



SUNY New Paltz

Lifetime Learning Institute

Fall 2008 Courses

The New Paltz Lifetime Learning Institute provides opportunities for members to share their love of learning by offering noncredit and noncompetitive courses under the sponsorship of the Office of Regional Education at SUNY New Paltz. LLI is affiliated with Elderhostel and is a volunteer, member-run organization. Members are encouraged to participate as committee members, course coordinators, and facilitators, according to their skills and interests.

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MEMBERSHIP AND FEES

Annual membership is \$115 per person. The 2008-2009 membership year runs from September 2008 through August 2009. There is no reduction for partial-year membership, and no refunds will be given.

REGISTRATION

Fall 2008 courses are open only to 2008-2009 LLI members. Individuals may join or renew membership and register for courses by returning the form on page 9. Members may take the equivalent of four 4-week courses each semester, more if available. Of those courses, enrollment may be restricted to only two that have a class-size limit.

POSTMARK DEADLINE IS AUGUST 25—LATE REGISTRATION (with \$20 fee) IS SEPTEMBER 8

No registration forms will be accepted that are postmarked after September 8

EARLY FALL SESSION

SEPTEMBER 26, OCTOBER 3, OCTOBER 17, OCTOBER 24

TIME SLOT ONE
10:30 A.M.–11:45 A.M.

MAKING ARRANGEMENTS

Pamela Rusk and Marc Schain

Jewish Community Center

Many of us have avoided thinking about, or put off, completing plans for how we want to leave things. This course is designed to provide the information we need to make arrangements. During the course, participants will be introduced to the basics of estate planning: wills, health care proxy/living wills and powers of attorney; testamentary and living trusts, and when they are appropriate; probate versus non-probate assets (e.g., transfer on death accounts); and asset protection planning.

Pamela Rusk is a Kingston attorney specializing in estate planning. **Marc Schain** is a New Paltz accountant.

TIME SLOT TWO
12:30 P.M.–1:45 P.M.

ART AND ARCHITECTURE OF FRANKLIN ROOSEVELT AND THE NEW DEAL

Bill Rhoads

Reformed Church Education Building

To mark the 75th anniversary of the start of the New Deal, this course will survey the art and architecture sponsored by Franklin Roosevelt, as a private individual and as president, in Dutchess County, Warm Springs, and Washington. It will also explore Eleanor Roosevelt's efforts on behalf of the arts and crafts at Val-Kill Industries in Hyde Park, and later her support of various New Deal art projects.

Bill Rhoads, Professor Emeritus of Art History at SUNY New Paltz, has published several articles on FDR's art and architecture enthusiasms.

LLI has a "downtown campus" this year

Renovations at SUNY New Paltz have temporarily limited classroom space for LLI on the campus. For the next year or two, most LLI classes will be held at the Jewish Community Center (JCC), on North Chestnut Street, and at the Reformed Church Education Building (RCEB) and Deyo Hall, both off Broadhead Avenue.

These buildings are all in the village of New Paltz, within walking distance of each other, and with ample parking. The JCC and Deyo Hall are handicap accessible. The RCEB has a ramp for large classes, but a short stairway is required for the smaller classes and the restrooms.

Let us know, on page 10, if you have any special needs. Call 257-2892, if you have a question.

EXPLORATION AND DISCOVERY

Joseph Britto

Reformed Church Education Building

This course will examine the bursts of energy, planning, and discovery that occurred from the 13th to the 17th centuries in early modern history. Special emphasis will be placed on, but not exclusive to, Iberia and voyages to Central and South America.

Joseph Britto has been an adjunct professor of history at SUNY New Paltz since 1986. His area of concentration is Latin America, especially Mexico, the Caribbean, and early modern world history.

EARLY FALL SESSION

SEPTEMBER 26, OCTOBER 3, OCTOBER 17, OCTOBER 24

TIME SLOT TWO
12:30 P.M.–1:45 P.M.

EXTRAORDINARY LADIES

Rita Alterman

Reformed Church Education Building

Participants will examine the accomplishments of four important women. The first three, Gertrude Bell (Middle East explorer), Emma Goldman (Marxist revolutionary), and Jane Addams (sociologist) were all born in the same decade—the 1860s—and made their contributions into the 20th century. The fourth, Frida Kahlo (artist), created her work in the early part of the 20th century.

Rita Alterman has a M.A. degree in history and has been an adjunct lecturer in history at Dutchess Community College and Marist. She is now retired.

