WELCOME TO
THE HAGGERTY ENGLISH LANGUAGE PROGRAM
At SUNY NEW PALTZ!

We, the faculty and staff of the Haggerty English Language Program (HELP), are delighted that you have chosen to study English as a Second Language (ESL) with us. Your faces and smiles show us that you are a diverse group of students with bright futures in front of you. You make us happy to see you!

Your ESL classes will be very important to you in reaching your educational and career goals. We want to support your success, and you can help yourself by being the best student you can possibly be. Come to class regularly. In fact, try to have perfect attendance. Be punctual. Be respectful. Do your homework. Ask questions if you are confused. See your teacher if you have problems. Tell us if you need help. You will make a great deal of progress if you follow these simple rules.

However, we also want you to have fun, too! Get to know this lovely campus and the beautiful Hudson River Valley. There are many hidden treasures for you to find, both historical and educational. Some of the best memories of your life will be made during your time with us. Make the most of it. If there is an opportunity to participate in an activity or event, take it! For example, I encourage you to sign up for the trip to see the beautiful and historic homes in Hyde Park on October 5. Try to make friends with Americans. Come to Conversation Table and Game Club. Meet with your Conversation Partner whenever possible. Check out our ESL activities calendar for Fall 2012. Join our Facebook page! Follow us on Twitter!

Don’t forget that you have received a copy of the HELP Student Handbook. It provides you with a great deal of useful information about our policies, procedures, contacts, and campus resources. I hope you refer to it whenever you have a question about SUNY New Paltz.

Finally, please accept our best wishes for a successful Fall Semester!

Connie Perdreau
Director of the Haggerty English Language Program

Photo by Norbert Hellmann
We, ESL students, visited Washington D.C. from Sep 15th to 17th. All days were pretty good.

Before I went there, I thought 2 nights and 3 days would be enough to see around D.C., but it was wrong. Washington D.C. had many good places to visit.

My friends and I visited many museums, the National Gallery, the National Air and Space Museum, National Museum of the American Indian and so on. The most impressive place was United States Holocaust Memorial Museum where we visited on the second day. This museum showed us the tragedy of Holocaust, and real shoes which the Jews wore. I was so shocked because children who were much younger than me suffered from persecution. We became sad and did not talk so much.

However, of course we enjoyed the town of Washington D.C. At night, we went to Washington Monument and went to see the Abraham Lincoln Memorial. The Washington Monument reflected in the water and was so beautiful.

Unfortunately, I could not see President Obama at this time, so we should go back to Washington D.C.!

This trip was so exciting and became an unforgettable memory. Especially thanks, Sarah and Jessica.

- by Mayu Watanabe
Fun in Washington DC!

Washington D.C. photos on pp. 2 & 3 by Yuta Abe, Chisato Kameyama, Mayu Watanabe and Jessica Marchi

ESL Fall Convocation

Photos by Norbert Hellmann
Some Favorite Recipes by the Level 1 Reading/Writing Class

**Fried Eggs with Tomato**  
by Deng Yu (China)

**Items needed**
1. Pan  
2. Large bowl  
3. Fork  

**Ingredients needed**
- one tomato  
- two eggs  
- two teaspoons salt  
- half cup of vegetable oil  

**Directions**
1. Wash the tomato, cut it into pieces, and peel it.  
2. Heat the pan to 80 °C (400°F) on a stove.  
3. Put the oil in the pan.  
4. Wait about 2 minutes, and put the eggs in the pan.  
5. Stir eggs with a fork for 2 minutes.  
6. Put the tomato in the pan and mix it with eggs for 1 minute.  
7. Wait about 4 minutes and you can eat it.

Usually, we eat the food at lunch.

**A meat and vegetable pancake**  
by Hitomi Takeuchi (Japan)

**Items needed**
- Large bowl  
- Ladle  
- Hot plate  
- Turner  

**Ingredients**
- 1/2 cabbage  
- 1/2 welsh onion  
- 6 eggs  
- Flour: 1 cup  
- Kept soup 1 cup  
- Pork  
- Tempura scraps  
- Mayonnaise  
- Soy sauce  
- Dried bonito  

**Directions**

First cut the cabbage and welsh onion. In a bowl, combine 1/4 Cabbage, welsh onion, tempura scraps, 2 eggs, the flour and the kelp soup. Next, on a hot plate, cook the pork. Add it to the ingredients of the combination. Cook five to seven min. Turn it over. Cook well, and put it on a plate. Finally add soy sauce, mayonnaise and dried bonito on top.
September Conversation Table

Conversation Partners Meet & Greet

Photos this page by Norbert Hellmann
Upcoming Trips
Sign up in VH 201

Woodbury Common Shopping Trip
Friday, October 12
1:30—9:00 pm Cost: $10

West Point Trip
Friday, November 2
12:39—6:30 pm Cost: FREE!

Stay connected with friends
Meet new friends
Get current updates on events and announcements on campus.

Do you feel nervous or shy when you speak English in front of a group?
Do you want to feel more confident and comfortable speaking English in your classes?
Do you want extra practice to improve your listening skills in English?

Then come to SPEAK OUT, the speaking club for ESL students. No grades and no pressure, but a chance to improve your English, meet other students and have fun! We meet alternate Wednesdays and Thursdays. See ESL Facebook announcements for details!

Check your New Paltz e-mail, ESL Facebook, and @ESLnewpaltz Twitter for additional event announcements.

Conversations
Table Lunch in
VH Annex Gym—4th Floor
• Wednesday, October 17
• Thursday, November 8

Join us for free lunch and conversation!

Halloween Party
Wednesday, October 31
2:00-4:00 pm in the VH Annex Gym
Come in costume! You may win a prize!

Walk-in hours — International Advisor
Monday, Tuesday, Thursday, Friday
12:00pm-2:30pm in VH 201

Game Club will meet 12:30-1:30 pm in VHA 250B on October 12 and October 26.

Important Reminder: Final Exams are REQUIRED for all classes. Do NOT make travel plans that would prevent you from taking your finals on the assigned dates and times.
Instructors will not let you take exams on a different day. THERE WILL BE NO EXCEPTIONS TO THIS RULE.