

You can earn .50 of a Continuing Education Unit (CEU) for attending the entire program. The cost is an additional \$25. Contact the Center for Continuing & Professional Education at 845-257-2902 for a CEU registration form.

Please indicate which of the following best describes your role:

- SUNY New Paltz Faculty/Staff
- SUNY New Paltz Student
- Mental Health Professional
- Social Services Professional
- Hospital/Medical Professional
- Educational Professional
- Uniformed Services/First Responder
- Red Cross Worker
- Spiritual Care Provider
- Community Member
- Other: _____

Please rank your top three workshop preferences.

We will assign you to one of these workshops based on availability and will notify you about your assignment when you sign in at the beginning of the conference.

Priority Registration for these Workshops designated for 9/11 Mental Health Providers

Recommended for Mental Health Professionals and Interns, Social Services and Spiritual Care Providers:

- _____ Treatment for Trauma and Trauma Survivors
- _____ Treatment for Traumatic Loss and Complicated Grief Reactions
- _____ Fostering Resilience and Understanding Traumatized Children

Recommended for all those working with trauma/disaster survivors:

- _____ Promoting Compassion Satisfaction and Preventing Compassion Fatigue

Recommended for all Professionals, Students, and Community Members:

- _____ Psychological First-Aid

This form may be duplicated.

Conference Co-Coordinators

James Halpern, Ph.D., IDMH Director and Professor of Psychology at SUNY New Paltz. Dr. Halpern is Disaster Mental Health Services Function Lead for the Ulster County Chapter of the American Red Cross and has responded to both local and large scale national disasters. Dr. Halpern is the coauthor of *Disaster Mental Health: Theory and Practice* (Thomson /Brooks Cole; forthcoming).

Phyllis R. Freeman, Ph.D., former Dean of the SUNY New Paltz Graduate School and current Associate Professor of Psychology. Dr. Freeman is the Chair of the IDMH Advisory Board.

This conference is supported by a September 11 recovery grant from the American Red Cross Liberty Disaster Relief Fund.

State University of New Paltz faculty, staff, and student participation paid for by a grant from Campus Auxiliary Services at SUNY New Paltz.

Support for the Institute for Disaster Mental Health has also been provided by:

- Orange/Ulster BOCES through a grant from the US Department of Education Office of Safe and Drug-Free Schools.
- Ulster County Legislature
- Mental Health Association in Ulster County, Inc.

The IDMH would also like to thank the following for their generosity:
In Good Taste wine distributors
Minnewaska Lodge

Local Lodging

A special conference rate is offered at Minnewaska Lodge.
(845) 255-1110

Other lodging is available at:
Days Inn of New Paltz, (845) 883-7373
EconoLodge, (845) 255-6200
Super 8 Motel, (845) 255-8865

For other lodging suggestions contact:
www.newpaltzchamber.org

Directions and parking information
www.newpaltz.edu/visitorsguide

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SUNY New Paltz
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New Paltz, NY 12561-2443

STATE UNIVERSITY OF NEW YORK
NEW PALTZ
INSTITUTE FOR DISASTER
MENTAL HEALTH

**TREATMENT
INNOVATIONS**
for
**Disaster/Trauma
Survivors**

Friday, April 21, 2006

IDMH

Treatment Innovations for Disaster/Trauma Survivors

Friday, April 21, 2006

Institute for Disaster Mental Health
SUNY New Paltz

As the devastating events of 2005 have demonstrated, disasters are not uncommon and can take many forms. The mental health community now recognizes that advance preparation, early intervention, and unique follow-up techniques can assist those whose lives are touched by disaster. The Institute for Disaster Mental Health at SUNY New Paltz prepares students, community members, paraprofessionals, and professionals in the helping fields to care for others following a disaster via evidence-informed disaster mental health interventions, content, and skills.

Empirically supported treatments are always evolving in this relatively young field. Our annual IDMH conferences highlight the best practices in disaster mental health. As we approach the fifth anniversary of the attacks of September 11, this year's conference focuses on current long-term treatment for trauma/disaster survivors experiencing Post Traumatic Stress Disorder (PTSD) and complicated or traumatic grief reactions. We anticipate this conference will be of particular interest to those working with September 11 families.

CONFERENCE SCHEDULE

LECTURE CENTER

- 8:30-9:00 **Breakfast and On-site Registration**
- 9:00 **Welcome**
James Halpern, Ph.D., IDMH
Phyllis R. Freeman, Ph.D., IDMH
- 9:15 **Introduction to the Conference**
Susan Hamilton, Ph.D.
Director, Disaster Mental Health National Headquarters, American Red Cross Washington, D.C.

