



The EOP Journal

Welcome to Our Newsletter!

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See your EOP Advisor for:

- Time Management ideas
- Mid-term evaluations
- Graduation Plans
- Internship Ideas
- Study Abroad Plans
- Advanced Registration Workshops

I would like to take this opportunity to re-introduce the newsletter for the Educational Opportunity Program here at the State University of New York at New Paltz. It has been a few years since our program has had the resources to publish our newsletter and we are very excited to be back in production. Our vision for this newsletter is for it to serve as a showcase and voice for our students and our program. You will find news of our students' achievements, our alumni honors, and current and future programs we are offering. The title of the Newsletter was chosen from student submissions and our own Cynthia Montas won the contest with her entry: EOP Journal.

This issue will be featuring Spring and Fall 2009's high achievements and outstanding

programs. We had record numbers of honor society inductees and upgrades, as well as, Dean's List students. We will also have several pieces written by students discussing their academic and professional endeavors.

I am proud to say that EOP at SUNY New Paltz is a program that continually strives to meet the changing needs of our students and Alumni. We have a dedicated and motivated staff that truly loves what they do and, as a consequence, there are numerous new initiatives and programs in the works for the 2009-2010 school year, and the continuation of our already successful programs, such as Peer Mentoring.

Now we are at the close of what I hope was a year filled with the



Antonio Bonilla, Director

right amounts of rest, work, and play. As you prepare for the Spring 2010 semester here at EOP welcome you back and are here to provide you with all the challenge, encouragement and support you need to make 2009-2010 your most successful year yet!

Antonio Bonilla
Director,
EOP SUNY New Paltz

Important Dates for Spring 2009

- | | |
|--|---|
| January 25: First Day of Classes | March 6: Last day to submit work for an Incomplete |
| January 25-29: Add/Drop Period | March 31: Last Day for Course Withdrawal |
| January 31: End 100% Tuition Refund | April 7th: Last Day for S/U Grading Option |
| February 12: Last day to Add (Fee and Instructor Permission) | April 30: Graduation Applications due for August 2010 |
| February 22: Full Tuition Liability | May 5: Last Day to Withdraw from Classes |
| February 26: Deregistration for Non-payment | |

Advance Registration: Fall 2010

- April 12:** Matriculated Graduate Students Begin
- April 19-23:** Matriculated Undergraduate Students Begin



EOP Advisor Clare Kelly-Barra is our liaison to the Study Abroad office

Study Abroad - Clare Kelly Barra

¡Buenos días!, G'day, Hallo, Bonjour! Konnichiwa, Dia duit, Buongiorno, Bore da, Dobry den...

Hi!

There are many ways of greeting one another throughout the world, but what better way to learn about and broaden our perspective about our global community by taking the opportunity to study abroad.

Study abroad is a unique opportunity for students to develop themselves both personally and academically. As the Study Abroad Liaison I am responsible for reviewing and maintaining information concerning Study Abroad material and programs, then relaying this information to the EOP office. Students who are interested in studying abroad should

“Each person has a certain way of prioritizing what they want from their study abroad experience. What is most important to you?”

meet with their own individual EOP advisor and also the international programs advisor to further plan their study abroad future.

In the meantime here are some pointers... Choose a Program.

Each person has a certain way of prioritizing what they want from their study abroad experience. What is most important to you?

Some points to consider:

- **What?** What subjects do you want to take abroad that will satisfy your degree requirements? A summer subject search is also available.
- **Why?** Would you like to study in an English language environment, or would you like to learn another language or improve the one you are studying at the moment?
- **Where?** Which country would you most like to live in for an extended period of time? Do some research on the country of your choice before you decide.
- **When?** When do you want to go and for how long: fall or spring semester, an academic year, a summer, or intersession?
- **How?** SUNY programs are affordable. Check out the financial aid booklet and exchange scholarships.

For more information about programs visit the website: <http://www.newpaltz.edu/studyabroad/programs.html>

Find out what a program is like from someone who's been there, done that, took photos and bought the T-shirt. The students listed in this section volunteered to be contacts for their respective programs. Since this is purely on a voluntary basis, not all programs may have a contact person. You can also find people through **Facebook** under **New Paltz Study Abroad** or join the group, **The Suitcase Society**.

http://www.newpaltz.edu/studyabroad/prospective_contacting.cfm

Student Abroad Fall 2009 ...Courtney Cavanaugh



Look for Courtney Cavanaugh in the Next Newsletter. She studied abroad Fall 2009 and was taking lots of pictures for us!

