How do I make Rhino for Mac look like Rhino for Windows?

To avoid confusion, one can change the UI of Rhino for Mac to look just like the Windows version using the steps below.

Open Rhino

Before choosing a template, click on RHINOCEROS in the upper left corner and open the PREFERENCES menu.

From PREFERENCES you will then choose THEMES. Within Themes, at the top of the menu, you will be able to choose the theme: RHINO FOR WINDOWS.

Once you have selected Rhino for Windows, exit out of that menu and choose a new model template. From there your Rhino Interface will look just like what you are familiar with in Windows.