FINE AND PERFORMING ARTS I

Yoav Kaddar

SUNY New Paltz Campus

The class, led by different faculty members of the Fine and Performing Arts Department, will introduce participants to the arts at SUNY New Paltz. Each session will focus on one of the many unique and rich components of the arts on this campus. Presentations will address topics on subjects related to music, the fine arts, art history, and theater arts. Classes will be held at various classrooms and theaters on campus, which will be announced to participants. Students who wish to will have an opportunity to participate in movement, voice work, or other creative activities.

Yoav Kaddar will coordinate this course. He is an assistant professor in theater arts at SUNY New Paltz.

WHY IMPOSSIBLE AND HOW INFINITE?

Sal Anastasio

Reformed Church Education Building

In his *Paradiso*, Dante speaks of the geometer who “intently seeks to square the circle, but cannot.” In his *Dialogue on the Two Great Systems of the World*, Galileo ponders the fact that there seem to be just as many perfect square numbers as there are whole numbers. Students will learn (or re-learn) how to perform some basic geometric constructions and will be helped to understand why certain other geometric constructions (e.g., trisecting an angle and squaring a circle) are, in fact, impossible. Students will also be helped to understand how it is that not all infinite collections are “equally infinite.”

Sal Anastasio, Professor Emeritus at SUNY New Paltz, has taught a course on the history of mathematics to high school mathematics teachers for many years. He holds the Chancellor’s Award for Excellence in Teaching and the New Paltz Alumni Award for Distinguished Teaching.

Materials: Pad of paper, 12-inch ruler, a pair of compasses. Recommended text: *Journey Through Genius: The Great Theorems of Mathematics* by William Dunham (paperback edition).

Having trouble deciding? See chart on page 8.

The chart gives a thumbnail listing of classes, including when and where they meet.

You can take classes in both sessions: early fall and late fall.

There are three time choices each session: 10:30 A.M., 12:30 P.M., and 2:30 P.M.

EARLY FALL SESSION

SEPTEMBER 26, OCTOBER 3, OCTOBER 17, OCTOBER 24

TIME SLOT THREE
2:30 P.M.—3:45 P.M.

CHINA

Dennis McClure

Reformed Church Education Building

As the West is becoming increasingly aware, China is no “Paper Tiger.” In four sessions we will investigate the effects of geography, climate, and early civilization patterns; philosophy and religious thought from ancient times to the present or, from Dao to Mao; China and the West; and speculation on the meaning of current events in China and their likely impacts on the future.

Dennis McClure has an M.A. degree in Asian Studies and extensive travel experience in China. He is a retired public school teacher.

ELDERSWRITE MEMOIRS

Garnette Arledge

Reformed Church Education Building
8-week course (continues in late fall session)

Current trends in writing biography move from old style chronological to in-depth snapshots to catch a life’s vividness. In each session, you practice writing, bringing breath to memories and events in your life. At the end of the course you will collect a legacy to hand down to the generations. *In registering for this course, you are registering for eight class meetings.*

Garnette Arledge, M.Div., author of *Wise Secrets of Aloha* published in the spring of 2007, taught EldersWrite, Flash Fiction, Tools for Dying Well at Bard College’s LLI in 2005–2007. She is a former hospice chaplain currently living in Woodstock.

FALL NATURE IMMERSION I

Ann Guenther

Reformed Church Education Building

CLASS SIZE LIMIT: 15

Explore nature around us, including the Mohonk Preserve, through field trips, nature maps, hands-on investigations, and classroom sessions. We’ll hike, listen, sit, and take in the wonders of fall—including mushrooms, fascinating insects, migratory birds, colored leaves, and wildflowers.

Ann Guenther is a twenty-year Mohonk naturalist/educator who enjoys discovering “something new in the woods” on each journey. She was given the N.Y.S. Outdoor Education Association 2007 Educator’s Award.

SELF AS OTHER: A GOTHIC TALE

Suzanne Murphy

Reformed Church Education Building

Through the novel, *Dracula*, short stories and film, we are going to examine common themes of gothic literature. These will include fallen worlds, horror, dead and undead, madness, and hereditary curses. We will get a glimpse into the Freudian unconscious and the return of the repressed. This course will be very spooky.

Suzanne Murphy, MSW, has an M.A. degree in English. She has taught a version of this course at Empire State College.

LATE FALL SESSION

OCTOBER 31, NOVEMBER 7, NOVEMBER 14, NOVEMBER 21

TIME SLOT ONE
10:30 A.M.—11:45 A.M.

PERFORMING SHAKESPEARE'S SONNETS

Don Wildy

Jewish Community Center

CLASS SIZE LIMIT: 32

Looking at Shakespeare's Sonnets as performance material—strategies to lift them off the page and into the air as spoken messages—person to person or performer to audience.