Internship Experiences: Junior Jimenez

CNN NY Operations Associate

Learning is the process of acquiring knowledge through experience. It is a process that depends on experience and leads to long-term changes in behavior potential. Behavior potential describes the possible behavior of an individual (not actual behavior) in a given situation in order to achieve a goal. The CNN Operations Program was an exceptional experience; one that I will never forget. During the three months period, I was exposed to all aspects of media operations and challenged to think creatively. As a result, I gained extreme confidence and developed essential skills necessary in order to succeed in the news industry. Some of the departments I worked in include the following: Editors/Producers, Media Operations, Studio Operations and Video Journalist.

My first assignment was to work closely with the Media Coordinators. Ryan Gowling, the Media Producer, introduced me to the staff and gave me an overview of what a Media Coordinator is responsible for on a day by day basis. Right after I was introduced and greeted by the staff, I was immediately trained by Rachelle Hoffman. She showed me how to use several programs such as Dart, Media Source, iNews and Vortex. Hoffman also introduced me to some of the things she is responsible for like ingesting raw field tapes and disks into the Standard Definition server and the High Definition server. I also learned how to Quality Control field tapes and disks before being ingested. I fed packages, donuts, podcasts and web rolls to several CNN bureaus. I also made sure the files had audio and video

once it was stored in the server through vortex in order to prevent setbacks.

My second assignment was with the Studio Operations during American Morning and Issue #1 scheduled air time. There, I would always arrive at least 45 minutes early in order to practice operating some of the equipment, especially the Jib and Steady Cam. After two weeks of being in the studio, I learned how to check the focus of the camera as well as shows camera positioning. I was scheduled as Utility several times during by the Operations Supervisor John Silva. As utility you are responsible for arranging cables and making sure the studio is clean and organized. The Utility person is also responsible for coiling cable behind the steady cam operator. During my third week I was more involved and ready to operate a camera if called upon. I took advantage of every second and asked as many question as I could. Most camera crew had a wonderful story to tell and they all inspired me to keep pursuing a career in the technical side of broadcasting.

There is absolutely no doubt that the third assignment was one of the most exciting and memorable assignments of the program. The Supervisor of Video Production, James Lambriola, sent me from editor to editor to shadow their work and ask many questions. I learned how to cut tracked audio into a timeline and adjust its level to appropriate settings. I also learned how to insert and manipulate graphics into a video. I would work on sample packages on edit bays alone; it was never enough for me. I watched editors work on packages for Lou Dobbs Tonight, Situation Room, Anderson Cooper 360, and Showbiz Tonight. My passion for editing grew day by day. Steven, a Showbiz Tonight editor, trusted my

work and allowed me to cut and lay A.J's Hammer track for the opening of the show. I also inserted the graphics for the opening several times. I must admit that editing for Showbiz Tonight opening was definitely the highlight of the program for me.

I spent the last three weeks of the program going into the field with a Video Journalist. I went to several shoots over the course of three weeks time period. While in the field, I learn how to white balance a camera, how to check focus & how to check for audio and shoot. I also helped carrying equipment from one location to another as well as helping setting up interview rooms. After closely observing the journalist, I must say that this is a very demanding position. The hours are long, the work is hard, but all worth it. Being with the crew made me appreciate news more and it motivated me to work twice as hard.

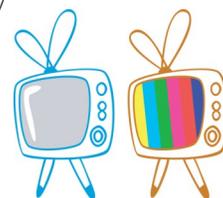
After exploring the various platforms of media operations I am determined to focus the development of my skills towards editing and producing. I have the talent and potential of becoming an editor and eventually a great producer. This experience totally boosted my confidence. It showed me the path I need to take in order to succeed in this business. I took advantage of every opportunity that was presented to me and I was able to network with numerous individuals that will guide, tutor and help me achieved my goal.



Junior Jimenez,
May 2009

“There is absolutely no doubt that the third assignment was one of the most exciting and memorable assignments of the program.”

