

I need a vegetarian lunch option.

I am interested in receiving .50 of a SUNY New Paltz Continuing Education Unit (CEU) for attending this conference for an additional charge of \$25. Please send me the CEU registration form.

I need an American Sign Language interpreter. (Please register by March 16, 2009 if you need an interpreter.)

Conference facilities are wheelchair accessible. Please call Conference Services at (845) 257-3033 if you use a wheelchair or have other accessibility needs.

Please indicate which of the following best describes your role:

- SUNY New Paltz Faculty/Staff
 SUNY New Paltz Student
 Non-SUNY New Paltz Student
 Mental Health Professional
 Social Services Professional
 Hospital/Medical Professional
 Educational Professional
 Uniformed Services/First Responder
 Red Cross Worker
 Spiritual Care Provider
 Community Member
 Other: _____

Please indicate your workshop preference:

EITHER select ONE of the following three-hour long workshops:

____ American Red Cross Psychological First Aid

____ Developing a Screen and Treat Plan, for Disaster Mental Health Leaders
Please note that admission to this session requires the approval of the conference organizers. If you would like to attend this workshop, please describe your professional role:

OR

Rank your top three topic choices for 1¼-hour-long concurrent workshops. You will be assigned to TWO of these workshop topics.

- ____ Psychological First Aid with Children
____ The Impact of Trauma on the Relationships of First Responders
____ Counseling Bereaved Children and Adolescents
____ Wellness in Chaos: Self-Care Skills for Disaster Responders
____ Substance Abuse Issues in Disaster Recovery
____ Cross-Cultural Issues in Disaster Response and Recovery
____ Best Practices and Challenges in Disaster Chaplaincy and Spiritual Care

This form may be duplicated.

CONFERENCE DIRECTOR

James Halpern, Ph.D.

IDMH Director and Professor of Psychology at SUNY New Paltz, Dr. Halpern is Chair of Disaster Mental Health Services for the Ulster County Chapter of the American Red Cross and has responded to both local and large-scale national disasters. He is co-author of the textbook *Disaster Mental Health: Theory and Practice*.

CONFERENCE COORDINATORS

Phyllis R. Freeman, Ph.D.

Associate Professor of Psychology at SUNY New Paltz. Dr. Freeman is the founding Chair of the IDMH Advisory Board and a Visiting Lecturer in the Department of Behavioral Sciences and Community Health in the School of Public Health at New York Medical College.

Karla Vermeulen, MA

Ms. Vermeulen is the Coordinator of the IDMH and a Lecturer in the Psychology Department at SUNY New Paltz.

LOCAL LODGING

A special conference rate is offered at Minnewaska Lodge, 845-255-1110

Other lodging is available at:
Econo Lodge, 845-244-6200
Lefevre House B&B, 845-255-4747
Mohonk Mountain House, 845-255-1000
Rodeway Inn & Suites, 845-883-7373
Super 8 Lodging, 845-255-8865
For other lodging suggestions: www.newpaltzchamber.org

DIRECTIONS AND PARKING INFORMATION

www.newpaltz.edu/visitorsguide

IDMH OFFICE

(845) 257-3477
idmh@newpaltz.edu
www.newpaltz.edu/idmh

SPECIAL THANKS to our Conference and Institute Sponsors:

- The Substance Abuse and Mental Health Services Administration, for a Knowledge Dissemination Conference Grant
- The New York State Office of Mental Health
- The New York State Department of Health
- Campus Auxiliary Services at SUNY New Paltz

1074725
Institute for Disaster Mental Health
SUNY New Paltz
1 Hawk Drive
New Paltz, NY 12561-2443

SUNY NEW PALTZ

INSTITUTE FOR
DISASTER MENTAL HEALTH

6TH ANNUAL CONFERENCE:

In the Wake of Disaster:
**EFFECTIVE MENTAL
HEALTH INTERVENTIONS**



**IN THE WAKE OF DISASTER:
EFFECTIVE MENTAL HEALTH
INTERVENTIONS**

**Institute for Disaster Mental Health
6th Annual Conference
Friday, April 17, 2009
SUNY New Paltz**

A growing body of evidence indicates that delivering appropriate mental health interventions such as psychological first aid and psychoeducation in the immediate aftermath of disasters can help to prevent serious sequelae in those impacted. Additionally, effective screening methods can help responders direct limited longer-term mental health resources to those who need them most.

This conference will promote disaster preparedness and planning to support those health and mental health providers, emergency management personnel, spiritual care providers, first responders and community responders who will be providing assistance to survivors and their families during the early aftermath of a disaster.

Morning keynote speakers will highlight recent evidence-based approaches to the assessment and treatment of disaster survivors and their families. Afternoon workshops will provide more in-depth information and training on these interventions as well as additional options such as self-care for helpers, spiritual care, and assisting first responders, bereaved children, people with substance abuse issues, and more. A lunchtime panel will discuss issues of cooperation and coordination among New York State agencies involved in disaster mental health response efforts.