Don Wildy is a professor in the Communications Department at SUNY New Paltz. He is also an experienced performer, actor, and reader of wonderful scripts in different venues, such as Mohonk Mountain Stage.

TIME SLOT TWO
12:30 P.M.—1:45 P.M.

FINE AND PERFORMING ARTS II

Yoav Kaddar

SUNY New Paltz Campus

Led by different faculty members of the Fine and Performing Arts Department, the class will introduce participants to the arts at SUNY New Paltz. Each session will focus on one of the many unique and rich components of the arts on this campus. Presentations will address topics on subjects related to music, the fine arts, art history, and theater arts. Classes will be held at various classrooms and theaters on campus which will be announced to participants. Students who wish to will have an opportunity to participate in movement, voice work, or other creative activities

Yoav Kaddar will coordinate this course. He is an assistant professor in theater arts at SUNY New Paltz.

Want to know how to participate?

- Volunteer for a committee.
- Lead a special interest group.
- Teach a course.
- Make a tax-deductible contribution to help defray the additional costs that your LLI is incurring due to the temporary loss of space at the College. These costs include rental of alternative space and the purchase or rental of audio-visual equipment.

Please call 845-257-2892 or email
lifetime@newpaltz.edu

HAND BUILDING IN CLAY

Helene Bigley

Unison Arts and Learning Center

CLASS SIZE LIMIT: 5

A course in hand building with clay. The course will take place at Helene's studio at Unison Arts and Learning Center, 68 Mountain Rest Road. There will be a \$15 materials fee, to be paid to the instructor.

Helene Bigley has a B.A. degree in art education from City College. She has been teaching in her clay studio for over 10 years.

LATE FALL SESSION

OCTOBER 31, NOVEMBER 7, NOVEMBER 14, NOVEMBER 21

TIME SLOT TWO
12:30 P.M.–1:45 P.M.

HEAD, HEART, HAND, AND HUNCH*: WHOLE PERSON HEALING

PUJA THOMSON

Reformed Church Education Building

Learn practical ways to promote health and well being involving the mind, emotions, body, and spirit. These include relaxation techniques, guided visualizations, meditation, hands-on-healing, empowering language, affirmations, and exercise. Whether or not illness has knocked at your door, you will gain an understanding of how to use your energy to enhance health and how to create your personal wellness program.

*Our four functions—thinking, feeling, sensing, and intuiting.

Puja Thomson is a health care professional, minister of natural healing, and author of *After Shock: From Cancer Diagnosis to Healing, A step-by-step guide to help you navigate your way*. She previously worked as an educator in the U.K. at the University of Edinburgh.

HUDSON VALLEY SAMPLER

Susan Stessin Cohn

Reformed Church Education Building

This course will offer a glimpse of the 17th, 18th and 19th century people, events, and institutions that have impacted Ulster County. Possible topics include Ulster County Poor House, immigration, the African American presence, and the impact of colonization on the Esopus People.

Susan Stessin Cohn is presently the archives specialist at Historic Huguenot Street in New Paltz. She is a professor in elementary education at SUNY New Paltz and a local researcher.

INTRODUCTION TO WATERCOLORS

Judy Gonzales

Reformed Church Education Building

CLASS SIZE LIMIT: 12

Have fun with color and water. Express yourself freely whether your desire is to paint a landscape or manifest emotions.

Judy Gonzales is a well known New Paltz artist who works in many media.

MIND YOUR MIND

Bea Seagull

Jewish Community Center

CLASS SIZE LIMIT: 30

Forgetting names? Groping for words? It's time for mental workout. Loss of mental facility as you age is not inevitable. Learn about the newest discoveries regarding the brain and its capacity for change. Participate in games, riddles, and puzzles that will stimulate your brain and improve your memory. Guaranteed to be fun, frustrating, non-threatening, and challenging.

Bea Seagull, Professor Emeritus at Rutgers University, where she taught biological science, problem solving, and analytical thinking, has taught this workshop, *Mind Your Mind*, to thousands of older adults. She has been a featured guest on the Forever Young Segment of the Today Show, and has been given numerous awards for the Mind Your Mind program. She is the author of *Mind Your Mind, a Whole Brain Workout for Older Adults*.

LATE FALL SESSION

OCTOBER 31, NOVEMBER 7, NOVEMBER 14, NOVEMBER 21

TIME SLOT THREE

2:30 P.M.—3:45 P.M.