-Junior Jimenez



Internships are a doorway into the field you want to pursue post-degree.

Chi Alpha Epsilon: Spring 2009 Induction

The History of Chi Alpha Epsilon National Honor Society

Founded at West Chester University of Pennsylvania in 1989 by Dr. Elbert M. Saddler, Chi Alpha Epsilon (XAE) was formed to recognize the academic achievements of students admitted to colleges and universities through Opportunity Pro-

grams. Dr. Saddler has been a counseling psychologist for Westchester University since 1985. XAE's goals are to promote continued high academic standards, to foster increased communication among its members, and to honor academic excellence. There are over 125 chapters and colonies within this organization.

The State University of New York at New Paltz Beta Omicron Chapter was chartered on May 9, 2003 with a record-breaking induction of 72 members (alumni & honorary members included). This was the largest chartering induction within XAE's history. Our chapter also bears the distinction of having one of the largest undergraduate memberships in the country.

About our Key-note Speaker...

Edward D. Bell is an educator, writer, poet, photographer, ordained deacon and steadfast advocate for advancement of black people. He is a native of Chicago, Illinois. Eddie moved to New Paltz in 1967 after accepting an appointment as Assistant Professor of Physical Education.



XAE 2009 Inductees

Eddie received his Bachelor of Science degree with honors from Tennessee State University in 1962 and his MA degree, again with honors, from Michigan State University after serving a tour in the U.S. Air Force as a 1st Lieutenant.

His athletic prowess as a runner earned him a scholarship to T.S.U. and led to a successful coaching career in the Air Force, Bowdoin College, Brunswick, Maine, Howard University, Washington, DC and SUNY New Paltz, where he established the first track and field program. His accomplishments at New Paltz earned

him induction to the Hawk Hall of Fame.

He left the classroom in 1970 to become the Associate Director of Admission and in turn, the Associate Dean of Admission and Director of the Minority Recruitment Program (MRP). Prior to establishing M.R.P., Eddie was appointed the first director of Project A, the forerunner of today's Educational Opportunity Program.

Eddie left New Paltz in 1987 and was appointed Assistant Vice Chancellor of Student Affairs with responsibility for establishing the SUNY New York City Office of Student Recruitment. Edward Bell retired from SUNY in 1994.

2009 Inductees

Beta Omicron Chapter of Chi Alpha Epsilon

National Honor Society

Diones Adorno
 Stephanie Barrera
 Amadu Barrie
 Karim Bello
 Felipe Bonilla
 Shana Brown
 Courtney Cavanaugh
 Brittney Centeno
 Nie'sha Chance
 Inieka Cooper
 Stephanie Delgado
 Tsering Dolma
 Arietni Douglas
 Fredrick Fernandez
 Cristina Garcia
 Jeremy Hernandez

Gophi Labaze
 Linda Lee
 Britania Mallo
 Dominique Marshall
 Giselle Martinez
 Jillian Mele
 Brittney Melvin
 Johana Mendoza
 Frank Molognano
 Lucas Natel
 Luz Del Alba Nuñez
 Karina Pascual
 Gladys Portalatin-Sewnarine
 Viviana Quiñones
 Erin Reilly
 Arienny Reyes

Edwin Restituyo
 Mary Rich
 Joshua Rodriguez
 Krystal Rodriguez
 Anaís Rojas
 Tanaisha Semidey
 Stephanie Sierra
 Brittany Strysko
 Katherine Taveras
 Crysbel Tejada
 Nelson Tirado
 Gikelly Tejada
 Nekaiya Trotman
 Marissa Ward
 Joshua Washington
 Ling Zhao

2009 Honorable Upgrades

Rafaelina Almanzar – Ruby (F 08)
 Kimberly Arrango – Ruby (S 08)
 Attiya Awadallah – Ruby (F 08)
 Chantel Bland – Ruby (S 08)
 Danielle Bonfiglio – Ruby (F 08)
 Krystal Brown – Emerald (F 08)
 Rachael Carmen – Emerald (S 08)
 Danielle Chery – Diamond (F 08)
 Joannie Delacruz – Ruby (F 08)
 Karin Donastorg – Ruby (F 08)
 Grace Duran – Emerald (SU 08)
 Patricia Ezenwa – Emerald (SU 08)
 Minelly Felix – Diamond (S 08)
 Rosellen Flete – Ruby (S 08)
 Esperanza Gonzalez – Diamond (S 08)
 Yuderki Guillen – Emerald (S 08)

