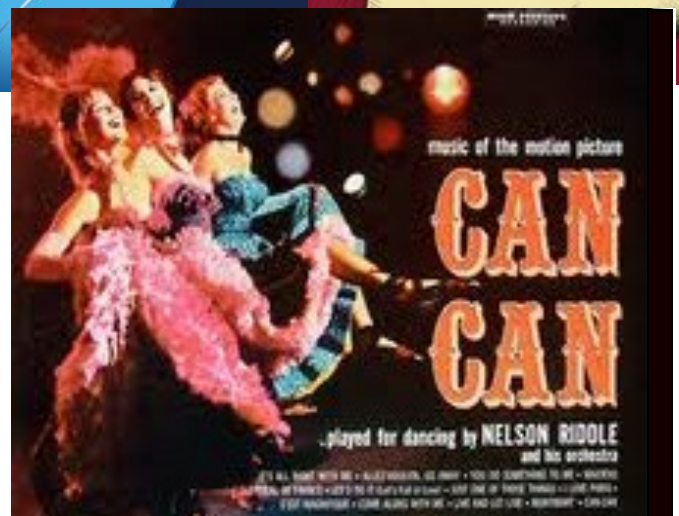
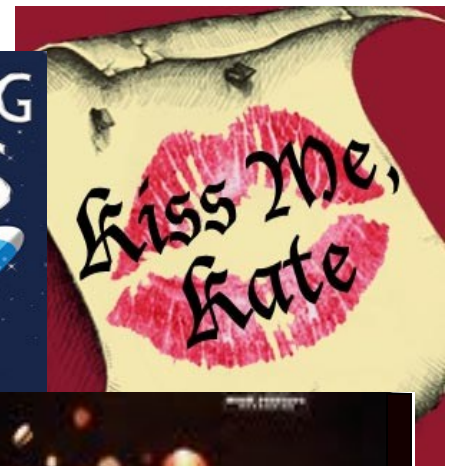
Feb. 13 High Society

Feb. 20 Can-Can

Feb. 27 De-Lovely

The last of these films, De-Lovely, is an off-beat biography of Porter starring Kevin Kline and Ashley Judd.

Visitors who come to Woodland Pond are asked to park between the green lines around the perimeter of the road that goes around the building.



How LLI New Paltz Began — A Brief History

Lyn Mayo

My first encounter with Lifetime Learning was in Ashland, Oregon, a community the size of New Paltz which also housed a similar size college, Southern Oregon University. I became a member and soon learned that there were sister all-volunteer organizations for seniors connected to various colleges and universities throughout the country. This network of programs was sponsored by Elderhostel and the hosting institutions. When I returned to the Hudson Valley, I became a member of the Bard program and joined the curriculum committee.

In the spring of 2007 the curriculum chair of the Marist program was a guest at a Bard curriculum meeting. He was very concerned that Marist had a waiting list of 500 seniors. The Bard program was reaching capacity. I was encouraged to see if I could get a group together to start a program on the west side of the river. I met with the Dean in the Office of Extended Learning at SUNY New Paltz. She was open to the college sponsoring a program.

It was suggested we take a year to develop LLI but it soon became apparent that a year would not be needed. One morning a small group of seniors met at the Bakery, became excited, and planned

the next step.

In April we had an informational meeting open to the community. Sixty-five people showed up. A friend



Dr. Lyn Mayo

whispered to me, "Do you see who are here?" Most of the seniors who get things done in the area were present. After a presentation to explain the network and program, everyone became enthusiastic about starting a program. We then broke into committees — membership, curriculum, finance, etc. Each group took a different corner of the room, elected a chairperson, and found a time to meet again.

Members of the membership committee later spoke to various senior groups. The finance committee met with the SUNY foundation to obtain the financial oversight required by Elderhostel. The curriculum committee found faculty, developed sixteen courses, and created our first catalog which was mailed in early July and also put in public places throughout the area. A retired Ulster County Com-

munity College registrar volunteered to be our registrar and began setting up the necessary computer network. LLI classes started the fall of 2007. The first LLI council was formed and began creating by-laws that were passed at our first community meeting.

Many people contributed to the efforts of the founding group. Some obtained the guidelines for starting a program found on the Elderhostel website along with copies of other programs' catalogs and by-laws, another gleaned ideas from a northeast regional conference of similar programs, the Elderhostel Regional Director gave helpful advice, the Bard LLI officers and registrar met with us and offered insights and encouragement.

We are grateful to all of them. Yet it was the diligence of the founding group that gave birth to this beautiful program. Since then many talented and dedicated members have volunteered, served on committees, become council members and officers in order to help the program grow and flourish.