DECISIVE BATTLES OF WORLD WAR II

Roland Hess

Reformed Church Education Building

Learn how and why World War II developed in Europe. A discussion of some of the tactical decisions made in decisive battles of the European Theater and their lasting consequences. Included will be the battles of Britain, El Alamein, Stalingrad, Normandy, and the Bulge.

Roland Hess has taught World War II to history majors at SUNY New Paltz Adult Continuing Education program. He has been reading about and studying World War II in depth for more than 50 years, and has interviewed participants in some of these battles.

ELDERSWRITE MEMOIRS

Garnette Arledge

Reformed Church Education Building

Second half of eight-week course. Class limited to those who registered in the early fall session. See page 4 for course description.

FALL NATURE IMMERSION II

Ann Guenther

Reformed Church Education Building

CLASS SIZE LIMIT: 15

Explore nature around us, including the Mohonk Preserve, through field trips, nature maps, hands-on investigations, and classroom sessions. We'll hike, listen, sit, and take in the wonders of fall—including mushrooms, fascinating insects, migratory birds, colored leaves, and wildflowers.

Ann Guenther is a twenty-year Mohonk naturalist/educator who enjoys discovering “something new in the woods” on each journey. She was given the N.Y.S. Outdoor Education Association 2007 Educator’s Award.

MAKING MY WALKING SLOW: STUDY AND PRACTICE IN POETIC FORM

Dennis Doherty

Reformed Church Education Building

A survey of traditional poetic forms, looking at historical and contemporary masters, and practice in the writing and word shopping of our own.

Dennis Doherty has a M.A. degree in English literature, has published two volumes of poetry, and is the Director of the Creative Writing Program at SUNY New Paltz.

RARE EARTH

Gil Brenner

Reformed Church Education Building

The course will examine the ways in which the Earth is so different from its sister planets, and how the atmosphere and climate have evolved throughout the ages. The prospects of global cooling (Ice Age) and global warming will be examined.

Gil Brenner is a Professor Emeritus of Geological Science at SUNY New Paltz. He has taught many Elderhostel and Lifetime Learning courses.

TIME SLOT ONE
10:30 A.M.–11:45 A.M.

EARLY FALL (September 26–October 24) 9/26, 10/3, 10/17, 10/24	LATE FALL (October 31–November 21) 10/31, 11/7, 11/14, 11/21
Making Arrangements (JCC), page 2	Performing Shakespeare’s Sonnets (class size limit: 32) (JCC), page 5

TIME SLOT TWO
12:30 P.M.–1:45 P.M.

EARLY FALL (September 26–October 24) 9/26, 10/3, 10/17, 10/24	LATE FALL (October 31–November 21) 10/31, 11/7, 11/14, 11/21
Fine and Performing Arts I (SUNY), page 3	Fine and Performing Arts II (SUNY), page 5
Exploration and Discovery (RCEB), page 2	Hand Building in Clay (class size limit: 5) (Unison Arts Center), page 5
Art and Architecture of Franklin Roosevelt and the New Deal (RCEB), page 2	Head, Heart, Hand and Hunch: Whole Person Healing (RCEB), page 6
Extraordinary Ladies (RCEB), page 3	Hudson River Sampler (RCEB), page 6
Why Impossible and How Infinite? (RCEB), page 3	Introduction to Watercolors (RCEB) (class size limit: 12), page 6
	Mind Your Mind (class size limit: 30) (JCC), page 6

1:45 P.M.—tea, coffee, and cookies concession in Deyo Hall

TIME SLOT THREE
2:30 P.M.–3:45 P.M.

EARLY FALL (September 26–October 24) 9/26, 10/3, 10/17, 10/24	LATE FALL (October 31–November 21) 10/31, 11/7, 11/14, 11/21
• • • • • EldersWrite Memoirs (8-week course) (RCEB), page 4 • • • • •	
China (RCEB), page 4	Decisive Battles of World War II (RCEB), page 7
Self as Other: A Gothic Tale (RCEB), page 4	Making My Walking Slow: A Study and Practice in Poetic Form (RCEB), page 7
Fall Nature Immersion I (RCEB), page 4	Fall Nature Immersion II (RCEB), page 7
	Rare Earth (RCEB), page 7

JCC = Jewish Community Center RCEB = Reformed Church Education Building SUNY = SUNY college campus



FALL 2008 Membership and Registration

Dues are payable each academic year. You must be a 2008–2009 member of the LLI to take courses.

2008–2009 MEMBERSHIP: Complete this form and mail it, with your check for \$115 payable to CAS/IPD, to Registrar, Lifetime Learning Institute, P.O. Box 275, New Paltz, NY 12561.

Name _____

Address _____

Town/City _____ State _____ ZIP _____

Phone _____ Cell Phone _____ Email _____

Check if you agree to have your photo included in LLI promotional or membership material.