Xueyi He – Emerald (S 08)
 Solomon Kuffour – Emerald (S 08)
 Francesca Lormeus – Diamond (F 08)
 Sarah Lucas – Emerald (F 08)
 Bexis Matos – Diamond (F 08)
 John Menendez – Emerald (S 08)
 Geneva Moore – Ruby (F 08)
 Ruth Nova De Los Santos – Emerald (F08)
 Amber Novack – Emerald (F 08)
 Carolyn Perez – Ruby (S 08)
 Thomas Perez – Ruby (S 08)
 Vanessa Rivera – Emerald (S 08)
 Francisca Roa – Emerald (S 08)
 Maria Rodolis – Diamond (F 08)
 Vanessa Rodriguez – Emerald (F 08)
 Natalia Rodriguez – Ruby (S 08)

Justine Santana – Ruby (S 08)
 Shira Schou – Ruby (F 08)
 Treashon Stanley – Emerald (F 08)
 Amber Stewart – Ruby (S 08)
 Parish Tolbert – Ruby (F 08)
 Andrea Marie Tsiamanes – Emerald (F08)
 Marleily Vargas – Diamond (S 08)
 Jessica Volkens – Ruby (S 08)
 Vanesa Zenquiz – Emerald (F 08)

*Undergraduate selection criteria:
 Achievement of a 3.0 cumulative GPA
 for greater for 2 consecutive semesters of
 full-time course work.*

Pin Upgrade Criteria

Ruby: 3.5-3.74 Emerald: 3.75-3.99 Diamond: 4.00

Spring 2010 Chi Alpha Epsilon Induction will be April 30th, 2010. Join us in honoring our highest achieving students!

Alumni — Student Connections



EOP Advisor Robert Hancock

Want to Stay Connected with EOP and Help Current Students?

You're invited to join the **EOP Alumni/Student Network** from SUNY New Paltz Group on LinkedIn. Joining will allow you to find and contact current EOP students from SUNY New Paltz, who are mem-

bers on LinkedIn. The goal of this group is to connect EOP Alumni and current students for:

- * **Career advisement and mentorship**
- * **Internship and potential career opportunities**

Here's the link to join: <http://www.linkedin.com/e/gis/156076>

Hope to see you in the group,

Robert Hancock
hancockr@newpaltz.edu

Please feel free to contact me if you have any questions.

EOP Alumni Weekend Event Draws Crowd

Future EOP Alumni Events can be found via the Facebook alumni Group or the Linked In Alumni Group.

EOP Alumni have made their feelings clear: "Once EOP Always EOP"!

The turnout for the Fall 2009 EOP Alumni Reunion was high, and Alums enjoyed food, music, and reminiscing about their time together at New Paltz.

Some Alums were anxious to give back to the program and

support the future students of EOP. Anilsa Nunez and Aquati Abreu gave generously to the EOP Support Fund during the event.

Look for future EOP Alumni news and events via Linked-In and the EOP Alumni Group on Facebook.



Gisselle Rodriguez, Ivelisse Tuttle, Aquati Abreu



Don Mesias, Silvia Venancio, Anilsa Nunez



Omayra Gomez, Antonio Bonilla, Iris Lopez-Rivie



EOP Alums at the reception

Fall 2009 Student Initiative Program

EOP Students are offered the Student Initiative Program as a way to learn new information, provide opportunity for personal growth, and have fun with other EOP students and staff.

The Fall Semester offered eleven initiatives for the students to choose from.

Tony's Tournament

Elting Gym- Friday, August 28th

Student teams will play volleyball against each other for fun, prizes, and bragging rights!

Huguenot Tour

Saturday, September 19th

Enjoy the fall weather and get to know your new "hometown"!

Plagiarism

Wednesday, September 23rd

Wendy Vierow, Ph.D., EOP Writing Tutor

What is Plagiarism? How can I use sources without stealing them?