9:30-10:45 **"Traumatic Loss in Context: Culture, Genograms and the Life Cycle"**
Monica McGoldrick, MSW, LCSW
Director, Multicultural Family Institute, Highland Park, NJ

10:45-11:00 **Coffee break**

11:00-12:15 **"Innovative Treatments for Trauma Survivors"**
Joann Difede, Ph.D.
Director, Program for Anxiety and Traumatic Stress Studies, Department of Psychiatry, Weill Cornell Medical College, NY, NY

12:15-1:30 **Lunch provided**
Optional Panel Discussion: "New Paltz Responds to Katrina" Students and Staff discuss their experiences in post-hurricane Gulf communities.

1:30-3:30 **Concurrent Workshops**
Recommended for 9/11 Providers, Mental Health Professionals and Interns, Social Services, and Spiritual Care Providers:

Workshop 1: Treatment for Trauma and Trauma Survivors: Evidence-informed Best Practices with a Focus on Exposure and Cognitive Therapies
Joann Difede, Ph.D.

Workshop 2: Legacies of Traumatic Loss: Clinical Implications
Monica McGoldrick, M.A., LCSW

Workshop 3: Fostering Resilience and Understanding Traumatized Children
Paula A. Madrid, Psy.D.

Recommended for all those working with trauma/disaster survivors, including 9/11 Providers:

Workshop 4: Promoting Compassion Satisfaction and Preventing Compassion Fatigue
Mary Tramontin, Psy.D.

Recommended for All Professionals, Students, and Community Members:

Workshop 5: Psychological First-Aid
Susan Hamilton, Ph.D.

3:30- 4:30 **Networking Reception**
Refreshments available

SPEAKER BIOGRAPHIES

Susan Hamilton, Ph.D., Disaster Mental Health Senior Associate, the American Red Cross National Headquarters, Washington, D.C. A clinical research psychologist, Dr Hamilton is responsible for the ongoing development and implementation of the American Red Cross Disaster Mental Health Program and works closely with national mental health associations and other federal, state, and volunteer agencies.

Monica McGoldrick, M.A., LCSW Director, Multicultural Family Institute, Highland Park, NJ, and Professor of Clinical Psychiatry at the Robert Wood Johnson Medical School. Professor McGoldrick is known internationally for her writings and teaching about culture, class, gender, the family life cycle, genograms and loss. Several of her books are best-selling classics including: *The Expanded Family Life Cycle; Genograms: Assessment and Intervention; Women in Families; Living Beyond Loss: Death in the Family; and Revisioning Family Therapy: Race, Culture, and Gender in Clinical Practice.*

JoAnn Difede, Ph.D., Director, Program for Anxiety and Traumatic Stress Studies and Associate Professor, Department of Psychiatry, Weill Cornell Medical College, NYC. Dr. Difede is an internationally recognized expert in the assessment and treatment of Posttraumatic Stress Disorder (PTSD) and a pioneer in the application of virtual reality technology to the treatment of PTSD. She works extensively with New York City firefighters, utility workers, emergency services personnel, and other disaster relief workers following the World Trade Center bombing and the September 11 tragedy.

Paula A. Madrid, Psy.D., clinical psychologist and instructor in psychiatry at Columbia University. Dr. Madrid is the Director of The Resilience Program of the National Center for Disaster Preparedness at Columbia University's Mailman School of Public Health. She is an expert on traumatic memories, helping underserved populations in disasters and resilience in children. Dr. Madrid is also Director of Mental Health Services for "Operation Assist" for victims of hurricanes Katrina and Rita.

Mary Tramontin, Psy.D., clinical psychologist, Leadership Committee member, Disaster Mental Health Services, American Red Cross/Greater New York Chapter. Dr. Tramontin is the co-author of *Disaster Mental Health: Theory and Practice* (Thomson /Brooks Cole; forthcoming).

(continued on reverse)

REGISTRATION FORM

SUNY New Paltz faculty, staff, and students:
Please pre register with the Institute for Disaster Mental Health located in JFT room 306, ext. 3477. Attendance is free for those presenting a college ID. If you plan to register on site, please understand that there is limited space in the afternoon workshops.

All other participants:

Name _____

Address _____

Are you a 9/11 Provider? Yes No

Email _____

May we share your information with other attendees?

Yes No

\$25 for advance registration

\$35 for on-site registration (as seating allows)

Fee includes lunch and hot beverages.

If you would like to fax your registration, you may do so with a visa or mastercard.

If you would like to mail your registration, you may pay by check **or** with a visa or mastercard.

Please charge to: Visa MC

Name on card _____

Card number _____

Exp. Date ____/____

Signature _____

Enclosed is my check payable to:
Institute for Disaster Mental Health

Return this form by mail to:

Jenn Piren
Conference Services HAB 63
State University of New York at New Paltz
75 S. Manheim Blvd. Suite 9
New Paltz, NY 12561-2443

OR

Fax this form to:

845-257-3036 (Be sure to include visa or mastercard info.)

Please indicate if you need vegetarian lunch option.

Please indicate if you need an American Sign Language interpreter. (Register by March 15, 2006 if you need an interpreter.)

Conference facilities are wheelchair accessible. Please call The Institute for Disaster Mental Health at (845) 257-3477 if you use a wheelchair or have other accessibility needs.