Lynne Friedman - Art Instructor

Terry Scott

Dr. Lynne Friedman is an example of one the many fine volunteer instructors our students are fortunate to have. Her credentials are outstanding. Lynne has earned a Bachelor of Arts and Master of Fine Arts at Queens College and a doctorate of education at Columbia University.

The Poughkeepsie Journal reports that this year the U.S. Embassies program chose her work to appear in several international embassies. Her work is also in a number of corporate collections.

Lynne's beautiful landscapes have been shown in Spain, France, Ireland, and Costa Rica where she had been awarded residency grants to work and study. Her work has been shown in Manhattan and in many local galleries.

Lynne's background translates well in the classroom. She allows her students a



Aerial View of Chama River Valley by Lynne Friedman.



Dr. Lynne Friedman (on the right) making a point to student Louise Bindman (on the left).

variety of experiences in drawing line and volume using pencil, Conte crayon, charcoal, and their imaginations. Lynne, who encourages and supports her students, can often be seen carrying fruits, vegetables, vases, and other sorts of interesting items for her students to use in their compositions. Those who have taken Lynne's classes have profited in their ability to observe and execute their artistic vision.

LLI classes start again on March 20th.

No classes the week of March 25 (Spring break on campus)

Look for your spring catalog in January.

Once again, we are offering courses on Wednesdays and Fridays. Most Wednesday classes are held on the SUNY campus; Friday classes are held either in town or at nearby locations.

Be sure to send in your registration form early

Some classes fill up quickly

Reduce Your Carbon Footprint and Save Money - Take the LOOP Bus

Rosalyn Cherry

Using the LOOP bus is a lot easier than many people realize. At 50¢ per ride, the price is right, and even better for seniors who get a 50% discount if they ride between 10 a.m. and 2 p.m. With the high cost of automobile travel, the LOOP bus is easy on your wallet. It is also more environmentally friendly because of the low per person exhaust emissions when a number of people are riding in the same vehicle. **Note that you will need exact change.**

There are lots of options for boarding the bus because it's specially equipped with a ramp. Consequently almost anyone can get on, including those in a wheelchair, using a walker, or with a stroller. Even riders who find steps challenging can get on. It's easy to get up the steps with or without a cane. I have seen people bring grocery-laden shopping carts on the bus with the assistance of kind bus drivers.

As shown by the Bus Route Map that appears on the next page, the bus starts at BOCES on Route 32 North (at **START** on the Route Map), and goes through the village, alternating Main Street with Henry W. DuBois to Shop Rite and Stop & Shop on the way through the SUNY campus back to BOCES. There are a few bus stops in addition to the stops at the supermarkets. Otherwise just flag the bus from a safe spot as it approaches. The bus runs every half hour from 7:30 a.m. to 10:00 p.m., five days a week. There are meal breaks for the drivers but otherwise buses run about every half hour.

You can even make a reservation for next-day curb-to-curb service. Simply call 845-334-8120, Monday through Friday, 9:00 a.m. to 4:00 p.m. Telephone confirmation is requested on the day of service. Additionally, you can call 845-340-3333 for help in figuring out where and when to get the bus. The telephone clerks are helpful and pleasant. Or go online at www.ulstercountyny.gov/ucats/. At that website you will find a schedule showing the times when a bus will be at various points along the route. Would you like a printed copy of the time schedule? Call 845-340-3333 and they will mail you one.

There are creative ways to use the bus. Bike racks are on the front of the bus. One LLI member has gone up the hill in the bus with her bike on the bus rack and come back downhill riding her bike with a few items in her basket.

The LOOP bus goes by Town Hall for activities at the Community Center. This year arrangements were made so that LLI students could use the LOOP bus for getting to LLI classes.

Think about taking a bus with a few friends. Also, there is plenty of free parking at Park & Ride on Route 32 North across from



Rosalyn Cherry, cane in hand, can easily board the bus.

Stewart's. It is also right next to the rail trail. You could walk or bike to Water Street Market using the rail trail.

When I moved to New Paltz, Lifetime Learning Institute was at the end of its first year and I was able to join in the fall of 2008. As someone new, LLI was an ideal way to blend right in to the community. A second stroke of good luck followed the next year with the introduction of the LOOP bus. Who could ask for anything more?

The LOOP bus came about by the efforts of Ben Olsen, President of SUNY's Student Association. He created a package to include the Town of New Paltz and Ulster County Area Transit (UCAT.) Alone none could pull it off, but together it happened! Thank you, Ben!