Health & Sexuality

Tuesday, October 6th

Dr. Peter Haughton, Director of Student Health Services at SUNY New Paltz and Jessica Purcell, EOP Advisor

Students will be able to ask questions anonymously, a week prior to event, and questions will be answered at this session.

HESC

Thursday, October 15th

Camille Suckie, Financial Aid Advisor, and HESC staff

Representatives from HESC and financial aid will be on hand to discuss your \$\$\$ and how to make sure you are getting the most aid available to you.

Shawangunk Rail Trail

Saturday, October 17th

Autumn Leaves are turning! Join us for a hike!

Study Abroad

Wednesday, October 28th

Clare Kelly-Barra, EOP Advisor and Jean-Paul Sewavi, Study Abroad

See the world! Adventure! Get College credits while you travel!

The Pact Documentary

Thursday, October 29th

A documentary on the three Newark, NJ doctors will be shown.

What is Diversity?

Sunday, November 1st

John. Agnelli III, Dean, NY Institute of Technology

Presenter will discuss many issues regarding race and what role you play in diversity?

EOP Alumni Career Panel Friday, November 13th

Various SUNY New Paltz EOP Alumni

EOP alums from various years and careers, will discuss their paths from childhood to present. See how the struggle pays off.

Nutrition & Wellness:

Monday, November 23rd

Health and nutrition! Get ready for Thanksgiving and finals by relieving some stress and learning how to take care of your body during stressful times.



EOP Students and Advisors playing Volleyball at Tony's Tournament



EOP students and Advisors getting Ice Cream



EOP Students and Advisors learning about historical Huguenot Street

Spring 2010 Student Initiatives

Here's what to expect for our Spring 2010 Initiatives:

EOP Social: Food Fun and EOP!

Financial Aid/ Budgeting and Money: FASFA and Budgeting tips

How can we help people with depression?: Information and discussion

Study Abroad: How do you get out of town and still get college credit?

Scholarships/How to find and apply: Tips on searching, getting references and writing that personal statement

Gender and Identity with John Agnelli: Who are you? How do you know?

Major Fair: What Major is right for you? Come see what your options are!

Dating/ Healthy Relationships: How to keep a strong, healthy you AND a strong healthy relationship!



Our EOP Alumni
Banner

EOP Week:

- 4/26 Monday: Summer Job Search
- 4/27 Tuesday: Community Based Organizing
- 4/28 Wednesday: Study Night
- 4/29 Thursday: Fitness/ Zumba
- 4/30 Friday: XAE Induction
- 5/1 Saturday: First Ever EOP Conference!!

EOP Week 2010 ends with....

First SUNY New Paltz EOP Conference May 1, 2010

This Spring 2010 will mark the second annual EOP week and the first EOP Conference at SUNY New Paltz.

The EOP conference will serve many purposes. Our EOP Alums will have the opportunity to reconnect with the program and meet current students. Current

students will gain networking experience, benefit from mentoring of Alums, and be inspired and motivated by success of our Alums.

The conference will also provide information, educational materials, and a forum to showcase presentation skills for Alums and students.

All these aspects of the EOP conference serve to strengthen the EOP family connection and program as a whole.

(Continued on next page...)

The Student Initiatives and EOP Week Programs are open to all EOP Students. The EOP Conference is open to all EOP Students and Alumni

...EOP Conference !

(continued...)

What is the focus of the conference?

This conference will focus on the history of EOP, EOP Pride, and the achievements of the EOP Alums and students. All aimed at building pride and purpose for EOP.

Theme & topics

This year's theme is 'Once EOP, Always EOP' and we wish to examine three things:

- EOP students and alums as contributors to our “family” as well as the community at-large
- EOP students and alums as leaders, ie: how to nurture and develop our future leaders
- EOP relationships: how alums and current students can forge new relationships and create a stronger EOP Community.

We are looking forward to seeing you there!!



EOP Alums and Advisors at the Fall 2009 Reunion

Peer mentors provide a safe, confidential resource for students to ask questions and get answers from someone who has "been there".

Peer Mentors: A Commitment to Serve EOP Students

The Peer Mentor Program at SUNY New Paltz EOP is an integral component to our First Year and Transfer student experience. The Peer Mentors are chosen after undergoing a rigorous three part application and interview process.