SCHEDULE - FRIDAY, APRIL 17, 2009

- 8:30 – 9:00 **Breakfast and On-Site Registration**
Campus Lecture Center Lobby
- 9:00 – 9:15 **Welcome** – Steven Poskanzer, President,
SUNY New Paltz
Introductory Remarks – James Halpern, Ph.D.,
Director, IDMH
- 9:15 – 10:30 **Keynote: Principles and Research on Early
Intervention and the Screen and Treat Approach**
Chris Brewin, Ph.D.
- 10:30 – 11:00 **Coffee break**
Lecture Center Lobby
- 11:00 – 12:15 **Expert Panel – Innovations in Early Intervention**
• **Assisting Survivors Via Technology:**
Gerald McCleery, Ph.D.
• **Assisting Children:** Paula Madrid, Psy.D.
• **Multicultural Perspectives:** Monica J. Indart, Psy.D.
- 12:15 – 1:45 **Lunch break with optional working lunch:
New York State Officials Discuss a Coordinated
Response to Disaster**
Moderator: Alan S. Chartock, Ph.D., President, WAMC
Northeast Public Radio

AFTERNOON WORKSHOPS

Note: Participants may either attend two standard 1¼-hour-long workshops, or one extended 3-hour-long workshop.

- 2:00 – 3:15 **Standard Concurrent Professional Workshops,
Session I:**
- **Psychological First Aid with Children:** Paula Madrid, Psy.D.
 - **The Impact of Trauma on the Relationships of First Responders:**
Dianne Kane, DSW & Paul Greene, Ph.D.
 - **Counseling Bereaved Children and Adolescents:**
Kathleen (KatySue) Tillman, Ph.D. & Jeannie Straussman, LCSW
 - **Wellness in Chaos: Self-Care Skills for Disaster Responders:**
Mary Tramontin, Psy.D. & Meredith Johnson
 - **Substance Abuse Issues in Disaster Recovery:**
Richard E. Isralowitz, Ph.D.
 - **Cross-Cultural Issues in Disaster Response and Recovery:**
Monica J. Indart, Psy.D.

- **Best Practices and Challenges in Disaster Chaplaincy and
Spiritual Care:**
Peter B. Gudaitis, M.Div., Ali Gheith, MS, MPH, & Rabbi Stephen B.
Roberts, BCJC, MBAOR

3:15- 3:45 **Coffee Break**

3:45 – 5:00 **Standard Concurrent Professional Workshops,
Session II** (repeat of session I topics)

OR

2:00 – 5:00 **Extended Professional Workshops**

I. American Red Cross Psychological First Aid

Michael Cronin, Ph.D., LCSW
This course teaches participants to provide basic care, comfort, and support to people who are experiencing disaster-related stress by providing a framework for understanding factors that affect the stress responses of disaster relief workers and the clients they serve. (Please see www.newpaltz.edu/idmh for information on course card eligibility for Red Cross volunteers.)

**II. Developing a Screen and Treat Plan, for Disaster Mental
Health Leaders**

Chris R. Brewin, Ph.D.
Please note that this session is intended for leaders of governmental and non-governmental agencies who are likely to be directly involved in the mental health response to disasters, and who would like to learn how to organize and train an outreach team to implement the Screen and Treat approach. Registration in this session will be limited and will require the approval of the conference organizers.

5:00- 6:00 **Networking and Tabling**
Lecture Center Lobby

For workshop descriptions, speaker bios, & additional conference information, please see our website: www.newpaltz.edu/idmh

**IN THE WAKE OF DISASTER:
EFFECTIVE MENTAL HEALTH INTERVENTIONS**

**Institute for Disaster Mental Health
6th Annual Conference Registration Form
Friday, April 17, 2009**

To register by mail:

Please complete both sides of this form and return it to:
Christine Waldo-Klinger
Conference Services, SUB 100
SUNY New Paltz
1 Hawk Drive
New Paltz NY, 12561-2443
Fax: (845) 257-3036

To register by phone:

Please call (845) 257-3034 between 8:30 and 5:00 EST, Monday - Friday

Name: _____

Address: _____

Email: _____

Telephone: _____

\$55 – Early Registration (until March 16)
\$65 – Regular Registration (March 17 – April 10)
\$85 – On-site Registration (April 17, space as available)
\$25 – Non -SUNY New Paltz Students (until April 10)
FREE – SUNY New Paltz Staff, Faculty, & Students
Fee includes continental breakfast, lunch, hot beverages, and educational materials.

**Please note that there is limited space in the afternoon work-
shops and assignments will be made in the order in which they
are received.**

[] Enclosed is my check, payable to: CAS/IDMH

OR

[] Please charge to: [] MC [] Visa

Name on card: _____

Card number: _____

Expiration date: _____

Signature: _____

(Please fill out both sides of this form.)