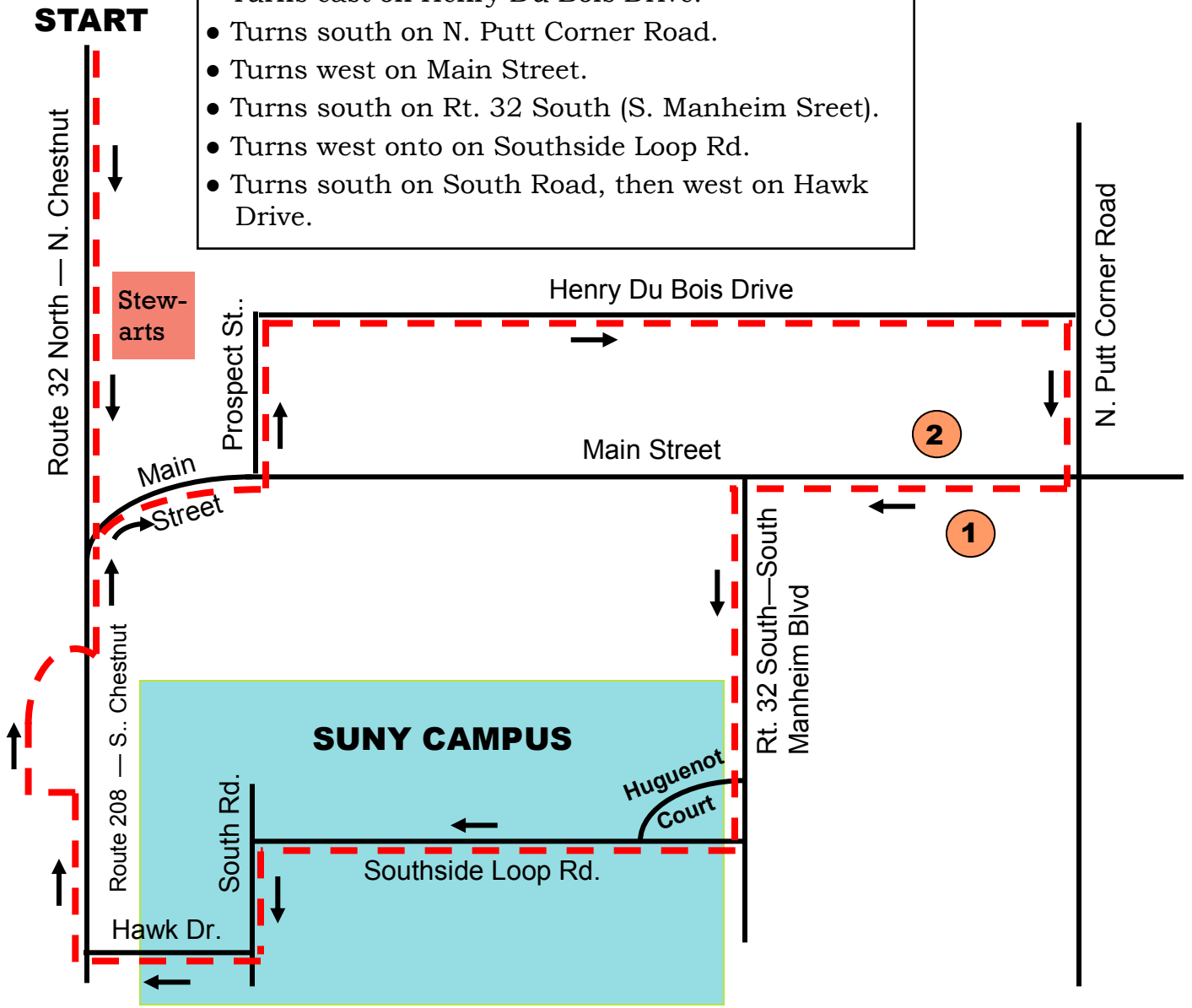
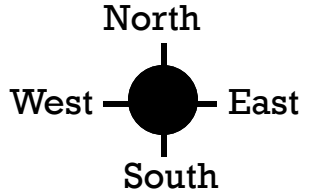
LOOP Bus Route Map

The bus route is shown by the dashed line.

You can get on the bus at any point along its route by simply hailing it with the wave of a hand. Additionally the bus makes stops in front of ShopRite Supermarket (encircled number 1) and Stop & Shop Supermarket (encircled number 2). See the article in this issue by Rosalyn Cherry for more information.

Buses can go in the direction shown by the arrows on the map and described in the box below, but they can also go around the LOOP in the opposite direction (West on Henry Du Bois and East on Main St.)

- The bus heads south on Rt. 32 North (N. Chestnut St.) See **START** on map.
- Goes east on Main Street.
- Turns north on Prospect St.
- Turns east on Henry Du Bois Drive.
- Turns south on N. Putt Corner Road.
- Turns west on Main Street.
- Turns south on Rt. 32 South (S. Manheim Sreet).
- Turns west onto on Southside Loop Rd.
- Turns south on South Road, then west on Hawk Drive.