After the Peer Mentors are chosen they participate in intensive training to ensure that their natural mentoring abilities are enhanced with Mentoring

Peer mentors provide a safe, confidential resource for students to ask questions and get answers from someone who has "been there". Peer mentors can use their own experiences as examples, and sometimes cautionary tales for students who struggle to make choices that will benefit them in the long-run.

There is also time for Peer mentors to gather students

together in groups for fun evening of pizza and games, a movie, or late night discussions on any topic the student brings up.

The Application process for Peer mentors begins in the Spring semester, so if you are a current student and interested in applying, contact your advisor for details, it is an experience of a lifetime!



Fall 2009 Peer Mentor Staff

Peer Mentoring Co-counselors: Ann M. Gill, and Mark Rumnit

Student Mentors: Diones Adorno, Shana Brown, Felix Contreras, Dannilda Correa, Laura Dardignac, Joannie Delacruz, Alexander Depinto, Tsering Dolma, Amy Yan Ling Jiang, Ginette Maitre, Britania Mallol, Jinnele Manohar, Dominique Marshall, Britney Melvin, Sandy Pincay, Limberly Quinones, Viviana Quinones, Alexandra Ramirez, Francis Rodriguez, Rosemary Salcedo, Sasha Santiago, Marissa Ward, Zhao Ling



Peer Mentor Training

Study Abroad Experience: Glenis Hunter

My Aussie Adventure

I heard once from an unknown source that you haven't really seen the world until you really "see the world."

"During my experience I met really amazing people. I had some great Aussie friends who really liked to just enjoy life, that was the way that many of them were."

Growing up I always pictured myself living an adventure far away from home. I saw myself in a foreign place, away from all I knew and those who knew me.

I knew at some point in my life I would eventually travel and experience other cultures at first hand. Last spring (2009) I decided to go to Australia in a Study Abroad program. Some



people, especially my mom, wondered why so far? Australia was the furthest point away from home in NY and a place that I always wanted to see.

Before I knew it, I was packing my bags and getting ready to go to Sydney for the best experience I would know to this day. Although it was not easy getting everything together, I did. The trip ahead of me was long, 24-26 hrs long. When I first arrived I didn't even know how to dial their numbers, since they are double the ones in the US. Finally, I found the man that was to take me to my new school. School in Australia was a

lot to get used to, but since they talked English (not necessarily one I always understood), some work was cut out for me. The people there were mostly friendly and very interested in Americans. Most of my classes were with 400-500 students, a lot more than New Paltz. The best part of school was I Lecture. I Lecture was a program that recorded lectures and then played them on black-board, so you didn't have to go to lectures if you didn't want to.

Finally at one point, I got to visit my first Aussie beach, Manly Beach in Sydney. The waves were really intense and surfers were everywhere, since I was from New York, I've never seen such things. The food was a lot like American food, however, my favorite was a Turkish wrap called a Kebab, pretty much like our gyros, but 10 times better. A chicken kabab with garlic sauce was amazing!! I lost count as to how many I ate of those.

During my experience I met really amazing people. I had some great Aussie friends who really liked to just enjoy life, that was the way that many of them were. I also made friends from all around the world including France and Germany. The most important thing that made my experience so wonderful was these people. I would like to say that all we had was each other when we were so far from home, and our Aussie friends made us feel at home. I knew that I was finally comfortable with living

there on the last day of my spring break at Surfers Paradise, when I told my boy-friend, "It's time to go home". Home wasn't New York, it was Sydney. And yes, I did see a kangaroo and carried a beautiful koala.



By the time I left I knew where so many things were that I couldn't find before; I knew what bus to take to go to the city; and how to recalculate Celsius to Fahrenheit. Grams were clearer than ounces and being on the left side of the road was normal. All in all, I would do it all over again, and again, and again. Even though it was not easy to go, and leave all I knew behind, I'm so happy I did. I learned the best lesson anyone could learn in life, and that was to live each day to the fullest, if you're there, do it. I would tell anyone to try to go somewhere other than what they know, because only through that can you truly experience life and also appreciate what's home.



Educational Opportunity Program

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"Once EOP ...Always EOP"



Rita Celariste, Ive Tuttle, Christine Goldston



Jessica Purcell



Robert Hancock

EOP Staff...Here for YOU!!