Check if you want to receive catalogs, newsletters, and notices by email.

Check if you want to receive additional email notices of member activities and relevant public events.

ENCLOSED: \$115 2008–2009 membership fee payable to CAS/IPD
 \$ 20 Late fee for course registration form mailed after August 25 payable to CAS/IPD
 \$_____ Tax-deductible contribution payable to *New Paltz Foundation*

FALL 2008 COURSE REGISTRATION: Using the form below, select as many courses as you wish from the courses listed in the schedule on page 8. Because courses fill up quickly, and some limit enrollment, you will need to **rank your selections in order of preference** (for example, put the course you most hope to attend on the first line, your second choice on the second line, and so on). If your first choice is filled, we will make every effort to enroll you in another course that you have chosen. **Indicate the maximum number of courses you wish to take.**

Registration postmark deadline is August 25. For forms postmarked August 26 through September 8, late registration is available, with payment of a \$20 late fee. **NO REGISTRATION FORMS FOR FALL 2008 COURSES WILL BE ACCEPTED THAT ARE POSTMARKED AFTER SEPTEMBER 8.**

NOTE: Courses are filled on a first-come, first-served basis. Some close quickly. REGISTER EARLY!

Early Fall
I want _____ courses.

Late Fall
I want _____ courses.

First Choice	_____
Second Choice	_____
Third Choice	_____
Fourth Choice	_____
Fifth Choice	_____

I may have a problem with accessibility. Please call me.

Questions? Call 257-2892 or email lifetime@newpaltz.edu

WE WANT TO KNOW OUR MEMBERS

The Lifetime Learning Institute at SUNY New Paltz is an all-volunteer, member-driven organization. Volunteers do all the work, and all our instructors are also volunteering their time and talent. We count on the active participation of members like YOU to help us design and present courses and to keep the LLI running smoothly. In order to plan our courses and events, we need to know something about you and your interests, as well as your strengths and if you might have some time to help with the program. So, please fill out this questionnaire. Thanks!

My name is _____

I have the following special needs (e.g., can't climb stairs, use a wheelchair, can't walk far):

OPTIONAL INFORMATION

My education is (check all that apply): Grade School High School College

Graduate School Subject _____ Other _____

The type of work I did or do (check all that apply):

Management _____

Teaching _____

Legal _____

Health _____

Other _____

I would like to (check as many as you wish):

Give a single talk on _____

Teach a course (4-session minimum) on _____

Organize a small group around this area of interest _____

Help plan events

I would like to serve on one of these committees:

Curriculum Events Classroom Assistance Membership Public Relations

Newsletter Finance Volunteers Technical Assistance

I'm only interested in taking courses at this time.

BENEFITS OF MEMBERSHIP

COURSES: Two semesters of courses are offered each year, in subjects ranging from art and architecture to history, literature, math, science, and healing arts.

EVENTS: Lectures, day trips, exhibitions, performances, and social gatherings are held throughout the year.

SPECIAL INTEREST GROUPS (SIGS): Members meet with others to pursue an interest, such as hiking, Scrabble®, painting, chess, quilting, or beading.

DON'T FORGET THE DEADLINES!!

AUGUST 25: Postmark deadline for registering for courses given in the fall 2008 session.

SEPTEMBER 8: Postmark deadline for late registration – with the inclusion of a \$20 late fee.

No registration forms for Fall 2008 courses will be accepted that are postmarked after September 8.

Even if you miss the deadline for fall classes, you may participate in all other LLI activities, including interession and spring courses.

Lifetime Learning Institute at SUNY New Paltz

COUNCIL

OFFICERS

President: Judy Reichler
Vice President: Gail Gallerie
Treasurer: Fred Mayo
Secretary: Carol Roper
Past President: Lyn Mayo

Registrar: Mary Cotton-Miller

STANDING COMMITTEES

Classroom Affairs: Marie Girard
Curriculum: Lyn Mayo
Events: Ann Burdett
Membership: Sally Rhoads
Public Relations: Mary Ann Osgood
Volunteers: Sally Rhoads

MEMBERS-AT-LARGE

Martha Afzal
June Finer
Marty Korfman

EX OFFICIO

Helise Winters, Dean of Regional
Education, Center for Research,
Regional Education and Outreach,
SUNY New Paltz

Your participation is encouraged. To join a standing committee, contact LLI at lifetime@newpaltz.edu or phone 845-257-2892. All council meetings are open to members.



LIFETIME LEARNING INSTITUTE
P.O. Box 275
New Paltz, NY 12561