Information of Interest to Non-LLI Members

For a brochure describing the benefits of LLI membership, email us at our email address or send a request to the following address: Lifetime Learning Institute, P.O. Box 275, New Paltz, NY 12561. Include your name, mailing address, your telephone number, and email address (if you have one).

A Note From Registrar Jean Poirier

- If you or someone you know would like to receive a catalog or brochure about the Lifetime Learning Institute, one can be requested by sending your mailing address to: lifetime@newpaltz.edu
- Our Spring 2013 Course Catalog will be mailed in January. Be sure to register early to ensure a space in the classes you would like to take. If you will be away in January and February, and need your catalog mailed to an alternate address, please email me, Jean Poirier, at lifetime@newpaltz.edu.
- Please volunteer to serve as a Class Assistant (CA) in one of the classes you are registering for. We need your help! Let us know by circling the class you choose to serve as a CA on your registration form. The LLI Classroom-Assistant coordinator will contact you with instructions and pertinent information.
- **The Spring registration deadline is March 1st.** Please check your calendars to make sure you can attend all of your class sessions. Please do not register for a class for which you cannot attend a good majority of the classes – especially those with limited space.
- Members may take the equivalent of eight 4-week classes.
- Registration confirmation letters will be mailed to all those who have registered for classes shortly after the registration deadline on March 1st. We need time after the deadline to confirm classes and finalize room assignments based on enrollments.
- **Has Your Contact Information changed?** Please remember to notify us if you have a new phone, email, or mailing address. You can do so by e-mailing the new information to the LLI email address at lifetime@newpaltz.edu.

Do You Have Home-Bound Family or Friends?

A lifetime learning program exists called DOROT. This is an organization that believes in reducing the social isolation of older adults and improving their lives and health. DOROT



provides many services, among which is their “University Without Walls.” This makes it possible for home-bound older adults to participate in educational programs while at home. Hundreds of classes are offered yearly, including but not limited to the arts, history, and current events. The student takes these courses by using teleconferencing. When it’s time for the course to begin, students telephone a particular telephone

number. As the course is being presented by the instructor over the phone, students have an opportunity to give responses to what the instructor says, ask questions, etc. Each course typically lasts for a semester.

If you are interested in taking a course, call 1-212-769-2850. If you have internet access, go to their website at www.dorotusa.org. They reportedly are available to Ulster County residents.

How to Get the Most Out of Your LLI Membership

Renew for 2012-2013

With almost 235 paying members this year, we expect an even stronger program as we begin our 5th year in September. The annual membership fee remains \$115. **Send in your membership form when you receive the fall catalog.**

Attend classes and events

Your membership fee entitles you to an assortment of courses, special lecture programs and films, and other activities.

Help us run the organization

LLI is run by volunteer members, and there are so many ways to help out. **One particularly gratifying contribution is to be the classroom assistant in one of your**

courses. You handle communications between the teacher and the students and assist in other ways. It's a good way to participate in the program and get to know people along the way. Gail Picciati, chair of the classroom assistants committee, says that "the assistants report that a minimum of time is required and that they always feel useful and appreciated."

If you want to help grow and serve the organization, **join the membership committee.** Or volunteer for the **curriculum committee**, where you will work with instructors and help select the courses. Or just say you're willing to **help in some small way, like participating in occasional mailings.** You can indicate your interest on the membership form.

Having Trouble Parking on the SUNY Campus?

Try the LOOP bus (see the article on page 6). It travels through the core areas of New Paltz and the SUNY campus. Ask the driver to drop you off at the **Wooster Science parking lot** (close to the Humanities Building) and say which bus you wish to return on. There's free parking at the Route 32 N. Park & Ride (across from Stewart's), but the LOOP can be boarded anywhere along the route.

For the full schedule and map, call 340-3333 or go to www.co.ulster.ny.us/ucat/schedules/new_paltz_loop_map.pdf.



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(845) 257-2892

lifetime@newpaltz.edu www.newpaltz.edu/lifetime

Jean Poirier, Registrar

LLI Council

Officers

President: Margaret Armento-McDowell

Vice President: Terry Scott

Secretary: Susan Webber

Treasurer: Ed Rogers

Immediate Past President: Sally Rhoads

Registration Coordinator: Jean Poirier

Standing Committees

Current Classroom Affairs: Gail Picciati

Events: Alan Rothman

Membership: Marny Janson

Public Relations: Joe Tantillo

Volunteers: Dolly Wodin

Course Development: Sheyda Eversley

Co-Chair Course Catalog and

Classroom Management: Marilou Abramshe

Members-at-Large

Ruth Bean

Mary Louise Van Winkle

Marion Ryan

Ex Officio

Helise Winters

Dean of Regional Education
SUNY New Paltz

Newsletter Editor

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